## I'm Dreaming of a Safe Christmas

BY: Melissa Jeremiah, RN

## **Director of Hoosier Uplands Home Health and Hospice**

I'm dreaming of a safe Christmas, when onto families homes we go.

Where the speed limit's obeyed, and passing zones are heeded, and road conditions are considered.

I'm dreaming of a safe Christmas, with every loved one that I see.

Where seat belts are always worn and children are securely fastened in their car seats.

I'm dreaming of a safe Christmas, when onto friends houses we go.

Where no one drinks and drives, even if it means taking keys and driving someone home yourself.

Give yourself plenty of time when traveling and may all your Christmas's be safe!

Anyone who would like to make a suggestion on a safety and/or health related article they would like to read in 2004 may contact me via e-mail at jeremiah@hoosieruplands.org or by sending a letter to: Melissa Jeremiah, RN

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