This resource guide was developed for the benefit of all:

**Washington County Residents**

We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.
INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services
800-333-2451 or 812-849-4457
Main Office
100 W. Main Street
Mitchell, IN 47446
800-827-2219
812-849-4447

Salem Office
902 S. Aspen Drive
Salem, IN 47167
800-487-8890
812-883-5368

Aging & Community Services Offices
521 W. Main Street
Mitchell, IN 47446
800-333-2451
812-849-4457

Washington County Chamber of Commerce
201 E. Market Street, Suite 104
Salem, IN 47167
800-827-2219
800-487-8890
812-849-4447
812-883-5368

Children’s Special Health Care Services
Indiana State Department of Health
2 N. Meridian Street, Suite 5C
Indianapolis, IN 46204
800-475-1355
317-233-1351

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe/chronic medical conditions and who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition.

Family Ark
800-838-3008
101 Noah’s Lane
Jeffersonville, IN 47130
812-282-8479

Services include youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, behavioral health services, and support groups for victims of sexual abuse.

First Steps of Southern Indiana
800-941-2450
Blue River Services, Inc.
P.O. Box 547
Corydon, IN 47112
812-988-4900

This program is for children, ages birth to three years, who are experiencing developmental delays and/or have a diagnosed condition that has a high probability of resulting in developmental delay. Some of the many services offered by First Steps are Audiology, Developmental Therapy, Speech Therapy, Physical Therapy, and Occupational Therapy.

Happy Hollow Children’s Camp
3049 Happy Hollow Road
Nashville, IN 47448
812-988-4900

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the State of Indiana.

Hoosier Healthwise Helpline
800-889-9949

Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.
The vision of the program is to assist children in school is in session serving 35 in grades K through 6. Operates from after school until 5:45 p.m. every day. West Washington Elementary School…..812-849-4447

Hoosier Uplands Head Start………………812-883-5368
902 S. Aspen Drive………………800-487-8890
Salem, IN 47167

Early Head Start offers child development services to pregnant mothers and families with infants and young children birth to age three. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Head Start is a family centered child development program for three and four year olds. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child’s first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Salem Center offers half day classes. Families must meet income eligibility requirements.

River Valley Resources, Inc.—Region 5b—Agent
Child Care Voucher Program………………866-652-7027
800 E. 8th Street…………………………812-949-4381
New Albany, IN 47150
To help with the cost of child care for those working and who meet guidelines for assistance, please call the intake agent at the number listed above.

21st Century Community Learning Centers After School Program………………800-827-2219
West Washington Elementary School…..812-849-4447
Operates from after school until 5:45 p.m. every day that school is in session serving 35 in grades K through 6. The vision of the program is to assist children in achieving their potential through academic and social skills. No cost to parents. 21st Century Community Learning Centers grant funded. Limited transportation.

Washington County WIC Program…..812-883-1394
504 Reid Avenue
Salem, IN 47167
Provides nutritional counseling and food vouchers for pregnant mothers and families with children age newborn to age five. Eligibility based on income guidelines.

CRISIS SERVICES

Adult Protective Services……. Hotline 800-992-6978
806 Martinsburg Road, Suite 202 …………812-883-5988
Salem, IN 47167
This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

American Red Cross………………………..800-850-8894
1805 E. 8th Street………………………..812-283-8416
Jeffersonville, IN 47130
Provides notification to active duty military personnel of death, serious illness, or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.clarkredcross.org

Federal Emergency Management Agency
Disaster Assistance……………………………..800-621-3362
Washington County………………………….812-883-7523
This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above about application information.

Hoosier Hills PACT ……..Crisis Line 888-883-1959
35 Public Square ……..812-883-1959
Salem, IN 47167
Domestic violence crisis telephone lines 24-hours a day/7 days a week. Provide programs that encourage offenders to take responsibility for their actions,
involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. They have advocates available to assist victims of domestic violence. Hoosier Hills PACT in Salem offers a domestic violence shelter with hospital/legal advocacy and support groups.

**Indiana Department of Child Services (DCS)**
Region 18—Washington County ..........812-883-4305
711 Anson Street, Suite 103......(Hotline)800-800-5556
Salem, IN 47167
The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. Visit online at: www.in.gov dcs

**LifeSpring Mental Health Service**
1321 Jackson Street..........*Crisis Line* 800-456-2117
Salem, IN 47167..........................812-883-3095
LifeSpring provides a comprehensive array of mental health services: education, prevention, information, assessment, intervention, and treatment. Their goal is to provide the least restrictive, most supportive services, appropriate to each participant’s needs.

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**EMERGENCY**........................................911

St. Vincent Salem Hospital ..........812-883-5881
Ambulance ................................812-883-2921
Pekin Town Marshall.................812-967-3271
Salem Police Department..........812-883-5100
Sheriff’s Department ..............812-883-5999

**SERENITY NOW**
Psychiatric & Counseling Services
2125 16th Street-Bedford, IN 47421
(812) 275-4053

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**EMPLOYMENT AND TRAINING**

**American Red Cross** ......................800-733-2767
404 E Main Street ......................812-265-3818
Madison, IN 47250
Disaster relief and community disaster education, health and safety services, armed forces emergency services, blood services, and community services (pet therapy) are provided by volunteers of the organization.

**National Able Network, Inc.** ...........317-396-7800
3737 N. Meridian Street, Suite 409
Indianapolis, IN 46208
Advocacy agency to provide employment and training opportunities for workers aged 55 and older. Able serves job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

**Salem Express (WorkOne)** ..............812-620-6780
911 N. Shelby Street
Salem, IN 47167
Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

**Washington County SOAR (Success & Opportunity At Reading) Adult and Family Literacy**
212 N. Main Street......................812-883-5600
Salem, IN 47167
They offer an adult literacy program. This program is FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring provided within a supportive environment. It gives adults a chance to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at: www.washingtoncountysoar.org

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**FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC.**

**Congregate Meal Sites:**

**Hardinsburg Senior Citizens Center** ..........812-472-9059
183 W. Cheshire Lane, Hardinsburg, IN 47125

**Pekin Senior Citizens Center** ...........812-967-4500
422 E. Poplar Street, Pekin, IN 47165

**Salem Senior Citizens Center** ..........812-883-4986
1705 N. Shelby Street, Salem, IN 47167
These senior citizens centers provide noon lunches to persons age 60 and over on a donation basis for the senior citizen and his or her spouse.
Dare to Care Food Bank .......................... 502-966-3821
5803 Fern Valley Road
Louisville, KY 40228
Their Mobile Pantry arrives every 3rd Saturday at the Washington County Fairgrounds in Salem at 10 a.m.
(They serve Washington and Orange county residents.)
Their Mobile Pantry also arrives the 1st Thursday of each month at the Haleysburg Nazarene Church, in Vallonia, Indiana at 2 p.m. (They serve Washington and Jackson county residents.) No phone call needed. Just show up at the site on distribution day.

God’s Place Ministries, Inc. .......................... 812-755-4449
8073 State Road 37S
Bedford, IN 47421
God’s Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday; 2 p.m. to 5 p.m. and Friday (closed Fridays in winter); 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture/appliances which are very inexpensive) is open Wednesday through Saturday (if weather is above 32 degrees) from 11 a.m. to 5 p.m. Donations accepted.

Hoosier Uplands Energy Assistance Program
902 S. Aspen Drive .......................... 800-487-8890
Salem, IN 47167 .......................... 812-883-5368
Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident’s income must meet at or below the Office of Management and Budget Poverty Guidelines.

Older Americans Services Corporation
1901 S. Orleans Way .......................... 800-258-8786
PO Box 206 .......................... 812-865-3352
Orleans, IN 47452
Home delivered meals provided to senior citizens aged 60 and over through Hoosier Uplands case management or private pay. Noon meals are available at the senior centers.

Partnership for Prescription Assistance 888-477-2669
The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free. They will help you find the program that’s right for you—FREE OF CHARGE. Remember, you will never be asked for money by a PPA Call Center representative, or on the website. Visit online at: www.pparx.org

Salvation Army .......................... 812-944-1018
2300 Green Valley Road
New Albany, IN 47150
The Salvation Army meets the humanitarian needs of people in need, guiding them to physical, mental, and spiritual betterment. Social Service programs provide emergency financial assistance such as rent/mortgage assistance, utilities (water/heat), food, clothing, transportation, and other basic and unique needs to families or individuals in crisis.

Washington Co. Division of Family Resources
1101 Jim Day Road, Suite 109 .......................... 800-403-0864
Salem, IN 47167
Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary services provided—State Programs: Room and Board Assistance, Children’s Special Healthcare Need Services, and the Qualified Medicare Beneficiaries (QMB) for Medicare Part B. Can apply at the number listed above or online at: www.in.gov/fssa

Washington County Food Bank, Inc.
102 E. Poplar Street .......................... 812-883-2655
Salem, IN 47167
Provides a 3-4 day supply of food only one time each month. Must meet their income guidelines.

TOWNSHIP TRUSTEES

Brown .......................... 812-755-4167
Franklin .......................... 812-883-4746
Gibson .......................... 812-752-3635
Howard .......................... 812-755-4438
Jackson .......................... 812-404-6184
Jefferson .......................... 812-883-6786
Madison .......................... 812-755-4989
Monroe .......................... 812-883-6432
Pierce .......................... 812-967-4190
Polk .......................... 812-967-4036
Posey .......................... 812-472-3563
Vernon .......................... 812-755-4655
Washington .......................... 812-883-1315
When monetary funds are available, they will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.
HANDICAPPED SERVICES

ADA—Indiana .................................................. 800-825-4733
1905 N Range Road .............................. 812-855-6508
Bloomington, IN 47408
The mission of the ADA-Indiana is to serve as a
statewide resource for promoting the implementation
of the Americans with Disabilities Act in Indiana.

Blue River Services, Inc. ....................... 812-738-3198
405 N. Capitol Avenue
Corydon, IN 47112
Provides a full range of developmental instruction for
children and adults with vocation, job placement, and
sheltered employment, as well as supervised group
living and alternative families for adults. In-home
services are also available.

Bosma Enterprises .......................... 866-602-6762
8020 Zionsville Road ................. 317-684-0600
Indianapolis, IN 46268
Bosma Enterprises is dedicated to empowering people
who are blind or visually impaired by creating
opportunities that lead to the achievement of each
individual’s employment, economic, social, and
self-determination goals. They also provide in-home
training services and equipment.

Children’s Special Health Care Services
Indiana State Department of Health ........ 800-475-1355
2 N. Meridian Street, Suite 5C .......... 317-233-1351
Indianapolis, IN 46204
CSHCS provides supplemental medical coverage to help
Indiana families of children age birth to 21 years who
have severe/chronic medical conditions and who meet
the program’s financial and medical criteria, pay for
treatment related to their child’s condition.

Division of Disability & Rehabilitative Services
P.O. Box 7083 .............................. 800-545-7763
402 W. Washington,
Indianapolis, IN 46207
The DDRS’s mission is to facilitate effective
partnerships which enhance the quality of life for the
people they serve in the communities and pursuits of
their choice. Programs: Deaf and Hard of Hearing
Services, Blind and Visually Impaired Services, Bureau
of Child Development Disabilities Services, Bureau of
Rehabilitative Services, Bureau of Quality Improvement
Services, Disability Determination Bureau, and First
Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Institute on Disability and Community
1905 N. Range Road .......................... 800-825-4733
Bloomington, IN 47408 .......................... 812-855-6508
Information and referral, as well as training and tech-
nical assistance on a wide variety of disability issues.

Indiana Protection and Advocacy Services
4701 N. Keystone, Suite 222 ............. 800-622-4845
Indianapolis, IN 46200 ............. 317-722-5555 .Press 0
IPAS is a congressionally mandated, legally based
disability rights agency. Their mission is to defend
the human, legal, and civil rights of people with disabilities.

Indiana Resource Center for Autism ….. 800-825-4733
1905 N. Range Road
Bloomington, IN 47408
Provides information, training, and consultations for
communities, organizations, and families across the
autism spectrum.

Southern Indiana Center for Independent Living
(The Solution Center)
1494 W. Main Street ...................... 800-845-6914
Mitchell, IN 47446 .................. 812-277-9626
SICIL works with all significant types of disabilities,
and all ages. They also offer information and referral,
independent living skills, peer counseling, and advocacy
(ombudsman) with no fee. They promote a variety of
outreach activities and promote programs regarding
education, recreation, transportation, and housing for
those with disabilities.

Stephensons Disability Services ........ 800-642-1339
204 Pearl Street, Suite 200 ......... 812-945-2770
New Albany, IN 47150
As a private company, they offer representation to
persons who are filing and/or appealing claims to
receive disability benefits and supplemental security
income payments through Social Security.

Talking Book and Braille Library ........ 800-622-4970
140 N. Senate Avenue .............. 317-232-3684
Indianapolis, IN 46204
The TBBL provides digital audio books, large print
books, and books in Braille to Indiana residents who
are unable to read regular print because of a visual or a
physical disability.

Vocational Rehabilitation Services ...... 877-847-9896
511 E. 4th Street, Suite 200 ........... 812-683-2183
Huntingburg, IN 47542
Designed to increase employability of physically
and mentally handicapped adults through counseling,
medical service prosthetic devices, education, vocational training, and more.

**Williams Bros. Health Care Pharmacy**  
889 N. Gospel Street .......................... 800-487-3907  
Paoli, IN 47454 .............................. 812-723-3907  
Services Include: Pharmacy, DME (Durable Medical Equipment), IV, RT (Respiratory Therapy), OTC (Over the Counter Medication), and O2 (oxygen).  
Visit online at: [www.wbhcp.com](http://www.wbhcp.com)

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**HEALTH SERVICES**

**American Cancer Society** ............ *Helpline* 800-227-2345  
6301 Old Boonville Highway, Suite B .... 800-543-5245  
Evansville, IN 47715 .......................... 812-475-9244  
American Cancer Society is a nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: [www.cancer.org](http://www.cancer.org)

**American Heart Association** .......... 800-242-8721  
Education material, films, community service programs, and cookbooks. Visit online: [www.heart.org](http://www.heart.org)

**American Lung Association of Indiana**......*Helpline* 815 W. Washington Street, Ste 1180S... 800-586-4872  
Indianapolis, IN 46204 .......................... 317-819-1181  
Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: [www.lungin.org](http://www.lungin.org)

**Bridgepointe Services Children’s Academy**  
1329 Applegate Lane .......................... 800-660-3355  
Clarksville, IN 47129 .......................... 812-207-2312  
They provide pediatric therapy services for anyone under 18 years of age. Pediatric therapy includes: physical therapy, occupational therapy, speech therapy, and psychological services. They have an Autism and Special Needs Resource Center for parents, caregivers, and professionals.

**C.A.R.E. Pregnancy Help Center** ...... 812-883-2675  
607 W. Market Street  
Salem, IN 47167  
Provides free pregnancy testing, abstinence counseling, and have various items available pertaining to pregnant women and infants such as maternity and baby clothes, breast-feeding pumps, and linens. Call the number above to see if formula and diapers are available.

**Epilepsy Foundation Indiana** ............ 317-876-0600  
3901 W. 86th Street, Suite 380 ........... 800-526-6618  
Indianapolis, IN 46268  
The Epilepsy Foundation of Indiana will ensure that people with seizures are able to participate in all life experiences and will prevent, control, and cure epilepsy through services, education, advocacy, and research.

**EyeCare America** ...................... *Helpline* 877-887-6327  
Foundation of American Academy of Ophthalmology  
P.O. Box 42909  
San Francisco, CA 94142  
Their public service programs provide eye care services to the medically underserved low-income U.S. citizens and legal residents within the Continental U.S who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. NOTE: These programs do not pay for eyeglasses, hospitalizations, or surgeries. Visit online at: [www.eyecareamerica.org](http://www.eyecareamerica.org)

**Healthy Indiana Plan** ..................... 877-438-4479  
HIP is an affordable health insurance program for uninsured adult Hoosiers between the ages of 19-64. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: [www.HIP.in.gov](http://www.HIP.in.gov)

**Hoosier Uplands Home Health Care** .... 800-827-2219  
500 W. Main Street .......................... 812-849-4447  
Mitchell, IN 47446  
Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons in need of care in their home under the direction of licensed professional personnel. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)
Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aids help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval.

A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Indiana State Department of Health
2 N. Meridian Street .......................... 317-233-1325
Indianapolis, IN 46204
ISDH supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health .................. 317-233-7685
Office of Women’s Health ................. 317-233-9156
Environmental Public Health Dept. ..... 317-233-7811
For all other areas of information, call the number listed above or visit online at: www.state.in.us/isdh

IU Health Paoli Hospital ..................... 800-999-4420
642 W. Hospital Road ...................... 812-723-2811
Paoli, IN 47454
Specializing in rural community-based services, they provide the following: Ambulance Service, Community Health, Cancer/Rehabilitation/Surgical Services, Emergency Services, Primary Care, Visiting Specialist Services, and Women/Children’s Services. Visit online at: www.iuhealthpaoli.org

Limbs for Life Foundation ............... 888-235-5462
9604 N. May Avenue ..................... 405-843-5174
Oklahoma City, OK 73104
A non-profit organization that provides prosthetic limbs for amputees who can’t afford them in the U.S. Must meet their eligibility requirements.

National Kidney Foundation of IN ...... 800-382-9971
911 E. 86th Street, Suite 100 ............. 317-722-5640
Indianapolis, IN 46240
Limited financial aid for renal and transplant patients, medical alert bracelets, and education.

Prevent Blindness Indiana ............... 800-232-2551
211 W Wacker Drive, Suite 17 .......... 317-815-7943
Chicago, IL 60606
The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear or other resources. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. May be able to find resources for surgery. Visit online at: www.pbeye.org

Living Well (The Solution Center)
1490 W. Main Street ....................... 877-849-6001
Mitchell, IN 47446 ....................... 812-849-6000
They offer in-home services such as attendant care, homemaker, and respite.

Serenity Now ................................. 812-275-4053
2125 16th Street
Bedford, IN 47421
Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

St. Vincent Salem Hospital ............. 812-883-5881
911 N. Shelby Street
Salem, IN 47167
Through the support and commitment from physicians and medical staff, St. Vincent Salem Hospital provides a wide range of healthcare services to the local community. They also have a variety of primary care specialists and physicians to serve the care of the community. Visit online at: www.stvincent.org

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street ....................... 888-878-6889
Indianapolis, IN 46202 .................. 317-554-0000

VA Medical Center—Rex Robley ...... 800-376-8387
800 Zorn Avenue ......................... 502-287-4000
Louisville, KY 40206
Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.
Washington Co. Tobacco Prevention and Cessation Coalition (Hoosier Hills PACT)........812-883-3318
Tobacco Quitline.............................800-QUIT-NOW
35 N. Public Square
Salem, IN 47167
Broad-based community program offering tobacco prevention/cessation services including community education, Indiana Tobacco Quitline, and tobacco-free policy development/special events.

Washington County Health Department
806 Martinsburg, Suite 100..................812-883-2349
Salem, IN 47167
Public health nursing includes childhood immunizations, TB testing, communicable disease follow-up, child health information, and adult travel vaccinations. They also provides tobacco cessation services by appointment only.

Housing

Aspen Meadows.............................812-896-1543
1017 Aspen Drive
Salem, IN 47167
All ages welcome; Section 8 housing available.
Apartments are energy efficient.

Hoosier Uplands Housing Counseling .800-827-2219
500 W. Main Street .........................812-849-4447
Mitchell, IN 47446
Counseling provides free information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency.
Section 8 program helps low-income families acquire and pay for rental housing. Landlord Lists are also available. Visit online at: www.hoosieruplands.org

Maple Leaf Apartments....................812-883-1569
804 W. Market Street
Salem, IN 47167
Must be 18 years or older, handicapped, or disabled.
Accepts Section 8 vouchers.

New Horizon Apartments..................812-883-3306
905 Aspen Drive, Suite 105
Salem, IN 47167
All ages welcome. Section 8 housing is available.
Apartments are energy efficient.

Parkview Apartments.......................812-883-1633
817 Parkview Drive
Salem, IN 47167
Some subsidizing available, plus Section 8 housing vouchers. Any age welcome; offers 1 and 2 bedroom apartments. One handicapped accessible unit available.

Sycamore Hills..............................812-883-1458
505 Florence Street
Salem, IN 47167
Must be 18 years or older, handicapped, or disabled.
Section 8 housing vouchers accepted. Apartments are energy efficient.

Taylor Apartments.........................812-755-4010
133 W. State Road 60
Campbellsburg, IN 47108
All ages welcome. Section 8 housing is available.
Apartments are energy efficient.

USDA Rural Development..................812-346-3411
2600 N. Highway 7
North Vernon, IN 47265
Home Improvement Loans and Grants: enable very low-income rural homeowners to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Housing Preservation Grants: help very low-income homeowners repair and rehabilitate their homes. For more information on other grants and loans that are available, call or visit online at: www.rurdev.usda.gov

Legal Services

Hoosier Uplands Area XV Agency on Aging
521 W. Main Street..........................800-333-2451
Mitchell, IN 47446..........................812-849-4457
Our “Legal Referral Program” provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding.

Indiana Legal Services......................800-892-2776
3303 Plaza Drive, Suite 5...............812-945-4123
New Albany, IN 47150
Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, consumer law, bankruptcy, etc. Free services are
available to low-income persons who are at or below 200% of the poverty guidelines.

Office of the Indiana Attorney General
Indiana Government Center South.......... 317-232-6201
302 W. Washington Street
Indianapolis, IN 46204
The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:
ID Theft Unit ............................... 800-382-5516
Medicaid Fraud Control Unit .......... 800-382-1039
Patient Abuse & Neglect Program ...... 800-382-1039
Victim Assistance Division ............. 800-258-0993
For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services ....... Hotline 800-992-6978
806 Martinsburg Road, Suite 202...... 812-883-5988
Salem, IN 47167
This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Duke Energy .................................................. 800-521-2232
P.O. Box 1326 .................. Electric Trouble 800-343-3525
Charlotte, NC 28201
Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging
521 W. Main Street ...................... 800-333-2451
Mitchell, IN 47446 .................. 812-849-4457
Aging and Disability Services—Aging and Disability Resource Center (ADRC) State Health Insurance Program (SHIP), and The Angel Foundation; Case Management Assistance—Long Term Support Options Counseling, In-Home Services; Legal Services—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; Special Events—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Indiana Medicare Quality Improvement Organization
5700 Lumbardo Drive, Ste. 100 ............ 812-234-1499
Seven Hills, Ohio 44131
They provide general Medicare and hospital care information and take quality of care complaints.

Older Americans Services Corp.......... 812-865-3352
P.O. Box 206, 1901 S. Orleans Way
Orleans, IN 47452
Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; periodic travel; and sightseeing trips for senior citizens.

SENIOR CENTERS

Hardinsburg Senior Citizens Center
183 W. Cheshire Lane ..................... 812-472-9059
Hardinsburg, IN 47125

Pekin Senior Citizens Center
422 E. Poplar Street ...................... 812-967-4500
Pekin, IN 47165

Salem Senior Citizens Center .......... 812-883-4986
1705 N. Shelby Street
Salem, IN 47167
The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living
Ombudsman Services (The Solution Center)
1494 W Main Street ...................... 800-845-6914
Mitchell, IN 47446 .................. 812-277-9626
Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients’ rights.

Washington County SOAR (Success and Opportunity at Reading) Adult and Family Literacy
212 N Main Street ...................... 812-883-5600
Salem, IN 47167
They are offering an adult literacy program. This program is FREE to adults who have not acquired basic
reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at: www.washingtoncountysoar.org

Veterans Affairs Office .................. 812-883-2063
99 Public Square, Suite #2
Salem, IN 47167
Provides information about and assistance with pensions, compensation, education, VA forms, and Information regarding hospitals and nursing home for veterans and their spouses.

SUPPORT SERVICES

Aging and Disability Resource Center
Information and Referral .................. 800-333-2451
Hoosier Uplands .................................. 812-849-4457
512 W. Main Street
Mitchell, IN 47446
For a support group not listed in this resource guide, call Hoosier Uplands I&R for help in locating the support group you need—in or near your home town.

American Cancer Society .. Helpline 800-227-2345
5250 Vogel Road .......................... 812-475-9486
Evansville, IN 47715
The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Red Cross .................. 800-733-2767
404 E Main Street .......................... 812-265-3818
Madison, IN 47250
Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid.

Bureau of Developmental Disabilities Services (BDDS) 877-218-3529
Clarksville, IN 47129 .................. 812-283-1040
The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities. Visit online at: www.in.gov/fssa/ddrs/2639.htm

CancerCare .................. 800-813-4673
275 Seventh Avenue, 22nd Floor .......................... 212-712-8400
New York, NY 10001
Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: www.cancercare.org
Hoosier Uplands Area 15 Agency on Aging
521 W. Main Street .............................. 800-333-2451
Mitchell, IN 47446 .............................. 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation

Case Management Assistance—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; Legal Services—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; Options Counseling—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. Special Events—Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Hoosier Uplands Budget Counseling
500 W. Main Street .............................. 800-827-2219
Mitchell, IN 47446 .............................. 812-849-4447
The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. They will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice ........................ 800-827-2219
500 W. Main Street .............................. 812-849-4447
Mitchell, IN 47446
Provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling
500 W. Main Street .............................. 800-827-2219
Mitchell, IN 47446 .............................. 812-849-4447
Hoosier Uplands Housing Counseling provides information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Services are free. Call for appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation
521 W. Main Street .............................. 800-333-2451
Mitchell, IN 47446 .............................. 812-849-4457
The mission of The Angel Foundation is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of The Angel Foundation is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Serenity Now .............................. 812-275-4053
2125 16th Street
Bedford, IN 47421

Psychiatric and Counseling Services.
Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street .............................. 888-878-6889
Indianapolis, IN 46202 .............................. 317-554-0000

VA Medical Center—Rex Robley .............................. 800-376-8387
800 Zorn Avenue .............................. 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

When you meet a Veteran, thank them for serving our country.
TRANSPORTATION

Baker Transportation DBA P&I Medical Transport
407 N Main Street…………………………………812-883-4307
Salem, IN 47167.................................877-883-4307
Accepts Medicaid/Private Insurance for Medical
Transportation, Ambulatory, Cash Cab, and Workers
Comp Insurance Transportation. Call for availability.

Indiana Department of Veterans Affairs
1481 W. 10th Street, Room A-1174….317-988-2472
Indianapolis, IN 46202
Through the Transportation Network, DAV volunteers
drive sick and disabled veterans to and from VA
medical facilities for treatment.

Older Americans Services Corporation
P.O. Box 206-1901 S. Orleans Way .......812-865-3352
Orleans, IN 47452
Provides transportation to seniors age 60 and over
for medical trips and shopping. Wheelchair lift van
available to transport disabled seniors and Medicaid
authorized handicapped individuals. Accepts Medicaid,
private pay, or contract funding.

Orange County Transit Services ……888-826-2920
986 W. Hospital Road…………………………812-723-4043
Paoli, IN 47452
Medicaid transportation is provided for appointments
in Orange and surrounding counties. Payments through
Medicaid, cash or check are accepted. The transit office
phone line is open Monday through Friday 5:00 a.m. to
5:00 p.m. If you call after hours, you may leave a
message. Please call at least 24 hours in advance to
schedule your trip. If you cannot call a day ahead, they
will make every effort to accommodate your need.

Southern Indiana Transit System ………866-738-1681
3141 Progress Boulevard…………………812-738-1681
Corydon, IN 47112
Southern Indiana Transit System (SITS) will provide
safe, effective, and reliable transportation for all
residents within our service area. SITS will prioritize
its services for people with disabilities, medical needs,
elderly, low-income, and others facing transportation
barriers, as well as the general public. Fares are based
on your destination. Destinations outside the “service
area” will be charged a higher fare. Please call in
advance to find out what your fare will be. Fares will
be collected prior to departure. Must have exact
change or check made out to Blue River Services, Inc.

SPECIAL INTEREST
TOLL-FREE PHONE NUMBERS

Acute Care Complaint Hotline …………………800-227-6334
Alzheimer’s Association …………………….800-272-3900
Alcoholics Anonymous Hotline ……………800-729-6686
American Association of
Retired Persons.................................888-687-2277
American Heart Association ………………800-229-1503
American Cancer Society Helpline ………800-227-2345
American Diabetes Association ………….800-342-2383
Centers for Disease Control Info Line……..800-232-4636
Childhelp National Child Abuse Hotline…..800-422-4453
Consumer Protection Division ……………800-382-5516
Disability Determination Bureau …………800-622-4968
Eldercare Locator (nationwide) ………….800-677-1116
Family & Social Services Administration…800-403-0864
Federal Information Center …………………800-688-9889
Habitat for Humanity International …………800-422-4828
Healthy Indiana Plan ………………………877-438-4479
Indiana Department of Veterans Affairs…..800-400-4520
Indiana Family Helpline…………………..800-433-0746
Indiana Poison Center ……………………..800-222-1222
Indiana Resource Center for Autism ………800-825-4733
Medicare………………………………………800-633-4227
National Center for Missing or
Exploited Children ……………………..800-843-5678
National Kidney Foundation of Indiana…800-382-9971
National Runaway Switchboard …………..800-621-4000
Office of the Long Term Care
Ombudsman………………………………800-622-4484
Social Security Administration ……………800-772-1213
State of Indiana
Adult Protective Services ………………….800-992-6978
State of Indiana
Government Information …………………800-457-8283
U.S. Department of Veterans Affairs
Regional Office ………………………………800-827-1000
U.S. Veteran’s Administration Medical Centers
Richard L. Roudebush …………………888-878-6889
Indianapolis, IN 46202
Rex Robley …………………800-376-8387
Louisville, KY 40206