COMMUNITY RESOURCE GUIDE

FOR LAWRENCE COUNTY



For further information on services listed or other services not listed, please call:

Hoosier Uplands / Area 15 Agency on Aging INFORMATION AND REFERRAL

(812) 849-4457 or 1-800-333-2451 www.hoosieruplands.org



This resource guide was developed for the benefit of all:

Lawrence County Residents

We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

INDEX

Information and Referral	2
Children's Services	2, 3, 4
Crisis Services	4, 5, 6, 7
Employment and Training	7, 8
Food, Clothing, Rent, Utilities,	
Household, Etc	
Handicapped Services	12, 13
Health Services	13 14 15 16 17 18
Treatur Services	13, 11, 13, 10, 17, 10
Housing	
	18, 19, 20
Housing	18, 19, 20
Housing Legal Services	
Housing Legal Services Older Adult	
Housing Legal Services Older Adult Recreational/Cultural	



The AgrAbility program serves farm families affected by disability through education and assistance. This free program is funded by the USDA. It's about HOPE. Contact: Hoosier Uplands, 500 W Main St., Mitchell, IN 47446 or call 800-827-2219 or 812-849-4447. Visit the website at: www.agrability.org or www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP) provides free, unbiased health insurance information for people with Medicare. SHIP provides tools and information to help you make decisions regarding your health care. It is a non-profit organization designed to provide unbiased assistance for seniors and pre-retirees to find answers to their health insurance questions. All of the services are free. Contact a SHIP Counselor at Hoosier Uplands at 800-333-2451 or 812-849-4457 or call the State Health Insurance Assistance Program at 800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services 812-849-4457 or 1-800-333-2451

Main Office	Bedford Office
500 W. Main Street	710 6th Street
Mitchell, IN 47446	Bedford, IN 47421
812-849-4447	812-279-0412 Outreach
800-827-2219	812-275-0052 Head Start

Aging & Community Services Offices

521 W. Main Street Mitchell, IN 47446 812-849-4457 800-333-2451

Bedford Chamber of Commerce

Greater Mitchell Chamber of Commerce

P.O. Box 216, 533 W Main St...... 812-849-4441 Mitchell, IN 47446

Provides city maps, brochures, small business services and information about groups, organizations and businesses in Lawrence County.

CHILDREN'S SERVICES

Children's Special Health Care Services

Indiana State Department of Health 800-475-1355 2 N. Meridian Street, Suite 5C 317-233-1351 Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe/chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Community Health and Wellness/WIC

2415 Mitchell Road, Suite A 812-279-6222 Bedford, IN 47421

St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, obstetrics/gynecology, pediatrics, lead screening, and Hoosier Healthwise enrollment. The WIC program provides mothers and children up to age 5 who qualify, nutritious foods, educational services and nutrition classes. Call the number above for more information or to schedule an appointment.

2

Happy Hollow Children's Camp812-988-4900 3049 Happy Hollow Road Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Uplands Children's Services

Hoosier Uplands Children's Services offers opportunities and support for growth and change by providing a safe/healthy/nurturing environment where families, children, and staff members can realize their potential within the greater community.

- **1. Before SAFER Program:** Morning child care 6:30 a.m. until regular school day begins. There is a \$5.00 registration fee and costs \$4.00 per day.
- 2. 21st Century Community Learning Centers Program: 21st Century Community Learning Centers After School Program at Burris and Hatfield Elementary serves many students. The program operates from after school until 5:45 p.m. every day that school is in session. The vision of the program is to assist children in achieving their potential through academic and social skills. The 21st CCLC grant funds 100% of the program. There is no cost for parents. Limited transportation is provided.

Hoosier Uplands Early Head Start

3

children, birth-3 years. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Hoosier Uplands Head Start

Mitchell, IN 47446

 Bedford Center
 812-275-0052

 710 6th Street
 812-275-0052

 Bedford, IN 47421
 812-849-4448

 1240 Orchard Street
 1240 Orchard Street

Head Start is a family centered child development program for children age 3 to 4 years. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Bedford Center offers half-day and full-day class options. The Mitchell Center offers half-day class options. Families must meet income eligibility requirements.

Children's Village Child Care Center . 812-355-4881 2431 N. Smith Pike

Bloomington, IN 47404

The Children's Village provides quality child care and early childhood education through its Child Care Center for children age 6 weeks-5 years.

Visit online at: **www.childrensvillagekids.org** or on Facebook: **childrensvillagebloomington**

CRISIS SERVICES

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

American Red Cross	866-599-9951
450 I Street, Room 121	812-275-5162
Bedford, IN 47421	

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; and health and safety classes (including CPR and first aid). Visit online at:

www.redcross/in/bedford.org

Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children ages 6 to 12 years, adolescents ages 13 to 18 years, and adults on an inpatient and outpatient basis. Intensive outpatient services are available for adolescents. Dual diagnosis programs are available with medically supervised detoxification for adults and adolescents with a secondary chemical dependency diagnosis. For more information, visit online: www.bloomingtonmeadows.com

 Centerstone
 Crisis Line
 800-832-5442

 1315 Hillcrest Road
 812-329-4950

 Bedford, IN 47421
 812-329-4950

Offers consultation, counseling, and therapy services; case management; life skills; substance abuse programs; and *24-hour crisis services* for children, adolescents, and adults.

Domestic Violence Crisis telephone lines 24-hours a day; seven days a week. They provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. Advocates are available to assist victims of domestic violence. Hoosier Hills Pact in Salem, Indiana, offers a domestic violence shelter with hospital/legal advocacy and support groups.

Indiana Department of Child Services (DCS)

Region 13—Lawrence County 812-277-2044 918 16th Street, Suite 100 Bedford, IN 47421

The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption, and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)

Child Abuse and Neglect Hotline..... 800-800-5556

All calls must go through the above number.

Do not call the local office or the police department to report child abuse or neglect.

Child Support Hotline 800-840-8757

Lawrence Co. Emergency Management Agency

This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Bloomington, IN 47402

Emergency shelter for women and children who are victims of sexual assault, domestic violence, or who feel they are in danger. They provide a *24-hour crisis line;* legal advocacy; crisis intervention; support groups; and emergency, permanent, and transitional housing. They also provide abuse and dating violence prevention education in the Bloomington secondary schools.

2125 16th Street

Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

Youth Services Bureau of Monroe County

Emergency youth shelter; crisis intervention. They have youth and family counseling. The Binkley House

Youth Services are open 24-hours a day; seven days a week. Visit online at:

www.co.monroe.in.us/tsd/Community/YouthServices

Non-Emergency Calls—Please call: Lawrence Co. Sheriff Department 812-275-3316

Hospitals:

EMPLOYMENT AND TRAINING

 American Red Cross
 866-599-9951

 405 I Street, Room 121
 812-275-5162

Bedford, IN 47421

Classes offered: First Aid/CPR/AED; Lifeguarding and Swimming; Babysitter (online); Bloodborne Pathogens Training (online); and Red Cross Disaster Volunteer Training.

IU Health Bedford Hospital812-275-1335

Events & Classes

2900 W. 16th Street

Bedford, IN 47421

Throughout the year IU Health Bedford Hospital will hold classes and workshops for those interested in some form of health education. For a complete list of upcoming classes or workshops, visit online at:

www.iuhealthbedford.org

Free instruction in basic skills and preparation for TASC (GED) for adults. For a TASC test, a person must be age 17 or older. Call the number above for class hours and more information about obtaining your TASC.

National Able Network, Inc. 317-396-7800

3737 N. Meridian Street, Suite 409

Indianapolis, IN 46208

Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals. 918 16th Street, Suite 200 Bedford, IN 47421

Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC.

Bedford Community Care Center 812-279-4014 1018 J Street

Bedford, IN 47421

The phone number is affiliated with Crane's Leather Shop in Bedford. They provide a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs. They also have clothing available for anyone in need. Open on Tuesday and Thursday from 10 a.m. to 12 p.m.

Congregate Meal Sites:

Bedford Senior Citizens Center...... 812-279-5473

2205 Washington Avenue

Bedford, IN 47421

Cambridge Square.....812-279-6661

1941 Plaza Drive

Bedford, IN 47421

1305 K Street

Bedford, IN 47421

Mitchell Senior Citizens Center 812-849-2024

101 Tom Green Drive

Mitchell, IN 47446

These congregate meal sites provide noon lunches to persons age 60 and over (on a donation basis) for the senior citizen and his or her spouse.

First Assembly of God Church............ 812-275-4280

2601 27th Street

Bedford, IN 47421

Food pantry is open Thursday from 1 p.m. to 3 p.m. They also provide gas cards to those with a real need. No appointment needed.

1101 15th Street

Bedford, IN 47421

Coats, hats, mittens, and gloves for children (infants through twelfth grade) and coats for adults. Call for appointment.

God's Place Ministries, Inc. 812-755-4449

8073 State Road 37S

Bedford, IN 47421

God's Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday; 2 p.m. to 5 p.m. and Friday (closed Fridays in winter); 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture/appliances which are very inexpensive) is open Wednesday through Saturday (if weather is above 32 degrees) from 11 a.m. to 5 p.m. Donations accepted.

Hoosier Hills Food Bank......812-334-8374

They have two programs to help those in need of food. Delivers food once a month. Call Hoosier Hills Food Bank for location, date, and time of delivery.

The USDA Senior Commodity Program

Must be 60 and over and meet income guidelines (130% or less of the Federal Poverty Level). You must call Hoosier Hills Food Bank to see if you qualify and to sign up to receive a free 40-lb box of food.

Families First Mobile Food Pantry

Serves anyone in need of food, free of charge.

Hoosier Uplands Energy Assistance Program

Mitchell. IN 47446

Residents North of White River812-279-0412

710 6th Street

Bedford, IN 47421

Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines.

Indiana Indian Movement.....812-279-2335

38 Walnut Heights Road

Bedford, IN 47421

Food pantry opens when someone calls in need of food. Can come once a month. Must call ahead first. Open Monday-Friday; 9 a.m. to 5 p.m.

Lawrence Co. Division of Family Resources

918 E. 16th Street, Suite 100......800-403-0864 Bedford, IN 47421

Bedford, IN 4/421

Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Secondary services

provided—State Programs: RBA, Children's Special Healthcare Need Services, and the QMB for Medicare Part B. Can apply at the number listed above or visit online at: www.in.gov/fssa

Lawrence Interfaith Endeavor (L.I.F.E.)

Bedford Location 812-279-4442

1204 I Street

Bedford, IN 47421

Hours: Monday, Wednesday, and Friday—10 a.m. to

12 p.m.; 1 p.m. to 4 p.m.

Mitchell Location 812-849-2111

122 N. 7th Street

Mitchell, IN 47446

Hours: Tuesday and Thursday—10 a.m. to 12 p.m.; 1 p.m. to 3 p.m.

They have a food pantry at both locations. They also provide financial assistance with rent, mortgage, and utilities to persons who meet their guidelines (can apply at either office for financial assistance). Their Back-To-School program provides assistance with school supplies for those who cannot afford to buy them. Also maintains a furniture bank: beds, appliances, and other items.

Lions Club of Bedford

The Lions Club supports community organizations through donations, sponsorships, and volunteerism.

through VSP Sight for Students and an eyeglass program for adults through the I.U. School of Optometry Outreach Program. They also accept used eyeglasses for recycling.

They provide a loaner hearing aide program in conjunction with the IU Medical Center and have discounted prices on hearing aides with a recommendation from the Lions Club.

They have volunteers who will build ramps for the elderly and disabled. The cost of materials is the responsibility of the homeowner.

Mitchell Church of Christ 812-849-3857

1004 W. Main Street

Mitchell, IN 47446

The Bread of Life Food Pantry is available to anyone.

Clients may come in once a month. Hours:

Monday—10 a.m. to 12 Noon.; Tuesday—1 p.m. to 3 p.m.

Older Americans Services Corp.812-865-3352

P.O. Box 206

1901 S. Orleans Way

Orleans, IN 47452

Senior Centers—Noon Meals. Home delivered meals provided to senior citizens age 60 and over through Hoosier Uplands case management or private pay.

Partnership for Prescription Assistance

The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medications they need at low cost. Visit online at: www.pparx.org

They have the Red Kettle campaign and the Angel Tree at Christmas. They provide emergency assistance for rent, utilities and lodging. They will still be providing help with food, but will no longer be maintaining a food pantry. They provide help to those who have experienced a disaster—such as fire, flood or tornado. Must call to make an appointment.

The Society of St. Vincent DePaul812-279-8555 Emergency financial and clothing assistance available for Lawrence County residents. In cases of fire they will help with linens, clothing and dishes. They also provide financial help with utilities, rent and non-narcotic prescription medications. They accept calls Monday-Friday; 9 a.m. to 4 p.m.

St. Vincent DePaul Thrift Shop

920 17th Street

Bedford, IN 47421

Hours: Monday-Friday; 12 Noon to 4 p.m. and

Saturday; 10 a.m. to 2 p.m.

TOWNSHIP TRUSTEES

Bono	812-849-3832
Guthrie	812-849-9221
Indian Creek	812-277-9325
Marion	812-849-4254
Marshall	812-278-9357
Perry	812-279-4208
Pleasant Run	
Shawswick	812-275-2511
Spice Valley	812-388-6884

When monetary funds are available, they will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.

HANDICAPPED SERVICE

ADA-Indiana	800-825-4733
1905 N. Range Road	812-8556508
Bloomington, IN 47408	

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Bosma Enterprises	866-602-6762
8020 Zionsville Rd	
Indianapolis, IN 46268	

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals.

Children's Special Health Care Services

CSHCS provides supplemental medical coverage to help Indiana families of children age birth-21 years who have severe/chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Division of Disability & Rehabilitative Services

P.O. Box 7083 800-545-7763

402 W. Washington

Indianapolis, IN 46207

The DDRS's mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Child Development Disabilities Services, Bureau of Rehabilitative Services, Bureau of Quality Improvement Services, Disability Determination Bureau, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Institute on Disabilities......800-825-4733 1905 N. Range Rd.

Bloomington, IN 47408

Information and referral, as well as training and technical assistance, on a wide variety of disability issues.

Hoosier Uplands Economic Development Corporation "People Helping People"

Indiana Disability Rights.......800-622-4845 4701 N. Keystone, Suite 222317-722-5555 (press 0) Indianapolis, IN 46205

Indiana Disability Rights is a congressionally mandated, legally based, disability rights agency. Their mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Resource Center for Autism....800-825-4733 1905 N. Range Rd.

Bloomington, IN 47408

Provides information, training and consultations for communities, organizations, and families across the autism spectrum.

Southern Indiana Center for Independent Living (The Solution Center)

1490 W. Main Street	800-845-6914
Mitchell, IN 47446	812-277-9626
SICIL works with all significant types of	of disabilities,
and all ages. They also offer information	n and referral,
independent living skills, peer counseli-	ng, and advocacy
(ombudsman) with no fee. They promo	te a variety of
outreach activities and promote program	ns regarding
education, recreation, transportation (La	awrence county),
and housing for those with disabilities.	Their SIPS
program improves lives by promoting i	ndependence
through financial stability.	

As a private company, they offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library800-622-4970 140 N. Senate Avenue317-232-3684 Indianapolis, IN 46204

The TBBL provides digital audio books, large print books and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

HEALTH SERVICES

 American Cancer Society
 800-227-2345

 5250 Vogel Rd
 812-475-9486

 Evansville, IN 47715

The American Cancer Society is the nationwide, community based, voluntary health organization

dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Lung Association of Indiana

 Lung Helpline
 800-586-4872

 115 W. Washington Street
 317-819-1181

 Suite 1180 South

Indianapolis, IN 46204

Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Bloomington VA Outpatient Clinic

Community Health and Wellness/WIC

2415 Mitchell Road, Suite A...... 812-279-6222 Bedford, IN 47421

St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, lead screening, obstetrics/gynecology, and Hoosier Healthwise enrollment. The WIC program provides mothers and children up to age 5 years who qualify, nutritious foods, educational services, and nutrition classes. Call the number above for more information or to schedule an appointment.

They are a ConvaCare franchise and provide hospital equipment, medical supplies, and oxygen equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell, and Orleans. Diabetic counseling; needle disposal service; and scooters, lift chairs, and wheelchairs are also available.

EyeCare America *Helpline* 877-887-6327 Foundation of American Academy of Ophthalmology P.O. Box 42909

San Francisco, CA 94142

Their public service programs provide eye care services

to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. To find out if you qualify for the program that relates to you, visit online at:

www.eyecareamerica.org

www.HIP.in.gov

Hoosier Uplands Home Health Care

www.hoosieruplands.org

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care, provided by skilled nurses, helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

717 Lincoln Avenue, Ste E

Bedford, IN 47421

Hours: Tuesday and Thursday—1 p.m. to 5p.m.; Monday and Wednesday—10 a.m. to 2 p.m.

Monday and Wednesday—10 a.m. to 2 p.m. Free pregnancy tests; counseling; resources for prenatal and postnatal care and the entire birth experience; ultrasounds; parenting classes; and guidance in meeting medical, financial, and housing needs. Baby and maternity clothing for anyone in need. Resources available for grandparents raising grandchildren; teenagers on dating and relationships; and education on STD's and abstinence. Visit online at:

www.hoperesourcectr.org

Indiana State Department of Health

The Indiana State Department of Health supports Indiana's economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

www.state.in.us/isdh

 IU Health Bedford Hospital
 800-755-3734

 2900 W. 16th Street
 812-275-1200

 Bedford, IN 47421
 812-275-1200

Full service hospital with allergy/asthma, ambulance, cancer, cardiovascular, community health, diabetes, emergency, laboratory, occupational, orthopedics, primary care, radiology, rehabilitation, respiratory, sleep lab, surgical, and women's services. Visit online at:

www.iuhealth.org/bedford

Lawrence County Cancer Patient Services

Assistance includes: food supplements (Boost or Ensure), transportation to treatments or physician, medical supplies, wigs after chemotherapy, medical equipment (wheelchairs, walkers, or commodes), prosthesis and bras after surgery, mammogram or PSA tests, medicine (limited), limited amount for personal needs (utilities, etc.), and cheer baskets. Visit online at:

www.lawrencecountycancerpatientservices.org

Lawrence County Health Department

Child Vaccinations: Childhood vaccinations are available for all children from age 2 months-18 years of age. Uninsured and underinsured children may receive VFC vaccine for an \$8.00 fee per vaccine. This fee may be waived upon request. Most insurance plans accepted. Adult Vaccinations: Adult vaccines are available—the cost is \$8.00 per vaccine (which may be waived upon request). Uninsured and underinsured adults qualify for 317 funded vaccine. Most insurance plans accepted. TB Testing: Available for an \$18.00 fee.

Positive Links: Provides HIV and Hepatitis C testing free of charge on a quarterly basis at the health department. Call the number above and dial extension "13" to set-up an appointment time or to find out when the next "Positive Links" quarterly tests will be given.

Living Well (The Solution Center)

They offer in-home services such as attendant care, homemaker, and respite.

National Kidney Foundation of IN 800-382-9971

911 E. 86th Street, Suite 100

Indianapolis, IN 46240

Limited financial assistance for renal and transplant patients, medical alert bracelets, and education.

Prevent Blindness Indiana.....800-331-2020

211 W. Wacker Dr., Ste 17

Chicago, IL 60606

Prevent Blindness matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear or have other resources available. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. At times, they may be able to find listings for eligible clients for surgery. Visit online at:

www.preventblindness.org

Serenity Now......812-275-4053

2125 16th Street

Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both

adults and children. They accept most insurance policies and is fully accessible.

Bedford, IN 47421

Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, and Women's Services. Visit online at:

www.stvincent.org

St. Vincent Dunn Walk-In Clinic 812-276-1305 2415B Mitchell Road

Bedford, IN 47421

They offer convenient hassle-free healthcare, when you need it, without an appointment. For non-life threatening illness or injury, trust the Walk-In Clinic for your urgent healthcare needs. No appointments are required! Visit online at: www.stvincent.org

Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don't have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy

HOUSING

Cambridge Square 812-279-6661

1941 Plaza Drive

Bedford, IN 47421

Must be 62 years or older/disabled. Government subsidized. All are one bedroom units. May have a waitlist

Camelot Court	812-849-2158
1140 Camelot Court Avenue #17	
Mitchell, IN 47446	
Must be 62 years or older, handicapped, Government subsidized. Allow pets.	or disabled.
Government substanzed. Time w pets.	

Clover Park Duplexes I and II

I—2605 Clover Lane	812-279-8404
Bedford, IN 47421	812-583-5838
II—2608 Sanders Lane	812-279-8979
Bedford, IN 47421	812-583-5838
Any age and pets welcome. Ha	s laundry facilities. Rent
based on income.	

Elm Park I and II

I—1202 Elm Park Drive	812-849-4855
Mitchell, IN 47446	
II—1308 Elm Park Drive	812-849-6339
Mitchell, IN 47446	

Complex welcomes all ages; one and two bedroom apartments available; onsite laundry. Rent based on income.

Housing Authority of Bedford812-279-2356 Hauck House

1305 K. Street

Bedford, IN 47421

Apartments for low-income senior citizens and disabled persons. Section 8 assistance for the elderly and low-income. They also have family facilities at Hamilton Courts—public housing.

Hoosier Uplands Housing Counseling

500 W. Main Street	800-827-2219
Mitchell, IN 47446	812-849-4447
Hoosier Unlands Housing Co.	

Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Call to make an appointment. Visit online at:

www.hoosieruplands.org

122 N. 6th Street

Mitchell, IN 47446

There are four one-bedroom apartments; very affordable to income eligible persons.

Persimmon Park Apartments812-849-4639

406 Wade Street

Mitchell, IN 47446

There are 56 units with two bedroom apartments. They

have a common laundry facility. There are some subsidized apartments available for income eligible persons.

Mitchell, IN 47446

There are 28 units made up of 1, 2, and 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

Bedford, IN 47421

For moderate income families and seniors; Section 8 housing certificates accepted. There are washer and dryer hookups in each apartment. NO pets allowed.

100 Shawnee Lane

Bedford, IN 47421

There are 56 units made up of 1, 2, or 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

1429 8th Street

Bedford, IN 47421

There are 17 two bedroom apartments and 1 one bedroom apartment. It is multi-family housing. Income restricted housing; no subsidy assistance. Facility is locked 24/7. Please call to check availability, to make an appointment, or to take a tour.

1030 16th Street

Bedford, IN 47421

Senior housing for age 55 and up. There are 30 units with one or two bedroom apartments with several amenities. Income restrictions apply. Please call to check availability, to make an appointment, or to take a tour.

2600 Hwy. 7 N. Ext. 4

North Vernon, IN 47265

USDA Rural Development provides loans and grants to eligible rural homeowners to improve or modernize their homes, to make them safer and more sanitary, or to remove health and safety hazards. Visit online at:

www.rurdev.usda.gov

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging

Our "Legal Referral Program" provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a "letter to creditors" or having a "name changed on a deed" are subject to approval during referral. Program is subject to yearly funding. This program does have a waitlist.

 Indiana Legal Services
 800-822-4774

 214 S. College Avenue
 812-339-7668

Bloomington, IN 47404

Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, and more. Free services are available to low-income persons who are at or below 200% of the poverty guidelines.

Office of the Indiana Attorney General

Indiana Government Center South......317-232-6201 302 W. Washington Street, 5th Floor Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit	800-382-5516
Medicaid Fraud Control Unit	
Patient Abuse & Neglect Program	800-382-1039
Victim Assistance Division	800-258-0993

For other areas of information, call the Attorney General's Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

This organization investigates reports of persons age 18 years and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of

their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

P.O. Box 1326 *Electric Trouble* 800-343-3525 Charlotte, NC 28201

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street 800-333-2451 Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation

Case Management Assistance—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; *Legal Services*—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; Options Counselingpoint of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. Special Events— Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

IU Health Bedford Hospital 812-275-1200 Bedford, IN 47421

Volunteers are an integral part at IU Health Bedford Hospital. It is not necessary for you to have worked in a hospital or volunteered in a healthcare setting before. You need only a passion to serve others, and a commitment to helping IU Health Bedford Hospital make each and every guest visit exceptional.

Older Americans Services Corp...... 812-865-3352 P.O. Box 206

1901 S. Orleans Way

Orleans, IN 47452

Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; and sightseeing trips for senior citizens.

SENIOR CENTERS

Bedford Senior Citizens Center......812-279-5473 2205 Washington Avenue Bedford, IN 47421

101 Tom Green Boulevard Mitchell, IN 47446

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living-**Ombudsman Services (The Solution Center)**

1490 W. Main St. 800-845-6914 Mitchell, IN 47446.....812-277-9626 Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They give in-service

training to the nursing home staff regarding patients'

St. Vincent Dunn Hospital Auxiliary Auxiliary/Volunteer Office 812-276-1268

1600 23rd Street

rights.

Bedford, IN 47421

The St. Vincent Dunn Hospital Auxiliary is composed of men and women whose tireless efforts enrich the lives of our patients and contribute funds to the hospital for any special projects. All interested persons are urged to join the Auxiliary. Visit online at: www.dunn.stvincent.org

Veterans Service Office 812-275-6411

916 15th Street, Room 8

Bedford, IN 47421

Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Bedford Parks Department812-275-5692

Thornton Park 1625 Q Street

Bedford, IN 47421

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails, and recreational facilities

while working in cooperation with other service providers in the community in order to maximize all available resources. Visit online at:

www.bedford.in.us or www.otisparkgolf.com

Bedford, IN 47421

Summer Reading Program; spring and fall story hour for children; Winter Reading Program; computers; videos; educational and recreational software; reference service; and a diverse collection of printed materials including books, large print materials, magazines, newspapers, and books on tape and CD.

Community theatre using all volunteers. Call for a listing of upcoming shows.

Mitchell Public Library 812-849-2412

804 Main Street

Mitchell, IN 47446

They offer a range of activities and services which are designed to meet the information and learning needs of patrons and to facilitate enjoyment of library resources.

 Spring Mill State Park
 812-849-3534

 3333 Highway 60E
 Inn 812-849-4508

 Mitchell, IN 47446

Spring Mill is filled with endless opportunities for recreation! The pioneer village is a delight as you travel through time to the early 1800's. Located in Spring Mill State Park, the Spring Mill Inn provides a "country atmosphere" with modern day accommodations.

217 N. 7th Street

Mitchell, IN 47446

The Opera House was placed on the National Registrar of historic places in 1981. The venue was restored in 2015 and reopened once again. Call for a listing of upcoming shows or visit online at:

www.mitchelloperahouse.com.

SUPPORT SERVICES

Aging & Disability Resource Center ... 800-333-2451 812-849-4457

For a support group not listed in this resource guide, call *Hoosier Uplands* for help in locating the support group you need—in or near your home town.

American Cancer Society	800-227-2345
5250 Vogel Rd	812-475-9486
Evansville, IN 47715	

The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Red Cross 866-599-9951 405 I Street, Room 121 812-275-5162 Bedford, IN 47421 812-275-5162

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health/safety classes, including CPR and first aid. Visit online at: www.redcross/in/bedford.org

Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children ages 6-12 years, adolescents ages 13-18 years, and adults on an inpatient and outpatient basis. Intensive outpatient services are available for adolescents. Dual diagnosis programs are available with medically supervised detoxification for adults and adolescents with a secondary chemical dependency diagnosis. For more information, visit online: www.bloomingtonmeadows.com

The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities. Services provided include: Caregiver Supports, Developmental Disability (DD) Eligibility, Group Homes, Objective Based Allocations, and Home and Community Based Medicaid Waivers (Family Support Waiver and Community Integration Habilitation Waiver). Visit online at:

www.in.gov/fssa/ddrs/2639.htm

 Centerstone
 Crisis Line
 800-832-5442

 1315 Hillcrest Road
 812-329-4950

 Bedford, IN 47421
 812-329-4950

Offers consultation, counseling, and therapy services; case management; life skills; substance abuse

programs; and 24-hour crisis services for children, adolescents, and adults.

Hoosier Uplands/Area 15 Agency on Aging

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation Case Management Assistance—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; Legal Services—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; Options Counseling—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. Special Events—Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Hoosier Uplands Budget Counseling

The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. We will work with you to develop a spending plan. This service is free to any interested individual. Call for an appointment. Visit online at:

www.hoosieruplands.org

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling

Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation

Stone Belt of Lawrence County (LARC)

Day programs, evaluation, counseling, training, sheltered workshops, community work for developmentally disabled adults, and semi-independent living programs.

Lifedesigns......812-332-9615

200 E. Winslow Road Bloomington, IN 47401

It is our mission to partner with people with disabilities and their communities to bring about self-directed and fulfilled lives. Lifedesigns provides holistic services to assist individuals achieve their desired lifestyle, including housing, rewarding employment, fulfilling relationships, and active citizenship in the community throughout Southern Indiana. The services include: community living, community integration, host family services, respite services, job development, job supports, and job-site training.

TRANSPORTATION

Indiana Department of Veterans Affairs

Veterans Transportation.......317-988-2472 1481 W. 10th Street (Stan Richardson) 812-275-6411 Indianapolis, IN 46202

Through the Transportation Network, DAV volunteers

drive sick and disabled veterans to and from VA medical facilities for treatment.

Lawrence County Cancer Patient Services 1203 M Street		
to 3:30 pm. Wheelchair equipped and demand response system within the city limits of Mitchell.		
P.O. Box 206		
Orange County Transit Services		
Rural Transit		
TASC (Bedford City Bus)		

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Acu	te Care Complaint Hotline	800-227-6334
	It Protective Services	
	pholics Anonymous Hotline	
	neimer's Association	
Ame	erican Assoc. of Retired Persons	888-687-2277
Ame	erican Cancer Society Helpline	800-227-2345
Ame	erican Diabetes Association	800-342-2383
Ame	erican Heart Association	800-242-8721
Cen	ters for Disease Control Info Line	800-232-4636
Chil	d Abuse Hotline	800-800-5556
Con	sumer Protection Division	800-382-5516
Disa	bility Determination Bureau	800-622-4968
Elde	ercare Locator (nationwide)	800-677-1116
Fam	ily & Social Services Administration	800-403-0864
Fede	eral Information Center	800-688-9889
Hab	itat for Humanity International	800-422-4828
	thy Indiana Plan	
Indi	ana Department of Veterans Affairs	800-400-4520
	ana Family Helpline	
	ana Government Information	
	ana Poison Center	
Indi	ana Resource Center for Autism	800-825-4733
	licare	
Nati	onal Center for Missing Children	800-843-5678
	onal Kidney Foundation of Indiana	
Nati	onal Runaway Safeline	800-786-2929
	ce of the Long Term Care	
	Ombudsman	800-622-4484
Soci	al Security Administration	800-772-1213
Sub	stance Abuse Hotline	800-662-4357
U.S.	Department of Veterans Affairs	
	Regional Office	800-827-1000
U.S.	Veteran's Administration Medical Ce	enters
	Richard L. Roudebush	888-878-6889
	1481 W. 10th Street	
	Indianapolis, IN 46202	
	Rex Robley	800-376-8387
	800 Zorn Avenue	
	Louisville, KY 40206	



