COMMUNITY
RESOURCE GUIDE
FOR
LAWRENCE
COUNTY

For further information on services listed or other services not listed, please call:

Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL
(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org

This resource guide was developed for the benefit of all:

Lawrence County Residents

We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

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The AgrAbility program serves farm families affected by disability through education and assistance. This free program is funded by the USDA. It’s about HOPE. Contact: Hoosier Uplands, 500 W Main St., Mitchell, IN 47446 or call 800-827-2219 or 812-849-4447. Visit the website at: www.agrability.org or www.breakingnewground.info

The State Health Insurance Assistance Program (SHIP) provides free, unbiased health insurance information for people with Medicare. SHIP provides tools and information to help you make decisions regarding your health care. It is a non-profit organization designed to provide unbiased assistance for seniors and pre-retirees to find answers to their health insurance questions. All of the services are free. Contact a SHIP Counselor at Hoosier Uplands at 800-333-2451 or 812-849-4457 or call the State Health Insurance Assistance Program at 800-452-4800.
Information & Referral

Hoosier Uplands Information & Referral Services
812-849-4457 or 1-800-333-2451

Main Office
500 W. Main Street
Mitchell, IN 47446
812-849-4447
800-827-2219

Bedford Office
710 6th Street
Bedford, IN 47421
812-279-0412 Outreach
812-275-0052 Head Start

Aging & Community Services Offices
521 W. Main Street
Mitchell, IN 47446
812-849-4457
800-333-2451

Bedford Chamber of Commerce
1116 16th Street.........................812-275-4493
Bedford, IN 47421

Greater Mitchell Chamber of Commerce
P.O. Box 216, 533 W Main St........812-849-4441
Mitchell, IN 47446
Provides city maps, brochures, small business services and information about groups, organizations and businesses in Lawrence County.

Children’s Services

Children’s Special Health Care Services
Indiana State Department of Health ... 800-475-1355
2 N. Meridian Street, Suite 5C ......... 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe/chronic medical conditions and who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition.

Community Health and Wellness/WIC
2415 Mitchell Road, Suite A ............ 812-279-6222
Bedford, IN 47421

St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, obstetrics/gynecology, pediatrics, lead screening, and Hoosier Healthwise enrollment. The WIC program provides mothers and children up to age 5 who qualify, nutritious foods, educational services and nutrition classes. Call the number above for more information or to schedule an appointment.

Happy Hollow Children’s Camp ........812-988-4900
3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise Helpline ............. 800-889-9949
Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.

Hoosier Uplands Children’s Services
Administrative Office ....................800-827-2219
500 W. Main Street ....................812-849-4447
Mitchell, IN 47446

Hoosier Uplands Children’s Services offers opportunities and support for growth and change by providing a safe/healthy/nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands ................................812-849-4447

1. **Before SAFER Program:** Morning child care
   6:30 a.m. until regular school day begins. There is a $5.00 registration fee and costs $4.00 per day.

2. **21st Century Community Learning Centers Program:** 21st Century Community Learning Centers After School Program at Burris and Hatfield Elementary serves many students. The program operates from after school until 5:45 p.m. every day that school is in session. The vision of the program is to assist children in achieving their potential through academic and social skills. The 21st CCLC grant funds 100% of the program. There is no cost for parents. Limited transportation is provided.

Hoosier Uplands Early Head Start
502 W. Warren Street....................800-276-2242
Mitchell, IN 47446 ....................812-849-5446

Early Head Start offers child development services to pregnant mothers and families with infants and young
children, birth-3 years. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

**Hoosier Uplands Head Start**
**Bedford Center** .................................. 812-275-0052
710 6th Street
Bedford, IN 47421

**Mitchell Center** .................................. 812-849-4448
1240 Orchard Street
Mitchell, IN 47446

Head Start is a family centered child development program for children age 3 to 4 years. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child’s first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Bedford Center offers half-day and full-day class options. The Mitchell Center offers half-day class options. Families must meet income eligibility requirements.

**Children’s Village Child Care Center**. 812-355-4881
2431 N. Smith Pike
Bloomington, IN 47404

The Children’s Village provides quality child care and early childhood education through its Child Care Center for children age 6 weeks-5 years. Visit online at: www.childrensvillagekids.org or on Facebook: childrensvillagebloomington

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**CRISIS SERVICES**

**Adult Protective Services**...*Hotline* 800-992-6978
806 Martinsburg Road, Suite 202........... 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

**American Red Cross** ..................................... 866-599-9951
450 I Street, Room 121 ..................... 812-275-5162
Bedford, IN 47421

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; and health and safety classes (including CPR and first aid). Visit online at: www.redcross/in/bedford.org

**Bloomington Meadows Hospital**........ 800-972-4410
3600 N. Prow Road.......................... 812-331-8000
Bloomington, IN 47404

Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children ages 6 to 12 years, adolescents ages 13 to 18 years, and adults on an inpatient and outpatient basis. Intensive outpatient services are available for adolescents. Dual diagnosis programs are available with medically supervised detoxification for adults and adolescents with a secondary chemical dependency diagnosis. For more information, visit online: www.bloomingtonmeadows.com

**Centerstone**............................*Crisis Line* 800-832-5442
1315 Hillcrest Road.......................... 812-329-4950
Bedford, IN 47421

Offers consultation, counseling, and therapy services; case management; life skills; substance abuse programs; and 24-hour crisis services for children, adolescents, and adults.

**Hoosier Hills Pact**..............*Crisis Line* 888-883-1959
1324 K Street, Suite 25A.................. 812-279-4099
Bedford, IN 47421

Domestic Violence Crisis telephone lines 24-hours a day; seven days a week. They provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. Advocates are available to assist victims of domestic violence. Hoosier Hills Pact in Salem, Indiana, offers a domestic violence shelter with hospital/legal advocacy and support groups.

**Indiana Department of Child Services (DCS)**
Region 13—Lawrence County ............... 812-277-2044
918 16th Street, Suite 100
Bedford, IN 47421

The mission of the department is to protect children from abuse and neglect by partnering with families and
communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption, and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)

Child Abuse and Neglect Hotline...... 800-800-5556
All calls must go through the above number.
Do not call the local office or the police department to report child abuse or neglect.
Child Support Hotline ........................ 800-840-8757

Lawrence Co. Emergency Management Agency
1 County Complex Road ..................... 812-277-9680
Bedford, IN 47421 Ext. 108
This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Middle Way House .......... Crisis Line 812-336-0846
P.O. Box 95 .............................. 812-333-7404
Bloomington, IN 47402
Emergency shelter for women and children who are victims of sexual assault, domestic violence, or who feel they are in danger. They provide a 24-hour crisis line: legal advocacy; crisis intervention; support groups; and emergency, permanent, and transitional housing. They also provide abuse and dating violence prevention education in the Bloomington secondary schools.

Serenity Now ......................... 812-275-4053
2125 16th Street
Bedford, IN 47421
Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

Youth Services Bureau of Monroe County
615 S. Adams Street ....................... 812-349-2506
Bloomington, IN 47403
Emergency youth shelter; crisis intervention. They have youth and family counseling. The Binkley House Youth Services are open 24-hours a day; seven days a week. Visit online at:
www.co.monroe.in.us/tsd/Community/YouthServices

EMERGENCY ................................................................. 911

Non-Emergency Calls—Please call:
Lawrence Co. Sheriff Department
812-275-3316

Hospitals:
IU Health Bedford Hospital ............... 812-275-1200
2900 16th Street, Bedford, IN 47421
St. Vincent Dunn Hospital ............... 812-275-3331
1600 23rd Street, Bedford, IN 47421

EMPULOYMENT AND TRAINING

American Red Cross ...................... 866-599-9951
405 I Street, Room 121 ................. 812-275-5162
Bedford, IN 47421
Classes offered: First Aid/CPR/AED; Lifeguarding and Swimming; Babysitter (online); Bloodborne Pathogens Training (online); and Red Cross Disaster Volunteer Training.

IU Health Bedford Hospital .......... 812-275-1335

Events & Classes
2900 W. 16th Street
Bedford, IN 47421
Throughout the year IU Health Bedford Hospital will hold classes and workshops for those interested in some form of health education. For a complete list of upcoming classes or workshops, visit online at:
www.iuhealthbedford.org

Mitchell Library Classes ............. 812-849-2412
804 W. Main Street ................ for schedule. 812-890-4337
Mitchell, IN 47446
Free instruction in basic skills and preparation for TASC (GED) for adults. For a TASC test, a person must be age 17 or older. Call the number above for class hours and more information about obtaining your TASC.

National Able Network, Inc......... 317-396-7800
3737 N. Meridian Street, Suite 409
Indianapolis, IN 46208
Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.
WorkOne Bedford ................................................. 812-279-4400
918 16th Street, Suite 200
Bedford, IN 47421
Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

Bedford Community Care Center ....... 812-279-4014
1018 J Street
Bedford, IN 47421
The phone number is affiliated with Crane’s Leather Shop in Bedford. They provide a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs. They also have clothing available for anyone in need. Open on Tuesday and Thursday from 10 a.m. to 12 p.m.

Congregate Meal Sites:
Bedford Senior Citizens Center ........... 812-279-5473
2205 Washington Avenue
Bedford, IN 47421
Cambridge Square ......................... 812-279-6661
1941 Plaza Drive
Bedford, IN 47421
Hauck House ........................................... 812-279-2356
1305 K Street
Bedford, IN 47421
Mitchell Senior Citizens Center ...... 812-849-2024
101 Tom Green Drive
Mitchell, IN 47446
These congregate meal sites provide noon lunches to persons age 60 and over (on a donation basis) for the senior citizen and his or her spouse.

First Assembly of God Church ............... 812-275-4280
2601 27th Street
Bedford, IN 47421
Food pantry is open Thursday from 1 p.m. to 3 p.m. They also provide gas cards to those with a real need. No appointment needed.

First Christian Church ...................... 812-275-4497
1101 15th Street
Bedford, IN 47421
Coats, hats, mittens, and gloves for children (infants through twelfth grade) and coats for adults. Call for appointment.

God’s Place Ministries, Inc. ................. 812-755-4449
8073 State Road 37S
Bedford, IN 47421
God’s Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday; 2 p.m. to 5 p.m. and Friday (closed Fridays in winter); 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture/appliances which are very inexpensive) is open Wednesday through Saturday (if weather is above 32 degrees) from 11 a.m. to 5 p.m. Donations accepted.

Hoosier Hills Food Bank ...................... 812-334-8374
They have two programs to help those in need of food. Delivers food once a month. Call Hoosier Hills Food Bank for location, date, and time of delivery.

The USDA Senior Commodity Program
Must be 60 and over and meet income guidelines (130% or less of the Federal Poverty Level). You must call Hoosier Hills Food Bank to see if you qualify and to sign up to receive a free 40-lb box of food.

Families First Mobile Food Pantry
Serves anyone in need of food, free of charge.

Hoosier Uplands Energy Assistance Program
Residents South of White River .......... 800-333-2451
521 W. Main Street ......................... 812-849-4457
Mitchell, IN 47446
Residents North of White River ........ 812-279-0412
710 6th Street
Bedford, IN 47421
Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident’s income must meet at or below the Office of Management and Budget Poverty Guidelines.

Indiana Indian Movement .......... 812-279-2335
38 Walnut Heights Road
Bedford, IN 47421
Food pantry opens when someone calls in need of food. Can come once a month. Must call ahead first. Open Monday-Friday; 9 a.m. to 5 p.m.

Lawrence Co. Division of Family Resources
918 E. 16th Street, Suite 100........... 800-403-0864
Bedford, IN 47421
Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Secondary services
provided—State Programs: RBA, Children’s Special Healthcare Need Services, and the QMB for Medicare Part B. Can apply at the number listed above or visit online at: www.in.gov/fssa

**Lawrence Interfaith Endeavor (L.I.F.E.)**

**Bedford Location** ........................................ 812-279-4442
1204 I Street
Bedford, IN 47421
Hours: Monday, Wednesday, and Friday—10 a.m. to 12 p.m.; 1 p.m. to 4 p.m.

**Mitchell Location** ........................................ 812-849-2111
122 N. 7th Street
Mitchell, IN 47446
Hours: Tuesday and Thursday—10 a.m. to 12 p.m.; 1 p.m. to 3 p.m.

They have a food pantry at both locations. They also provide financial assistance with rent, mortgage, and utilities to persons who meet their guidelines (can apply at either office for financial assistance). Their Back-To-School program provides assistance with school supplies for those who cannot afford to buy them. Also maintains a furniture bank: beds, appliances, and other items.

**Lions Club of Bedford**

The Lions Club supports community organizations through donations, sponsorships, and volunteerism.

**Sight Program** ........................................ 812-279-2519
They provide an eyeglass program for school children through VSP Sight for Students and an eyeglass program for adults through the I.U. School of Optometry Outreach Program. They also accept used eyeglasses for recycling.

**Hearing Aides** ........................................ 812-275-3657
They provide a loaner hearing aide program in conjunction with the IU Medical Center and have discounted prices on hearing aides with a recommendation from the Lions Club.

**Ramp Construction** ........................................ 812-279-2061
They have volunteers who will build ramps for the elderly and disabled. The cost of materials is the responsibility of the homeowner.

**Mitchell Church of Christ** ........................................ 812-849-3857
1004 W. Main Street
Mitchell, IN 47446
The Bread of Life Food Pantry is available to anyone. Clients may come in once a month. Hours: Monday—10 a.m. to 12 Noon.; Tuesday—1 p.m. to 3 p.m.

**Older Americans Services Corp.** .............................. 812-865-3352
P.O. Box 206
1901 S. Orleans Way
Orleans, IN 47452
Senior Centers—Noon Meals. Home delivered meals provided to senior citizens age 60 and over through Hoosier Uplands case management or private pay.

**Partnership for Prescription Assistance**
........................................................................ 888-477-2669
The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medications they need at low cost. Visit online at: www.pparx.org

**The Salvation Army** ........................................ 812-276-5831
They have the Red Kettle campaign and the Angel Tree at Christmas. They provide emergency assistance for rent, utilities and lodging. They will still be providing help with food, but will no longer be maintaining a food pantry. They provide help to those who have experienced a disaster—such as fire, flood or tornado. Must call to make an appointment.

**The Society of St. Vincent DePaul** ......................... 812-279-8555
Emergency financial and clothing assistance available for Lawrence County residents. In cases of fire they will help with linens, clothing and dishes. They also provide financial help with utilities, rent and non-narcotic prescription medications. They accept calls Monday-Friday; 9 a.m. to 4 p.m.

**St. Vincent DePaul Thrift Shop**
920 17th Street
Bedford, IN 47421
Hours: Monday-Friday; 12 Noon to 4 p.m. and Saturday; 10 a.m. to 2 p.m.

**TOWNSHIP TRUSTEES**

Beno ........................................................ 812-849-3832
Guthrie ........................................................ 812-849-9221
Indian Creek .................................................. 812-277-9325
Marion ......................................................... 812-849-4254
Marshall ....................................................... 812-278-9357
Perry ............................................................. 812-279-4208
Pleasant Run ................................................ 812-834-6813
Shawswick .................................................... 812-275-2511
Spice Valley .................................................. 812-388-6884

When monetary funds are available, they will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.
Indiana Disability Rights..................800-622-4845
4701 N. Keystone, Suite 222 ....317-722-5555 (press 0)
Indianapolis, IN 46205
Indiana Disability Rights is a congressionally mandated,
legally based, disability rights agency. Their mission is
to defend the human, legal, and civil rights of people
with disabilities.

Indiana Resource Center for Autism….800-825-4733
1905 N. Range Rd.
Bloomington, IN 47408
Provides information, training and consultations for
communities, organizations, and families across the
autism spectrum.

Southern Indiana Center for Independent Living
(The Solution Center)
1490 W. Main Street.....................800-845-6914
Mitchell, IN 47446......................812-277-9626
SICIL works with all significant types of disabilities,
and all ages. They also offer information and referral,
independent living skills, peer counseling, and advocacy
(ombudsman) with no fee. They promote a variety of
outreach activities and promote programs regarding
education, recreation, transportation (Lawrence county),
and housing for those with disabilities. Their SIPS
program improves lives by promoting independence
through financial stability.

Stephensons Disability Services........800-642-1339
204 Pearl Street, Suite 200............812-945-2770
New Albany, IN 47150
As a private company, they offer representation to
persons who are filing and/or appealing claims to
receive disability benefits and supplemental security
income payments through Social Security.

Talking Book and Braille Library.......800-622-4970
140 N. Senate Avenue...............317-232-3684
Indianapolis, IN 46204
The TBBL provides digital audio books, large print
books and books in Braille to Indiana residents who are
unable to read regular print because of a visual or a
physical disability.

American Cancer Society..................800-227-2345
5250 Vogel Rd..........................812-475-9486
Evansville, IN 47715
The American Cancer Society is the nationwide,
community based, voluntary health organization
dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Lung Association of Indiana
Lung Helpline ................................. 800-586-4872
115 W. Washington Street ...............317-819-1181
Suite 1180 South
Indianapolis, IN 46204
Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lung.org

Bloomington VA Outpatient Clinic
455 S. Landmark Avenue.................... 877-683-0685
Bloomington, IN 47403 ...................... 812-336-5723
Outpatient medical services and counseling are available. They will help with the application process for benefits and provide information about the services available through the Veteran’s Administration.

Community Health and Wellness/WIC
2415 Mitchell Road, Suite A.............. 812-279-6222
Bedford, IN 47421
St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, lead screening, obstetrics/gynecology, and Hoosier Healthwise enrollment. The WIC program provides mothers and children up to age 5 years who qualify, nutritious foods, educational services, and nutrition classes. Call the number above for more information or to schedule an appointment.

Crowder’s Healthcare Pharmacy ........ 800-439-9007
631 16th Street .................................. 812-275-5949
Bedford, IN 47421
They are a ConvaCare franchise and provide hospital equipment, medical supplies, and oxygen equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell, and Orleans. Diabetic counseling; needle disposal service; and scooters, lift chairs, and wheelchairs are also available.

EyeCare America .............. Helpline 877-887-6327
Foundation of American Academy of Ophthalmology
P.O. Box 42909
San Francisco, CA 94142
Their public service programs provide eye care services to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. To find out if you qualify for the program that relates to you, visit online at: www.eyecareamerica.org

Healthy Indiana Plan ..................... 877-438-4479
The Healthy Indiana Plan (HIP) is an affordable health insurance program for uninsured adult Hoosiers. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP is for uninsured Hoosiers between the ages of 19-64. It offers full health benefits including hospital services, mental health care, physician services, Prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care
500 W. Main Street.......................... 800-827-2219
Mitchell, IN 47446 ......................... 812-849-4477
Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice ............. 800-827-2219
500 W. Main Street ....................... 812-849-4477
Mitchell, IN 47446
Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care, provided by skilled nurses, helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org
Hope Resource Center ... Options Line 855-467-3435
Bedford Office ................................. 812-275-2827
717 Lincoln Avenue, Ste E
Bedford, IN 47421
Hours: Tuesday and Thursday—1 p.m. to 5 p.m.;
        Monday and Wednesday—10 a.m. to 2 p.m.
Free pregnancy tests; counseling; resources for prenatal and postnatal care and the entire birth experience;
ultrasounds; parenting classes; and guidance in meeting medical, financial, and housing needs. Baby
and maternity clothing for anyone in need. Resources available for grandparents raising grandchildren;
teensagers on dating and relationships; and education on STD’s and abstinence. Visit online at:
www.hoperesourcectr.org

Indiana State Department of Health
2 N. Meridian Street ............................. 317-233-1325
Indianapolis, IN 46204
The Indiana State Department of Health supports
Indiana’s economic prosperity and quality of life by
promoting, protecting, and providing for the health of
Hoosiers in their communities.
Office of Minority Health ..................... 317-233-7685
Office of Women’s Health .................... 317-233-9156
Environmental Public Health Dept. ...... 317-233-7177
For other areas of information, call the Indiana State
Department of Health or visit online at:
www.state.in.us/isdh

IU Health Bedford Hospital .................. 800-755-3734
2900 W. 16th Street .......................... 812-275-1200
Bedford, IN 47421
Full service hospital with allergy/asthma, ambulance,
cancer, cardiovascular, community health, diabetes,
emergency, laboratory, occupational, orthopedics,
primary care, radiology, rehabilitation, respiratory, sleep
lab, surgical, and women’s services. Visit online at:
www.iuhealth.org/bedford

Lawrence County Cancer Patient Services
1203 M Street ..................................... 812-275-1295
Bedford, IN 47421 .............................. 812-278-0139
Assistance includes: food supplements (Boost or
Ensure), transportation to treatments or physician,
medical supplies, wigs after chemotherapy, medical
equipment (wheelchairs, walkers, or commodes),
prosthesis and bras after surgery, mammogram or PSA
tests, medicine (limited), limited amount for personal
needs (utilities, etc.), and cheer baskets. Visit online at:
www.lawrencecountycancerpatientservices.org

Lawrence County Health Department
2419 Mitchell Road ............................. 812-275-3234
Bedford, IN 47421 ............................. Ext. 2613
Child Vaccinations: Childhood vaccinations are
available for all children from age 2 months-18 years of
age. Uninsured and underinsured children may receive
VFC vaccine for an $8.00 fee per vaccine. This fee may
be waived upon request. Most insurance plans accepted.
Adult Vaccinations: Adult vaccines are available—the
cost is $8.00 per vaccine (which may be waived upon
request). Uninsured and underinsured adults qualify for
317 funded vaccine. Most insurance plans accepted.
TB Testing: Available for an $18.00 fee.
Positive Links: Provides HIV and Hepatitis C testing
free of charge on a quarterly basis at the health
department. Call the number above and dial extension
“13” to set up an appointment time or to find out when
the next “Positive Links” quarterly tests will be given.

Living Well (The Solution Center)
1490 W. Main St. ............................... 812-849-6000
Mitchell, IN 47446
They offer in-home services such as attendant care,
homemaker, and respite.

National Kidney Foundation of IN ........ 800-382-9971
911 E. 86th Street, Suite 100
Indianapolis, IN 46240
Limited financial assistance for renal and transplant
patients, medical alert bracelets, and education.

Prevent Blindness Indiana .................. 800-331-2020
211 W. Wacker Dr., Ste 17
Chicago, IL  60606
Prevent Blindness matches eye care professionals
around the state with individuals who need and who
cannot afford eye care. You must be low-income and
uninsured to be eligible. Many eye care professionals
are able to donate eyewear or have other resources
available. Most eye care professionals will provide
follow-up care for those with more serious diseases or
disorders. At times, they may be able to find listings for
eligible clients for surgery. Visit online at:
www.preventblindness.org

Serenity Now .................................... 812-275-4053
2125 16th Street
Bedford, IN 47421
Serenity Now provides individual, couples, family,
and marriage counseling in a warm and welcoming
environment that is safe and comfortable for both
adults and children. They accept most insurance policies and is fully accessible.

**St. Vincent Dunn** ................................. 812-275-3331  
1600 23rd Street  
Bedford, IN 47421  
Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, and Women’s Services. Visit online at:  
www.stvincent.org

**St. Vincent Dunn Walk-In Clinic** ........... 812-276-1305  
2415B Mitchell Road  
Bedford, IN 47421  
They offer convenient hassle-free healthcare, when you need it, without an appointment. For non-life threatening illness or injury, trust the Walk-In Clinic for your urgent healthcare needs. No appointments are required! Visit online at: www.stvincent.org

**VA Medical Center—Richard L. Roudebush**  
1481 W. 10th Street------------------------- 888-878-6889  
Indianapolis, IN 46202---------------------- 317-554-0000  
**VA Medical Center—Rex Robley** ............. 800-376-8387  
800 Zorn Avenue----------------------------- 502-287-4000  
Louisville, KY 40206  
Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

**Williams Bros. Health Care Pharmacy**  
889 N. Gospel Street, Suite 2 ............... 800-487-3907  
Paoli, IN 47454------------------------------- 812-723-3907  
Services Include: Pharmacy, DME (Durable Medical Equipment), IV, RT (Respiratory Therapy), OTC (Over the Counter) Medication, and O2 (Oxygen). Visit online at: www.wbhcp.com

**Housing**

**Camelot Court** .................................. 812-849-2158  
1140 Camelot Court Avenue #17  
Mitchell, IN 47446  
Must be 62 years or older, handicapped, or disabled. Government subsidized. Allow pets.

**Clover Park Duplexes I and II**  
I—2605 Clove Lane ................................ 812-279-8404  
Bedford, IN 47421............................... 812-583-5838  
II—2608 Sanders Lane ............................ 812-279-8979  
Bedford, IN 47421............................... 812-583-5838  
Any age and pets welcome. Has laundry facilities. Rent based on income.

**Elm Park I and II**  
I—1202 Elm Park Drive.......................... 812-849-4855  
Mitchell, IN 47446  
II—1308 Elm Park Drive.......................... 812-849-6339  
Mitchell, IN 47446  
Complex welcomes all ages; one and two bedroom apartments available; onsite laundry. Rent based on income.

**Housing Authority of Bedford** ............... 812-279-2356  
**Hauck House**  
1305 K. Street  
Bedford, IN 47421  
Apartments for low-income senior citizens and disabled persons. Section 8 assistance for the elderly and low-income. They also have family facilities at Hamilton Courts—public housing.

**Hoosier Uplands Housing Counseling**  
500 W. Main Street......................... 800-827-2219  
Mitchell, IN 47446.............................. 812-849-4447  
Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Call to make an appointment. Visit online at: www.hoosieruplands.org

**Midtown Suites** ................................. 812-849-4639  
122 N. 6th Street  
Mitchell, IN 47446  
There are four one-bedroom apartments; very affordable to income eligible persons.

**Persimmon Park Apartments** .............. 812-849-4639  
406 Wade Street  
Mitchell, IN 47446  
There are 56 units with two bedroom apartments. They
have a common laundry facility. There are some subsidized apartments available for income eligible persons.

**Pioneer Creek Apartments** 812-849-1414
100 Pioneer Creek Lane
Mitchell, IN 47446
There are 28 units made up of 1, 2, and 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

**Rainbow Hills Apartments** 812-279-9677
2212 S. M Street
Bedford, IN 47421
For moderate income families and seniors; Section 8 housing certificates accepted. There are washer and dryer hookups in each apartment. NO pets allowed.

**Shawnee Apartments** 812-275-8314
100 Shawnee Lane
Bedford, IN 47421
There are 56 units made up of 1, 2, or 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

**Stalker Apartments** 812-277-8562
1429 8th Street
Bedford, IN 47421
There are 17 two bedroom apartments and 1 one bedroom apartment. It is multi-family housing. Income restricted housing; no subsidy assistance. Facility is locked 24/7. Please call to check availability, to make an appointment, or to take a tour.

**Stonecutter Apartments** 812-275-5205
1030 16th Street
Bedford, IN 47421
Senior housing for age 55 and up. There are 30 units with one or two bedroom apartments with several amenities. Income restrictions apply. Please call to check availability, to make an appointment, or to take a tour.

**USDA Rural Development** 812-346-3411
2600 Hwy. 7 N. Ext. 4
North Vernon, IN 47265
USDA Rural Development provides loans and grants to eligible rural homeowners to improve or modernize their homes, to make them safer and more sanitary, or to remove health and safety hazards. Visit online at: [www.rurdev.usda.gov](http://www.rurdev.usda.gov)

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**LEGAL SERVICES**

**Hoosier Uplands Area XV Agency on Aging**
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457
Our “Legal Referral Program” provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding. This program does have a waitlist.

**Indiana Legal Services** 800-822-4774
214 S. College Avenue 812-339-7668
Bloomington, IN 47404
Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, and more. Free services are available to low-income persons who are at or below 200% of the poverty guidelines.

**Office of the Indiana Attorney General**
Indiana Government Center South 317-232-6201
302 W. Washington Street, 5th Floor
Indianapolis, IN 46204
The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:
- **ID Theft Unit** 800-382-5516
- **Medicaid Fraud Control Unit** 800-382-1039
- **Patient Abuse & Neglect Program** 800-382-1039
- **Victim Assistance Division** 800-258-0993
For other areas of information, call the Attorney General’s Office or visit online at: [www.in.gov/attorneygeneral](http://www.in.gov/attorneygeneral)

**OLDER ADULT**

**Adult Protective Services** Hotline 800-992-6978
806 Martinsburg Road, Suite 202 812-883-5988
Salem, IN 47167
This organization investigates reports of persons age 18 years and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of
their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Duke Energy ................................................. 800-521-2232
P.O. Box 1326 ............ Electric Trouble 800-343-3525
Charlotte, NC 28201

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging
521 W. Main Street ......................... 800-333-2451
Mitchell, IN 47446 ..................... 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation
Case Management Assistance—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; Legal Services—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; Options Counseling—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. Special Events—Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

IU Health Bedford Hospital............. 812-275-1200
2900 W. 16th Street ............... Volunteers 812-277-3818
Bedford, IN 47421

Volunteers are an integral part at IU Health Bedford Hospital. It is not necessary for you to have worked in a hospital or volunteered in a healthcare setting before. You need only a passion to serve others, and a commitment to helping IU Health Bedford Hospital make each and every guest visit exceptional.

Older Americans Services Corp........... 812-865-3352
P.O. Box 206
1901 S. Orleans Way
Orleans, IN 47452

Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; and sightseeing trips for senior citizens.

**SENIOR CENTERS**

**Bedford Senior Citizens Center** .......... 812-279-5473
2205 Washington Avenue
Bedford, IN 47421

**Mitchell Senior Citizens Center** .......... 812-849-2024
101 Tom Green Boulevard
Mitchell, IN 47446

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

**Southern Indiana Center for Independent Living-Ombudsman Services (The Solution Center)**
1490 W. Main St. .......................... 800-845-6914
Mitchell, IN 47446 ........................ 812-277-9626

Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They give in-service training to the nursing home staff regarding patients’ rights.

**St. Vincent Dunn Hospital Auxiliary**
**Auxiliary/Volunteer Office** ......... 812-276-1268
1600 23rd Street
Bedford, IN 47421

The St. Vincent Dunn Hospital Auxiliary is composed of men and women whose tireless efforts enrich the lives of our patients and contribute funds to the hospital for any special projects. All interested persons are urged to join the Auxiliary. Visit online at: www.dunn.stvincent.org

**Veterans Service Office** .......... 812-275-6411
916 15th Street, Room 8
Bedford, IN 47421

Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

**RECREATIONAL/CULTURAL**

**Bedford Parks Department** ........... 812-275-5692
Thornton Park
1625 Q Street
Bedford, IN 47421

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails, and recreational facilities.
while working in cooperation with other service providers in the community in order to maximize all available resources. Visit online at: www.bedford.in.us or www.otisparkgolf.com

**Bedford Public Library**…………………812-275-4471
1323 K Street
Bedford, IN 47421
Summer Reading Program; spring and fall story hour for children; Winter Reading Program; computers; videos; educational and recreational software; reference service; and a diverse collection of printed materials including books, large print materials, magazines, newspapers, and books on tape and CD.

**Little Theater of Bedford**…………………812-279-3009
1704 S Brian Lane Way
Bedford, IN 47421
Community theatre using all volunteers. Call for a listing of upcoming shows.

**Mitchell Public Library**…………………812-849-2412
804 Main Street
Mitchell, IN 47446
They offer a range of activities and services which are designed to meet the information and learning needs of patrons and to facilitate enjoyment of library resources.

**Spring Mill State Park**…………………812-849-3534
3333 Highway 60E…………………Inn 812-849-4508
Mitchell, IN 47446
Spring Mill is filled with endless opportunities for recreation! The pioneer village is a delight as you travel through time to the early 1800’s. Located in Spring Mill State Park, the Spring Mill Inn provides a “country atmosphere” with modern day accommodations.

**The Opera House**…………………812-849-4447
217 N. 7th Street
Mitchell, IN 47446
The Opera House was placed on the National Registrar of historic places in 1981. The venue was restored in 2015 and reopened once again. Call for a listing of upcoming shows or visit online at: www.mitchelloperahouse.com.

**American Cancer Society**…………………800-227-2345
5250 Vogel Rd…………………………812-475-9486
Evansville, IN 47715
The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

**American Red Cross**…………………866-599-9951
405 I Street, Room 121 ……………………812-275-5162
Bedford, IN 47421
Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health/safety classes, including CPR and first aid. Visit online at: www.redcross/in/bedford.org

**Bloomington Meadows Hospital**……..800-972-4410
3600 N. Prow Road……………………812-331-8000
Bloomington, IN 47404
Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children ages 6-12 years, adolescents ages 13-18 years, and adults on an inpatient and outpatient basis. Intensive outpatient services are available for adolescents. Dual diagnosis programs are available with medically supervised detoxification for adults and adolescents with a secondary chemical dependency diagnosis. For more information, visit online: www.bloomingtonmeadows.com

**Bureau of Developmental Disabilities Services (BDDS)**
1452 Vaxter Street ……………………877-218-3529
Clarksville, IN 47129……………………812-283-1040
The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities. Services provided include: Caregiver Supports, Developmental Disability (DD) Eligibility, Group Homes, Objective Based Allocations, and Home and Community Based Medicaid Waivers (Family Support Waiver and Community Integration Habilitation Waiver). Visit online at: www.in.gov/fssa/ddrs/2639.htm

**Centerstone**…………………**Crisis Line** 800-832-5442
1315 Hillcrest Road ……………………812-329-4950
Bedford, IN 47421
Offers consultation, counseling, and therapy services; case management; life skills; substance abuse

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**Aging & Disability Resource Center** ... 800-333-2451
…………………………………………812-849-4457
For a support group not listed in this resource guide, call Hoosier Uplands for help in locating the support group you need—in or near your home town.
programs; and 24-hour crisis services for children, adolescents, and adults.

**Hoosier Uplands/Area 15 Agency on Aging**
521 W. Main Street ........................................ 800-333-2451
Mitchell, IN 47446 ........................................... 812-849-4457

**Aging and Disability Services**—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation

**Case Management Assistance**—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. **Special Events**—Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

**Hoosier Uplands Budget Counseling**
500 W. Main Street ........................................ 800-827-2219
Mitchell, IN 47446 ........................................... 812-849-4447
The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. We will work with you to develop a spending plan. This service is free to any interested individual. Call for an appointment. Visit online at: www.hoosieruplands.org

**Hoosier Uplands Hospice**.................................. 800-827-2219
500 W. Main Street ........................................ 812-849-4447
Mitchell, IN 47446
Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

**Hoosier Uplands Mortgage Default Counseling**
500 W. Main Street ........................................ 800-827-2219
Mitchell, IN 47446 ........................................... 812-849-4447
Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

**Hoosier Uplands/The Angel Foundation**
521 W. Main Street ........................................ 800-333-2451
Mitchell, IN 47446 ........................................... 812-849-4457
The mission of The Angel Foundation is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. It’s commitment is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online: www.hoosieruplands.org

**Stone Belt of Lawrence County (LARC)**
712 Stars Boulevard........................................ 812-279-3229
Bedford, IN 47421
Day programs, evaluation, counseling, training, sheltered workshops, community work for developmentally disabled adults, and semi-independent living programs.

**Lifedesigns** .................................................. 812-332-9615
200 E. Winslow Road
Bloomington, IN 47401
It is our mission to partner with people with disabilities and their communities to bring about self-directed and fulfilled lives. Lifedesigns provides holistic services to assist individuals achieve their desired lifestyle, including housing, rewarding employment, fulfilling relationships, and active citizenship in the community throughout Southern Indiana. The services include: community living, community integration, host family services, respite services, job development, job supports, and job-site training.

**TRANSPORTATION**

**Indiana Department of Veterans Affairs**
Veterans Transportation........................................ 317-988-2472
1481 W. 10th Street (Stan Richardson) 812-275-6411
Indianapolis, IN 46202
Through the Transportation Network, DAV volunteers
drive sick and disabled veterans to and from VA medical facilities for treatment.

**Lawrence County Cancer Patient Services**  
1203 M Street ........................................ 812-275-1295  
Bedford, IN 47421 .............................. 812-278-0139  
They provide transportation to physician appointments or to radiation and chemotherapy treatments. Visit online at: [www.lawrencecountycancerpatientservices.org](http://www.lawrencecountycancerpatientservices.org)

**Mitchell City Bus** ............................ 812-849-2151  
Calls for transportation are taken by the Mitchell Police Department at the number above. Hours are 7:30 a.m. to 3:30 pm. Wheelchair equipped and demand response system within the city limits of Mitchell.

**Older Americans Services Corporation**  
P.O. Box 206 ........................................ 812-865-3352  
Orleans, IN 47452  
Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift van available to transport disabled seniors and Medicaid authorized handicapped individuals. Accepts Medicaid, private pay or contract funding.

**Orange County Transit Services** ........ 888-826-2920  
986 W. Hospital Road .......................... 812-723-4043  
Paoli, IN 47454  
Medicaid Transportation is provided in Orange County and the contiguous counties to doctor’s appointments. They will also accept cash or check. Non-medical transportation is also available for private pay. The transit office phone line is open Monday-Friday; 5:00 a.m. to 5:00 p.m. If you call after hours, you may leave a message. Please call at least 24-hours in advance to schedule your trip. If you cannot call a day ahead, they will make every effort to accommodate your need.

**Rural Transit** ................................. 812-876-1079  
Area 10 Agency on Aging ........................ (TTY) 800-743-3333  
631 W Edgewood Drive  
Elletsville, IN 47429  
Provides accessible transportation for everyone at a nominal fee ($3.00) each time they get on the bus. Has door-to-door service and wheelchair lift. They are a Medicaid transportation provider ($1.00 round trip).

**TASC (Bedford City Bus)** .............. 812-275-1633  
1619 K Street  
Bedford, IN 47421  
“Personal Service” bus service within the Bedford City Limits. Call dispatch Monday through Friday from 8:00 a.m. to 4:00 p.m. to schedule a ride or to request a wheelchair equipped bus to pick you up.