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## HOOSIER UPLANDS EMPLOYEE NEWSLETTER





#### Mission Statement

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.

## **988 Suicide Prevention Hotline**

The Suicide Prevention Lifeline's new three-digit dialing code will go live nationwide on July 16. People experiencing a mental health crisis will be able to call 988 and connect to counselors with the National Suicide Prevention Lifeline network.

Advocates believe that designating a three-digit telephone number will transform access to mental health care. The three-digit number is easy to remember, which should make it faster for Americans dealing with a mental health crisis to receive life-saving support.

The National Suicide Prevention Lifeline network consists of more than 200 crisis centers nationwide. Veterans experiencing distress or a mental health crisis will now be able connect to the Veterans Crisis Line by dialing 988 then pressing 1. This will provide veterans with fast and easy access to veteran-specific mental health support.

According to the Department of Veterans Affairs 2021 National Veteran Suicide Prevention Annual Report, nearly 46,000 Americans — including over 6,000 veterans — died by suicide in 2019. The American Legion supported the legislation designating 988 as the universal telephone number of the national suicide prevention and mental health crisis hotline system through Resolution No. 377: Support for Veteran Quality of Life.

The current suicide prevention lifeline phone number (1-800-273-8255) will remain available after the launch of 988.

# BECOME AN AHEC SCHOLAR

The AHEC Scholars program prepares students to more effectively enter the health professions workforce. AHEC Scholars is designed for applicants who have a strong interest in providing care to those living in rural and medically underserved communities across Indiana. Through online learning units and community-based experiences, you'll gain a deeper understanding of core issues impacting the health of rural and urban communities.



Scan the QR code to Apply Today! Or for more information visit: indianaahec.org

#### Eligible Applicants...

- must be in the final two years of an accredited health professions program.
- must be available to participate for two years.
- must be willing and able to travel for some programming within their region.
- must be willing to participate in 40 hours of online learning and 40 hours of teambased community experiences per year (for 2 years).

Application Deadline: September 18, 2022 Program Dates: October 2022 - May 2024 Stipend: \$1500 Total (\$750/year)

ahecsch@iupui.edu



### Did you know that the average smoker spends about \$4,292 per year on tobacco products? Ready to quit? Go to quitnowindiana.com for FREE nicotine patches, gum and other great resources!



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Please pass along to those you feel may want to join our award winning team at Hoosier Uplands Home Health Care and Hospice; as a:

Full-Time or Part-Time Registered Nurse/RN Full-Time or Part-Time Licensed Practical Nurse/LPN Part-Time Physical Therapist/PT and Physical Therapy Assistant/PTA Full-Time or Part-Time Certified Nursing Assistant/CNA

They may contact Mary Crowder mcrowder@hoosieruplands.org or Mandi Dersch mdersch@hoosieruplands.org or give them a call at 812-849-4447 to schedule an interview; or if they have questions regarding the positions.

Applications are also accepted apply online at: www.hoosieruplands.org/ViewPage.aspx?PID=68



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# EMPLOYEE ASSISTANCE PROGRAM

The employee assistance program is now open to all employees. Employees may request assistance to pay for any health, dental, or mental health co-pay or bill balance that is in employee's name.

### How to request assistance:

Please contact Emily Webb for an Employee Assistance Form, and submit form and a copy of bill to Emily. On a monthly basis, the Health and Wellness committee will review all requests using an anonymous system.

> Contact: ewebb@hoosieruplands.org

- Bedford Rotary Club is taking orders for MUMs. They will be \$12 a piece, but they are decent size MUMs & brightly colored.
- Pick-up date is September 12th, from 12-2pm at Thornton Park in Bedford & payment is due to Kaylee Smith by September 1st! Her email is ksmith@hoosieruplands.org or you can drop payment off at her office (admin 420).
- If you would like to order, you can email Kaylee of what color you would like and how many!

MEMBER NAME: PHONE: ORDERS & PAYMENTS DUE: S CHECKS PAYABLE TO: Bedford PICK UP DATE: September 12, 2	Rotary Club	FUNDRAISING WERS Rotary () Containing Rotary () Con								
PICK UP LOCATION: Thornton	Park Pavilion		9" ORANGE	9" PINKIPUF	9" YELLOW	9' RED GAR	9" WHITE G			
			9" ORANGE/BRONZE GARDEN MUMS	9" PINKIPURPLE GARDEN MUMS	YELLOW GARDEN MUMS	RED GARDEN MUNIS	9" WHITE GARDEN MUMS	\$12 EACH		
CONTACT NAME	EMAIL	PHONE						TOTAL PLANTS	ΤΟΤΑ	TOTAL COST