

COMMUNITY RESOURCE GUIDE FOR CRAWFORD COUNTY



For further information on services listed or other services not listed, please call:

**Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL**

**(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org**



This resource guide was developed for the benefit of all:

Crawford County Residents

We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

INDEX

Information and Referral..... 2
 Children’s Services 2, 3, 4
 Crisis Services..... 4, 5, 6
 Employment and Training..... 7, 8
 Food, Clothing, Rent, Utilities,
 Household, Etc. 8, 9, 10
 Handicapped Services 10, 11, 12, 13
 Health Services 13, 14, 15, 16, 17, 18
 Housing 18, 19, 20
 Legal Services 20
 Older Adult 20, 21, 22
 Recreational/Cultural 22, 23, 24
 Support Services 24, 25, 26, 27
 Transportation 27, 28
 Government Programs Information 29, 30, 31
 Special Interest Toll Free Numbers..... 32



The SMP Program allows Hoosier Uplands and the ADRC to assist individuals with Medicare and Medicaid Fraud.

If you have concerns or questions about fraud, please call 800-333-2451 or call the central office at 800-452-4800.



The State Health Insurance Assistance Program (SHIP) is a free and unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. It is a non-profit organization designed to provide an unbiased place for seniors and pre-retirees to find answers to their health insurance questions. All of our services are free. Contact a SHIP Counselor at 800-333-2451 or contact the central office at 800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services 800-333-2451 or 812-849-4457

Main Office	Aging & Community Services Offices
500 W. Main Street Mitchell, IN 47446 800-827-2219 812-849-4447	521 W. Main Street Mitchell, IN 47446 800-333-2451 812-849-4457

CHILDREN'S SERVICES

Childhood Connections.....866-693-0672
923 4th Street, P.O. Box 728
Columbus, IN 47201

Information and Referral; free parent and provider child care training; has contacts for Child Care and Development Fund (CCDF) voucher program which provides financial assistance for families who are working or enrolled in school; and provides licensing to providers. For more information visit online at: www.childhoodconnections.org

Children's Learning Center at Goodwill of Southern Indiana, Inc.

1329 Applegate Lane800-660-3355
Clarksville, IN 47129812-283-7908

They are a child development center and preschool for children ages six weeks to five years. Through their collaboration with SIRH (Southern Indiana Rehabilitation Hospital), their services set them apart from other child care facilities, allowing them to help all children, challenged to gifted, to develop to their full potential. SIRH offers therapies in-house so you don't have to worry about taking your child to a separate facility during the workday. Visit online at:

www.goodwillbps.org

Children's Special Health Care Services

Indiana State Department of Health.....800-475-1355
2 N. Meridian Street, Suite 700.....317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Crawford County Health Department

306 Oak Circle812-338-2302
English, IN 47118

Public health nursing includes immunizations (child and adult), vital records (birth and death certificates) and sanitation duties (food permits and inspection of septic tanks).

Crawford County WIC Program812-365-2943
6913 East State Road 64

Marengo, IN 47140

Provides nutritional counseling and food vouchers for families with children under 5 years of age and also expectant mothers. They advocate breast feeding and breast feeding education. Their hours are: Monday 8 a.m. to 5 p.m.; Thursday 10:30 a.m. to 7 p.m.

Happy Hollow Children's Camp812-988-4900

3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise Helpline800-889-9949

Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.

Lincoln Hills Development Corporation Head Start

South Crawford Head Start812-365-3177
2675 South State Road 66

Marengo, IN 47140

North Crawford Head Start812-338-2631
508 West 5th Street

English, IN 47118

Half-day preschool for low-income family children age 3-5 years old—breakfast and lunch served and medical and dental care provided.

Early Head Start812-338-2350

508 West 5th Street

English, IN 47118

This program is for children age birth to 3 years old. Home visit activities promote positive parent-child

interaction and healthy childhood growth and development.

Child Care: LHDC also offers Child Care Funding Assistance to parents who meet their guidelines.

Rainbows End Child Care (Blue River Services)
310 South Capital Avenue..... 812-738-1979
Corydon, IN 47112

Open 6 a.m. to 6 p.m. to children ages 6 weeks to 12 years. Also offers before and after school care.

Regional Youth Services, Inc...... 800-838-3008
224 East Court Avenue..... 812-282-8479
Jeffersonville, IN 47130

Services include youth counseling, therapeutic foster care, treatment program for adolescent sex offenders and have support groups for victims of sexual abuse.

Vincennes University—Region 4b—Intake Agent Child Care Voucher Program 888-360-4473
..... 812-424-4473

To help with the cost of child care for those working and who meet guidelines for assistance, please call the intake agent at the number listed above.

CRISIS SERVICES

Adult Protective Services **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202..... 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

Albion Fellows Bacon Center 800-339-7752
P.O. Box 3164 **Domestic Assault** 812-422-5622
Evansville, IN 47731 **Sexual Assault** 812-424-7273

They have a shelter for battered and/or sexually abused women and their children. Services include 24-hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations are also available.

American Red Cross 812-951-2288
Buffalo Trace Service Center
7477 State Road 64, P.O. Box 39
Georgetown, IN 47122

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.redcross.org

Crisis Connection **Crisis Line** 800-245-4580
1500 S. Meridian Road, P.O. Box 903..... 812-482-1555
Jasper, IN 47546

Assists abused women and their children with safe lodging. Provides support groups for women and Children; New Babes and Natural Helpers program; education of domestic abuse to schools; and information on legal and financial options. Legal and emergency room advocacy and transportation are available. Visit online at:

www.crisisconnectioninc.org

Federal Emergency Management Agency (FEMA) Disaster Assistance 800-621-3362
Crawford County 812-338-4340

Individuals and small business owners who suffer damages may be eligible for assistance from: FEMA, other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Hoosier Hills Pact **Crisis Line** 888-883-1959
717 East State Road 64 812-338-2969
English, IN 47118

Domestic Violence Crisis telephone lines 24-hours a day, seven days a week. They provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. They have advocates available to assist victims of domestic violence. Hoosier Hills Pact in Salem, Indiana, offers a domestic violence shelter with hospital/legal advocacy and support groups.

Indiana Department of Child Services (DCS)
Region 17—Crawford County 812-338-2701
304 Indiana Avenue, P.O. Box 129
English, IN 47118

The mission of the department is to protect children

from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption, and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)

Child Abuse and Neglect Hotline..... 800-800-5556
*All calls must go through the above number.
 Do not call the local office or the police department to report child abuse or neglect.*

Child Support Hotline 800-840-8757

Southern Hills Counseling Center, Inc.
 523 N. Main Street 812-338-2756
 English, IN 47118 *After Hours* 800-883-4020
 They have group and individual treatment programs. They also provide drug/alcohol, bipolar, borderline, and grief counseling; outpatient counseling; and consultation case management.

The Center for Women and Families
 P.O. Box 248 *Crisis Line* 866-803-7577
 Sellersburg, IN 47172..... 812-944-6743
 The Center for Women and Families offers services to all survivors of intimate partner abuse or sexual violence. They provide a variety of residential and nonresidential services including emergency shelter, transitional housing, counseling and advocacy. If you or someone you love has experienced sexual assault or partner abuse at any point, please remember that help is available 24 hours a day, 365 days a year.

Youth Services Bureau of Monroe County
 615 S. Adams Street 812-349-2506
 Bloomington, IN 47403
 Emergency youth shelter; crisis intervention. They have youth and family counseling. The Brinkley House Youth Services are open 24-hours a day, seven days a week. Visit online at:
www.youthservicesbureau.net

EMERGENCY911

Ambulance:
 IU Health Paoli Hospital (812) 723-7455

Hospitals:
 IU Health Paoli Hospital 800-999-4420
 Harrison County Hospital..... 812-738-3086

Police Departments:
 Milltown 812-633-2045

EMPLOYMENT AND TRAINING

American Red Cross812-951-2288
 Buffalo Trace Service Center
 7477 State Road 64, P.O. Box 39
 Georgetown, IN 47122
 They provide the following educational classes: Adult/AED CPR, Child/AED CPR, Standard First Aid, Bloodborne Pathogens (Preventing Disease Transmission) Training, CPR and AED for the Professional Rescuer, and Babysitter’s Training, and Swimming and Lifeguarding. Visit online at:
www.louisville-redcross.org

Blue River Services, Inc......812-738-3198
 405 North Capitol Avenue
 Corydon, IN 47112
 Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Crawford County High School812-365-2125
 Adult Basic Education
 1130 S. State Road 66
 Marengo, IN 47140
 Free instruction in basic skills and preparation for General Education Diploma for persons age 16 and up.

Experience Works812-650-4212
 101 W. Kirkwood Avenue
 Bloomington, IN 47404
 The *Regional Office* of Experience Works provides low-income seniors age 55 and over the training they need to find good jobs in their community.

National Able Network, Inc......317-396-7800
 3737 N. Meridian Street, Suite 409
 Indianapolis, IN 46208
 Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

Purdue Extension Office of Crawford County
 306 Oak Hill Circle, P.O. Box 189812-338-2352
 English, IN 47118
 Purdue Extension Office of Crawford County is a resource for evidence-based, unbiased information and programs on topics such as Horticulture, family resource

management, nutrition, 4-H youth development and more.

WorkOne Express812-338-4980
304 N. Indiana Avenue
English, IN 47118
Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC.

Crawford County Distribution Center
220 W. Cherry Street812-365-2177
Marengo, IN 47140
The Dare to Care Food Bank in Louisville sponsors and delivers food to this location for those in need. Open every Thursday from 10 a.m. to 4 p.m.

Congregate Meal Sites:

English Apartment Housing
524 W. 5th Street No Phone Available
English, IN 47118

Leavenworth Senior Citizens Center
529 State Road 62 West812-739-2476
Leavenworth, IN 47137

Marengo Senior Citizens Center
522 South Sugar Street.....812-365-2773
Marengo, IN 47140

The congregated meal sites provide noon lunches to persons age 60 and over on a donation basis for the senior citizen and his or her spouse.

Crawford County Division of Family Resources
4030 Goodman Ridge Road, Suite C800-403-0864
Marengo, IN 47547

Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary services provided—State Programs: RBA, Children’s Special Healthcare Need Services, and the QMB for Medicare Part B. Can apply at the number listed above or online at: www.in.gov/fssa

Crawford County United Ministries, Inc.
Crawford Consolidated Churches812-739-2476
529 West State Road 62
Leavenworth, IN 47137
The Dare To Care Food Bank provides this ministry

with a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs. Located in the basement of the Breeden Memorial Library. Open every Tuesday from 10 a.m. to 4 p.m.

English Mobile Crawford County812-338-3033
717 E. State Road 64
English, IN 47119
The Dare to Care Food Bank Mobile Food Pantry delivers food the 2nd Saturday of each month from 10 a.m. to 12 p.m.

God’s Place Ministries, Inc.812-755-4449
8073 State Road 37S
Bedford, IN 47421
God’s Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday 1 p.m. to 5 pm and Friday 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture and appliances which are very inexpensive) is open Monday, Wednesday, Friday, and Saturday from 1 p.m. to 5p.m.

Lincoln Hills Development Corporation
508 West 5th Street812-338-2350
English, IN 47118

They provide the following community services:
Energy Assistance—assistance may be available to help low-income, elderly, and disabled households in paying their winter heating bills and assistance may be available to them with summer cooling;
Weatherization—assistance may be available to provide homeowners and renters with weatherization measures to make their homes more energy efficient and reduce long-term energy usage. They provide rental assistance, through Section 8 vouchers. When funds are available and only in emergency situations, they will help with financial assistance with rent/mortgage payments and utilities.

Mom’s Meals**Private Pay** 866-971-6667
517 K. Avenue**All Other Customers** 866-204-6111
Nevada, IA 50201

Mom’s Meals is a USDA inspected and approved FRESH food preparation and delivery business dedicated to providing great tasting, FRESH meals to their customers. They prepare, package, and ship FRESH, ready to heat and eat meals to a customer’s doorstep throughout the 48 contiguous states, using

either UPS or FedEx. As a result, they can offer an affordable home delivered meal program for the most rural and remote clients and communities. In many cases, agencies can save money by using Mom’s Meals as part of their home delivered meal program which allows them to expand their meal programs to more clients. Visit online at: www.momsmeals.com

Older Americans Services Corporation

P.O. Box 206 800-258-8786
 Orleans, IN 47452 812-865-3352
 Home delivered meals provided to senior citizens through Hoosier Uplands case management or private pay.

Partnership for Prescription Assistance

..... 888-477-2669
 They help qualifying patients, without prescription drug coverage, get the medicines they need for free or nearly free. They will help you find the program that’s right for you—FREE OF CHARGE. Remember, you will never be asked for money by a PPA Call Center Representative or on the website. Visit online at: www.pparx.org

Purdue Extension Office of Crawford County

306 Oak Hill Circle, P.O. Box 189..... 812-338-2352
 English, IN 47118

They have food commodities for persons age 60 and over only. Seniors must sign up at the extension office. The extension office will tell you when and where you can pick up the commodity food.

TOWNSHIP TRUSTEES

- Boone 812-739-4371
- Jennings..... 812-739-4458
- Johnson..... 812-338-3022
- Liberty 812-365-2608
- Ohio 812-739-2759
- Patoka 812-338-2594
- Sterling 812-338-2733
- Union..... 812-338-3866
- Whiskey Run 812-633-4923

HANDICAPPED SERVICES

ADA—Indiana 800-825-4733
 2853 E. Tenth Street..... 812-855-6508
 Bloomington, IN 47408
 The mission of the ADA-Indiana is to serve as a

statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Blue River Services, Inc. 812-738-2408
 1365 Old Highway 135
 Corydon, IN 47112

Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Bosma Enterprises 812-401-0818
 734 W. Delaware
 Evansville, IN 47710

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual’s employment, economic, social, and self-determination goals.

Children’s Special Health Care Services

Indiana State Department of Health..... 800-475-1355
 2 N. Meridian Street, Suite 700 317-233-1351
 Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition.

Division of Disability & Rehabilitative Services

P.O. Box 7083..... 800-545-7763
 402 West Washington Street
 Indianapolis, IN 46207

The DDRS’s mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Child Development Disabilities Services, Bureau of Rehabilitative Services, Bureau of Quality Improvement Services, Disability Determination Bureau, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street..... 800-333-2451
 Mitchell, IN 47446..... 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC)/Information and Referral, Wheelchair Loan Program, State Health Insurance Program (SHIP), and The Angel Foundation; **Case**

Management Assistance—Long Term Support Options Counseling, In-Home Services; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Special Events**—Senior Games, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Indiana Protection and Advocacy Services
 4701 N. Keystone, Suite 222 800-622-4845
 Indianapolis, IN 46205 Ext. 234
 IPAS is a congressionally mandated, legally based disability rights agency. Their mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Vocational Rehabilitation Services
 511 E. 4th Street, Suite 200 877-847-9896
 Huntingburg, IN 47542 812-683-2183
 Designed to increase employability of physically and mentally handicapped adults through counseling, medical service prosthetic devices, education, vocational training, and more.

Kaiser Home Support Services 812-945-6868
 P.O. Box 757
 New Albany, IN 47150
 Provides in-home respite worker to relieve family for short periods of time.

Older Americans Services Corporation
 P.O. Box 206 800-258-8786
 Orleans, IN 47452 812-865-3352
 Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift van available to transport disabled seniors and Medicaid authorized handicapped individuals. Accepts Medicaid, private pay, or contract funding.

Southern Indiana Center for Independent Living
Main Office
 651 X Street 800-845-6914
 Bedford, IN 47421 812-277-9626
 SICIL works with all significant types of disabilities, and all ages. They also offer information and referral, independent living skills, peer counseling, and advocacy (ombudsman) with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation (Lawrence county), and housing for those with disabilities.

Stephenson’s Disability Services 800-642-1339
 204 Pearl Street, Suite 202 812-945-2770
 New Albany, IN 47250
 As a private company, they offer representation to persons who are filing and/or appealing claims to

receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970
 140 N. Senate Avenue 317-232-3684
 Indianapolis, IN 46204
 The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

VA Medical Center—Richard L. Roudebush
 1481 W. 10th Street 888-878-6889
 Indianapolis, IN 46202 317-554-0000
VA Medical Center—Robley Rex 800-376-8387
 800 Zorn Avenue 502-287-4000
 Louisville, KY 40206
 Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy
 889 N. Gospel Street 800-487-3907
 Paoli, IN 47454 812-723-3907
 Services Include: Pharmacy, DME (Durable Medical Equipment), IV , RT (Respiratory Therapy), OTC (Over the Counter Medication), and O2 (oxygen).
 Visit online at: www.wbhcp.com

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345
 6301 Old Boonville Highway, Suite B 800-543-5245
 Evansville, IN 47715 812-475-9244
 The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

American Heart Association 812-229-1503
 Education material, films, community service programs, and cookbooks.



American Lung Association of Indiana
Lung Helpline..... 800-586-4872
 115 W. Washington Street
 Suite 1180 South
 Indianapolis, IN 46204
 Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Bridgepointe Services Children’s Academy
 1320 Applegate Lane..... 800-660-3355
 Clarksville, IN 47129 812-283-7908
 They provide pediatric therapy services for anyone under 18 years of age. Pediatric therapy includes: physical therapy, occupational therapy, speech, and psychological services. They have an Autism and Special Needs Resource Center for parents, caregivers and professionals.

CancerCare 800-813-4673
 275 Seventh Avenue, 22 Floor 212-712-8085
 New York, NY 10001
 Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical, and emotional challenges of cancer. Visit online at: www.cancercare.org

Crawford Co. Family Health Care Center
 5604 E. White Oak Lane 812-365-3221
 Marengo, IN 47140
 Provides full family medical care ranging from obstetrics to geriatrics. Call to schedule an appointment. For emergencies when the office is closed, call IU Health Paoli Hospital at 800-999-4420.

Crawford County Health Department
 306 Oak Circle 812-338-2302
 English, IN 47118
 Public health nursing includes immunizations, vital records (birth and death certificates) and sanitation duties (food permits and inspection of septic tanks).

EyeCare America **Helpline** 877-887-6327
 Foundation of American Academy of Ophthalmology
 P.O. Box 42909
 San Francisco, CA 94142
 Their public service programs provide eye care services to the medically uninsured low-income U.S. citizens

and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education.

Senior EyeCare Program 800-222-3937
Glaucoma EyeCare Program..... 800-391-3937
 To find out if you qualify for the program that relates to you, call the number listed above for the program or call the Helpline. NOTE: These programs do not pay for eyeglasses, hospitalizations, or surgeries. Visit online at: www.eyecareamerica.org

Healthy Indiana Plan 877-438-4479
 HIP is for uninsured Hoosier adults between the ages of 19-64. Parents or caretaker relatives of children in the Hoosier Healthwise program are likely candidates for HIP. A pre-existing or high-risk medical condition has no effect on eligibility. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, diagnostic exams and disease management. A minimum of \$500.00 in preventative services are free. Cost for plan is based on income. Visit online at: www.HIP.in.gov

Hoosier Uplands Area Agency on Aging & Community Services
 521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457
ADRC Information and Referral—to provide resource information for any “need” and to assist walk-ins who need assistance with paperwork or an application process; **Case Management**—uses their professional skills and training to be client advocates and assist the elderly and disabled in a variety of ways; **Homemaker Services**—to those unable to maintain their homes; **In-Home Services**—to prevent premature institutionalization; **Pre-Admission Screening**—to prevent inappropriate nursing home placement; **Respite Care**—to provide relief to an unpaid caregiver; and **SHIP Counseling**—helps counsel the individuals’ options regarding Medicare, Medicaid, supplemental insurance, and prescription plans. Visit online at: www.hoosieruplands.org

Hoosier Uplands Home Health Care
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language

pathology, medical social services, and paraprofessional services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel.

Hoosier Uplands Hospice 812-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one.

Hosparus of Southern Indiana 812-945-4596
624 E. Market Street
New Albany, IN 47150
Nursing, social work, pastoral care, volunteers, home health aides, physical/speech/occupational therapy and bereavement care.

Indiana State Department of Health
2 N. Meridian Street 317-233-1325
Indianapolis, IN 46204
The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health 317-233-8499
Office of Women’s Health 317-233-2170
Environmental Public Health Dept. 317-233-7177
For all other areas of information, call the number listed above or visit online at: www.state.in.us/isdh

IU Health Paoli Hospital 800-999-4420
642 W. Hospital Road 812-723-2811
Paoli, IN 47454
Specializing in rural community-based services, they provide the following: Ambulance Service, Cancer Services, Community Health, Emergency Services, Primary Care, Rehabilitation Services, Surgical Services, Visiting Specialist Services, and Women and Children’s Services. Visit online at:
www.iuhealthpaoli.org

Jubilee Community Health, Inc.812-723-0150
202 Cherry Street
Paoli, IN 47454

Jubilee Clinic exists to serve individuals without insurance. They provide basic, routine, family practice, and comprehensive care to individuals without insurance. Fees are based on federal poverty levels. Generally, two-thirds of our patients qualify for our minimum charge of \$20.00 for an office visit. Patients in higher income categories pay \$25.00-\$40.00.

Limbs for Life Foundation888-235-5462
5929 N. May Street, Suite 511405-843-5174
Oklahoma City, OK 73112

Limbs for Life Foundation is a non-profit organization that provides prosthetic limbs for amputees who can’t afford them in the United States. Must meet their eligibility requirements.

National Kidney Foundation of IN800-382-9971
911 E. 86th Street, Suite 100
Indianapolis, IN 46240
Limited financial aid for medications, medical alert tags, and education.

Patoka Family Healthcare Center888-425-9298
307 S. Indiana Avenue812-338-2924
English, IN 47118

The clinic provides basic ambulatory medical care for the entire family. Including, but not limited to: history; physicals; diagnosis; therapeutic prescriptions and treatment; immunizations; minor “office” surgery; patient education and monitoring; in-house CLIA Lab tests; heart monitoring; and referral service. Forms of payment: private insurance, Medicare, Medicaid, private pay, or sliding fee scale.

Prevent Blindness Indiana800-232-2551
70 E. 91st Street, Suite 204317-815-9943
Indianapolis, IN 46240

The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear, but have resources available just in case. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. At times, they may be able to find resources for eligible clients for surgery. Visit online at: www.pbeye.org

Serenity Now Psychiatric & Counseling Services
2125 16th Street 812-275-4053
Bedford, IN 47421

Serenity Now is a division of Hoosier Uplands. They will provide psychiatric, counseling, and supportive services to those who need help in these areas.

Southern Hills Counseling Center, Inc.
523 N. Main Street 812-338-2756
English, IN 47118 *After Hours* 800-883-4020

The staff at the Center offer counseling and treatment services to children, teenagers, adults, older persons, and families. A full array of out-patient services including individual, family, and group counseling; psychological assessment; psychiatric consultation; educational programs; and rehabilitative day treatments are available.

Southern Indiana Center for Independent Living
157 Teke Burton Drive 877-849-6001
Mitchell, IN 47446 812-849-6000
They offer in-home services such as attendant care, homemaker, and respite.

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-554-0000
VA Medical Center—Rex Robley 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don't have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy
889 N. Gospel Street 800-487-3907
Paoli, IN 47454 812-723-3907
Services Include: Pharmacy, Durable Medical Equipment, IV, Respiratory Therapy, Over the Counter Medication, and Oxygen. Visit online at:
www.wbhcp.com

HOUSING

Crawford County Housing for Elderly
524 W. 5th Street 812-338-2442
English, IN 47118
Persons age 62 and over or the disabled.

Hartford Place Apartments 812-338-2963
922 E. Chestnut Drive
English, IN 47118

LHDC Marengo Housing for the Elderly
521 S. Sugar Street 812-365-2773
Marengo, IN 47140
Persons age 62 or older or the disabled.

LHDC Ohio View Apartments 812-338-2963
318 E. State Road 62
Leavenworth, IN 47137

Lincoln Hills Development Corporation
Community Service Center 812-338-2350
508 W. 5th Street
English, IN 47118
Housing Counseling/Home Ownership—for low-income, elderly, and disabled households. They have Individual Development Accounts—special savings accounts, for qualified persons, to be used for purchasing a home, starting a business, and attending college, or other training (call for more information). State Section 8 Rental Assistance—provides rental assistance through Section 8 vouchers, and Owner Occupied Rehabilitation—provides single-family, owner occupied housing rehabilitation services.

Spring Town Apartments 877-883-2226
146 S. Main Street
Marengo, IN 47140

USDA Rural Development 812-482-1171
1484 Executive Boulevard Ext. 4
Jasper, IN 47546
Loans and Grants—enable very low income rural homeowners to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Eligibility: Loans - very low-income homeowner; Grants - 62 years of age or older and very low-income homeowner.

U.S. Department of Housing and Urban Development (HUD) 800-225-5342
515 North Delaware Street, Suite 1200
Indianapolis, IN 46204
HUD's mission is to increase home ownership, support community development and increase access to affordable housing free from discrimination. To fulfill this mission, HUD will embrace high standards of ethics, management, and accountability, and forge new partnerships—particularly with faith-based and community organizations—that leverage resources

and improve HUD’s ability to be effective on the community level. Visit online at: www.hud.gov

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Our “Legal Referral Program” provides free legal services through one of our two attorneys to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA) and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding. Call “Information and Referral” for a referral.

Indiana Legal Services 800-892-2776
3303 Plaza Drive, Suite 5 812-945-4123
New Albany, IN 47150

Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, etc. Free services are available to low-income persons who are at or below 250% of the poverty guidelines.

Office of the Indiana Attorney General

Indiana Government Center South 317-232-6201
302 W. Washington Street
Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit 800-382-5516
Medicaid Fraud Control Unit 800-382-1039
Patient Abuse & Neglect Program 800-382-1039
Victim Assistance Division 800-258-0993

For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other

physical or mental incapacity. These victims are incapable of managing or directing the management of their property, or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Duke Energy 800-521-2232
P.O. Box 9001076 **Electric Trouble** 800-343-3525
Louisville, KY 40290

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Experience Works 812-650-4212
101 W. Kirkwood Avenue
Bloomington, IN 47404

The **Regional Office** of Experience Works provides low-income seniors age 55 and over the training they need to find good jobs in their community.

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC)/Information and Referral, Wheelchair Loan Program, State Health Insurance Program (SHIP), and The Angel Foundation; **Case Management Assistance**—Long Term Support Options Counseling, In-Home Services; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Special Events**—Senior Games, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Lincoln Hills Development Corporation

302 Main Street, P.O. Box 336 812-547-3435
Tell City 47586

Retired Senior Volunteer Program (RSVP) provides retired and senior volunteers, age 55 and over and living in Crawford County, with an opportunity to volunteer at community worksites—such as schools, libraries, and food pantries.

Indiana Medicare Quality Improvement Organization

Healthcare Excel 812-234-1499
2901 Ohio Boulevard, Suite 112
Terre Haute, IN 47803

They provide general Medicare and hospital care information and take quality of care complaints.

Older Americans Services Corp. 800-258-8786
P.O. Box 206..... 812-865-3352
Orleans, IN 47452

Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; periodic travel; and sightseeing trips for senior citizens.

SENIOR CENTERS

Leavenworth Senior Citizens Center

529 State Road 62 West.....812-739-2476
Leavenworth, IN 47137

Marengo Senior Citizens Center

522 S. Sugar Street.....812-365-2773
Marengo, IN 47140

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living

651 X Street800-845-6914
Bedford, IN 47421812-277-9626

Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients' rights.

Veterans Affairs Office.....812-338-3141

7132 S. Schall Circle
English, IN 47118

Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Crawford County Public Library

203 Indiana Avenue812-338-2606
English, IN 47118

The Crawford County Public Library will provide access to quality library services for county residents. Library resources will be available free of charge to individuals of all ages and groups of all types. Services offered will: stimulate positive attitudes toward lifelong learning; emphasize the importance of the library's role in the community; promote the

use of library services; and meet the educational, informational, research, and personal needs of library patrons.

Hoosier Uplands/Area 15 Senior Games

521 W. Main Street.....800-333-2451
Mitchell, IN 47446.....812-849-4457

Senior Games is an annual event held in September for individuals 50 and over. Competition includes bowling, card games, golf, horseshoe throw, and other activities with medals presented for 1st, 2nd, and 3rd place. Entertainment is also provided on Senior Day held during the Mitchell Persimmon Festival.

Indiana Railway Museum..... 812-936-2405

101 Monon Drive
French Lick, IN 47432

The Indiana Railway Museum is a tourist railway and museum. All aboard for a scenic 1 3/4 hour, 20-mile train trip through the Hoosier National Forest and Southern train line. Special train rides are also held throughout the year such as the McNight's Rangers Train Robberies, The Polar Express, and the Legend of the Lost Train. Admission to the Railway Museum is free. Fares are charged for the train rides. Visit online at: www.indianarailwaymuseum.org

Older Americans800-258-8786

P.O. Box 206.....812-865-3352
Orleans, IN 47452

Organizes sightseeing trips for senior citizens.

Patoka Lake Indiana.....812-685-2464

3084 N. Dillard Road
Birdseye, IN 47513

Patoka Lake located in Crawford County offers fun for all. They have camping; fishing; boating; picnicking; swimming; hunting; interpretive and recreational programs; Frisbee/Golf Course; hiking/fitness/bicycle trails; and a Visitors Center with slide shows, film, nature hikes, and more. An entrance fee MAY be charged to enter the park.

Purdue Extension Office of Crawford County

306 Oak Hill Circle, P.O. Box 189812-338-2352
English, IN 47118

4-H provides learning experiences and develops talents, skills, and leadership abilities. Extension Homemakers Club provide a variety of educational and learning experiences for adults.

Talking Book and Braille Library 800-622-4970
 140 N. Senate Avenue 317-232-3684
 Indianapolis, IN 46204

The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

SUPPORT SERVICES

ADRC/Information & Referral 800-333-2451
 812-849-4457

For a support group not listed in this resource guide, call **Hoosier Uplands I&R** for help in locating the support group you need—in or near your home town.

Albion Fellows Bacon Center 800-339-7752
 P.O. Box 3164 **Domestic Assault** 812-422-5622
 Evansville, IN 47731 **Sexual Assault** 812-424-7273
 They have a shelter for battered and/or sexually abused women and their children. Services include 24-Hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations are also available.

American Cancer Society **Helpline** 800-227-2345
 6301 Old Boonville Highway, Suite B 800-543-5245
 Evansville, IN 47715 812-475-9244
 The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

American Red Cross 812-951-2288
 Buffalo Trace Service Center
 7477 State Road 64, P.O. Box 39
 Georgetown, IN 47122

Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.hhredcross.org

Bureau of Developmental Disabilities Services (BDDS)
 1452 Vaxter Avenue 877-218-3529
 Clarksville, IN 47131 812-283-1040
 The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their

communities. Services provided include: Caregiver Supports, Developmental Disability (DD) Eligibility, Group Homes, Objective Based Allocations, and Home and Community Based Medicaid Waivers (Autism Waiver, Developmental Disability Waiver, and Support Services Waiver). Visit online at:

www.in.gov/fssa/ddrs/2639.htm

CancerCare 800-813-4673
 275 Seventh Avenue, 22nd Floor 212-712-8085
 New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical, and emotional challenges of cancer. Visit online at:

www.cancercare.org

Hoosier Hills Pact **Crisis Line** 888-883-1959
 717 E. State Road 64 812-338-2969
 English, IN 47118

Domestic Violence Crisis telephone lines 24-hours a day, seven days a week. They provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. They have advocates available to assist victims of domestic violence. Hoosier Hills Pact in Salem, Indiana offers a domestic violence shelter with hospital/legal advocacy and support groups.

Hoosier Uplands Area Agency on Aging & Community Services

521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457

ADRC Information and Referral—to provide resource information for any “need” and to assist walk-ins who need assistance with paperwork or an application process; **Case Management**—uses their professional skills and training to be client advocates and assist the elderly and disabled in a variety of ways;

Homemaker Services—to those unable to maintain their homes; **In-Home Services**—to prevent premature institutionalization; **Pre-Admission Screening**—to prevent inappropriate nursing home placement; **Respite Care**—to provide relief to an unpaid caregiver; and **SHIP Counseling**—helps counsel the individuals’ options regarding Medicare, Medicaid, supplemental insurance, and prescription plans. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Hospice 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness. Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org.

Hoosier Uplands/The Angel Foundation
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

The mission of **The Angel Foundation** is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of **The Angel Foundation** is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Indiana Foreclosure Prevention Network
..... 877-438-4673

Think of 877-Get-Hope as your personal financial hotline. The 877-Get-Hope benefits are available to any Hoosier homeowner having trouble paying a mortgage. Free foreclosure prevention counseling by trained financial experts. Services include budgeting help, a written financial plan, or assistance in contacting the lender.

Lincoln Hills Development Corporation
508 W. 5th Street..... 812-338-2350
English, IN 47118

LHDC provides the following community services: Energy Assistance, Weatherization, Individual Development Accounts, State Section 8 Rental Assistance, and Owner/Occupied Rehabilitation. Visit online at: www.lhdc.org

Regional Youth Services, Inc. 800-838-3008
224 E. Court Avenue..... 812-282-8470
Jeffersonville, IN 47130

Services include youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, and have support groups for victims of sexual abuse.

Serenity Now Psychiatric & Counseling Services
2125 16th Street 812-275-4053
Bedford, IN 47421

Serenity Now is a division of Hoosier Uplands. They will provide psychiatric, counseling, and supportive services to those who need help in these areas.

Southern Hills Counseling Center, Inc.
523 N. Main Street..... 812-338-2756
English, IN 47118 *After Hours* 800-883-4020

They have group and individual treatment programs. They also provide drug/alcohol, bipolar, borderline, and grief counseling; outpatient counseling; and consultation case management.

Stepping Stone Detoxification Center
30 S. Stockwell Road..... *Crisis* 812-423-7791
Evansville, IN 47714 812-473-3144

Provides inpatient and outpatient detoxification treatment program and counseling for alcohol/drug abusers and their families.

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202..... 317-554-0000

VA Medical Center—Rex Robley..... 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

TRANSPORTATION

Indiana Department of Veterans Affairs
Veterans Transportation 317-988-2472
1481 W. 18th Street, Room A-1174
Indianapolis, IN 46202

Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Older Americans Services Corporation

P.O. Box 206 800-258-8786
Orleans, IN 47452 812-865-3352

Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift van available to transport disabled seniors and Medicaid authorized handicapped individuals. Accepts Medicaid, private pay or contract funding.

Orange County Transit Services 888-826-2920
986 W. Hospital Road 812-723-4043
Paoli, IN 47454

Medicaid Transportation is provided in Orange County and the contiguous counties to doctor’s appointments. They will also accept cash or check. The transit office phone line is open Monday through Friday 8:00 a.m. to 4:00 p.m. If you call after hours, you may leave a message. Please call at least 24-hours in advance to schedule your trip. If you cannot call a day ahead, they will make every effort to accommodate your need.

P&I Medical Transport 877-883-4307
2094 N. Cox Ferry Road 812-883-4307
Salem, IN 47167

Medicaid/Private Insurance Medical Transportation, Ambulatory, Cash Cab, and Workers Comp Insurance Transportation. Call for availability.

Southern Indiana Transit System 866-738-1681
3141 Progress Boulevard 812-738-1681
Corydon, IN 47112

Southern Indiana Transit System (SITS) will provide safe, effective, and reliable transportation for all residents within their service area. SITS will prioritize its services for people with disabilities, medical needs, elderly, low-income, and others facing transportation barriers, as well as the general public. Fares are based on your destination. Destinations outside the “service area” will be charged a higher fare. Please call in advance to find out what your fare will be. Fares will be collected prior to departure. Must have exact change or check made out to Blue River Services, Inc.



WHAT IS MEDICARE?

Medicare is health insurance for the following: people age 65 or older; people under age 65 with certain disabilities; people of any age with End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant); and people with ALS (Amyotrophic Lateral Sclerosis, also called Lou Gehrig’s disease).

Medicare is made up of four (4) different entities. Depending on your individual circumstance, you may have one or more of the following: Medicare Part A (Hospital Insurance); Medicare Part B (Medical Insurance); Medicare Part C (Advantage Plans); and Medicare Part D (Prescription Coverage).

Original Medicare, which provides Medicare Part A and Part B coverage, is a fee-for-service plan managed by the Federal Government. This means you are usually charged for each health care service or supply you get. For some services, you will pay an amount called a deductible before Medicare pays its part. Then, when you get a Medicare-covered medical supply or service, Medicare pays its share of the cost of the supply or service, and you pay your share, called the coinsurance or a co-payment.

Medicare doesn’t cover everything. For example, Medicare doesn’t cover cosmetic surgery, health care you get while traveling outside of the United States (except in limited cases), hearing aids, most hearing exams, long-term care (like care in a nursing home), most eyeglasses, most dental care and dentures, and more. Some of these services may be covered by a Medicare Advantage Plan (like an HMO or PPO).

You will be automatically enrolled in Medicare Part A and Part B effective the month you are 65. If you do not want Medicare Part B, follow the instructions that come with the card.

If you are close to age 65 and not yet getting Social Security benefits or Medicare, you can apply for both at the same time. To make sure that your Medicare Part B coverage start date is not delayed, you should apply three months before the month you turn 65.

If you aren’t getting Social Security or Railroad Benefits and you want Part A and Part B, you

will need to sign up (even if you're eligible to get Part A premium-free). If you are not eligible for premium-free Part A, you can buy Part A and Part B.

You should contact Social Security three (3) months before the month you turn 65. If you worked for a railroad, contact the RRB to sign up.

If you apply in your birth month or during the three (3) months after your birth month, your Part B Medicare coverage (or Medicare Advantage Plan coverage) will be delayed from one to three months depending on the month you applied.

WHAT IS QMB?

You may qualify to get help paying for your Medicare Part A and Part B premiums through the **QMB (Qualified Medicare Beneficiary) Program**. This premium amount is deducted from your social security each month. QMB pays for original Medicare Part A and Part B premiums, deductibles or coinsurance. You must be eligible for Part A, even if you are not enrolled, and meet income guidelines to qualify.

WHAT IS EXTRA HELP?

If you have Medicare D and have limited resources, you may qualify for **Extra Help** paying for your prescription drugs and monthly premium. To qualify you must meet the income and resources dollar amount guidelines that have been established and based on the Federal Poverty Levels.

UNDERSTANDING MEDICAID SPENDDOWN

Your eligibility for Medicaid depends on your income. If you get more income than is allowed by the Medicaid program, you will not be eligible for Medicaid. **HOWEVER**, even if you have a higher income, you may still be eligible for some Medicaid benefits if your medical costs are high.

If your average monthly medical expenses are higher than the amount that your monthly income exceeds the income limit, you can still be eligible for Medicaid to cover some of your medical costs. That is the Medicaid spend-down.

Medical expenses you pay each month including premiums for health insurance, doctor's

visits, prescription costs, and other medical expenses can be counted. You can also count "*unpaid balances from old medical bills*" that you owe.

Your "spend-down" is the amount your income is over the Medicaid income limit. If you apply for Medicaid and your income is over the limit, then you should take all of your medical bills, including old bills you still owe from the past, to your Medicaid caseworker. You will satisfy the "spend-down" for the month if the medical bills for that month, along with the old medical bills you owe, are larger than your spend-down amount.

Keep track of your medical expenses (current expenses and old bills) and be prepared to show them to the caseworker to prove your eligibility. You may not be required to prove it every month, but it is good to be prepared in case there is a question. Keep all your medical expenses and notes in a file to make it easier to keep track.

If you do not meet your spend-down in a certain month, you will not be eligible for Medicaid that month.

If you are denied Medicaid, you can appeal. Send your caseworker a letter saying you want to appeal. For legal advice, contact an attorney or the Indiana Legal Services, Inc. office at (800) 822-4774.



The State Health Insurance Assistance Program (SHIP) is a free and unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. It is a non-profit organization designed to provide an unbiased place for seniors and pre-retirees to find answers to their health insurance questions regarding Medicare A (Hospital Insurance), Medicare B (Medical Insurance), Medicare C (Advantage Plans), Medicare D (Prescription Coverage), Medicaid, QMB, and Extra Help. All of our services are free. Contact a SHIP Counselor at 812-849-4457 or 800-333-2451 or contact the central office at 800-452-4800.

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Acute Care Complaint Hotline.....	800-227-6334
Alzheimer’s Association	800-272-3900
Alcoholics Anonymous Hotline.....	855-407-9442
American Association of Retired Persons	888-687-2277
American Heart Association	800-229-1503
American Cancer Society Helpline	800-227-2345
American Diabetes Association.....	800-342-2383
Centers for Disease Control Info Line.....	800-232-4636
Childhelp National Child Abuse Hotline	800-422-4453
Consumer Protection Division	800-382-5516
Disability Determination Bureau	800-622-4968
Eldercare Locator (nationwide)	800-677-1116
Family & Social Services Administration....	800-403-0864
Federal Information Center	800-688-9889
Habitat for Humanity International.....	800-422-4828
Healthy Indiana Plan.....	877-438-4479
Indiana Department of Veterans Affairs	800-400-4520
Indiana Family Helpline.....	800-433-0746
Indiana Poison Center.....	800-222-1222
Indiana Resource Center for Autism	800-825-4733
Medicare.....	800-633-4227
National Center for Missing or Exploited Children.....	800-843-5678
National Kidney Foundation of Indiana	800-382-9971
National Runaway Switchboard	800-621-4000
Office of the Long Term Care Ombudsman	800-622-4484
Social Security Administration	800-772-1213
State of Indiana Adult Protective Services	800-992-6978
State of Indiana Government Information.....	800-457-8283
U.S. Department of Veterans Affairs Regional Office.....	800-827-1000
U.S. Veteran’s Administration Medical Centers Richard L. Roudebush	888-878-6889
Indianapolis, IN 46202 Robley Rex	800-376-8387
Louisville, KY 40206	





521 West Main Street
Mitchell, IN 47446