

COMMUNITY RESOURCE GUIDE

FOR WASHINGTON COUNTY



For further information on services listed or other services not listed, please call:

**Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL**

**(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org**



This resource guide was developed for the benefit of all:

Washington County Residents

We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

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The AgrAbility program serves farm families affected by disability through education and assistance. This free program is funded by the USDA. It’s about HOPE.

Contact: Hoosier Uplands 500 W Main St., Mitchell, IN 47446
Phone: (800) 827-2219 or (812) 849-4447
Website: www.agrability.org or www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP) is a free and unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. It is a non-profit organization designed to provide an unbiased place for seniors and pre-retirees to find answers to their health insurance questions. All of our services are free. Contact a SHIP Counselor at 800-333-2451 or contact the central office at 800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services

800-333-2451 or 812-849-4457

Main Office

500 W. Main Street
Mitchell, IN 47446
800-827-2219
812-849-4447

Salem Office

902 S. Aspen Drive
Salem, IN 47167
800-487-8890
812-883-5368

Aging & Community Services Offices

521 W. Main Street
Mitchell, IN 47446
800-333-2451
812-849-4457

Washington County Chamber of Commerce

201 E. Market Street, Suite 104812-883-4303
Salem, IN 47167

Provides tourism information, brochures, Chamber newsletter, industrial development information, small business services, and information about groups, organizations and businesses in Washington County.

Visit online at: www.washingtoncountychamber.org

CHILDREN'S SERVICES

S.I.E.O.C......800-755-8558

PO Box 240.....812-926-1585
Aurora, IN 47001

Information and referral; free parent and provider child care training; has contacts for Child Care and Development Fund (CCDF) voucher program which provides financial assistance for families who are working or enrolled in school; and provides licensing to providers.

Visit online at: www.sieoc.org

Children's Learning Center at

Goodwill of Southern Indiana, Inc.

1329 Applegate Lane.....800-660-3355
Clarksville, IN 47129.....812-283-7908

They are a child development center and preschool for children ages six weeks to five years. Through their collaboration with SIRH (Southern Indiana Rehabilitation Hospital), their services set them apart from other child care facilities, allowing them to help all children, challenged to gifted, to develop to their full potential. SIRH offers therapies in-house so you don't have to worry about taking your child to a separate facility during the workday. Visit online at:

www.goodwillbps.org

Children's Special Health Care Services

Indiana State Department of Health.....800-475-1355
2 N. Meridian Street, Suite 5C.....317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Family Ark.....800-838-3008

101 Noah's Lane812-282-8479
Jeffersonville, IN 47130

Services include youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, and support groups for victims of sexual abuse.

First Steps of Southern Indiana800-941-2450

Blue River Services, Inc.

P.O. Box 547

Corydon, IN 47112

This program is for children, ages birth to three years, who are experiencing developmental delays and/or have a diagnosed condition that has a high probability of resulting in developmental delay. Some of the many services offered by First Steps are Audiology, Developmental Therapy, Speech Therapy, and Physical Therapy.

Happy Hollow Children's Camp812-988-4900

3049 Happy Hollow Road

Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise Helpline800-889-9949

Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.

Hoosier Uplands Children's Services

Administrative Office..... 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Offers opportunities and support for growth and change by providing a safe, healthy, nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands Early Head Start 800-487-8890
902 S. Aspen Drive.....812-883-5368
Salem, IN 47167

Offers child development services to pregnant mothers and families with infants and young children, birth to age three. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support the strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

River Valley Resources, Inc.—Region 5b—Agent Child Care Voucher Program 866-652-7027
800 E. 8th Street..... 812-949-4381
New Albany, IN 47150

To help with the cost of child care for those working and who meet guidelines for assistance, please call the intake agent at the number listed above.

Salem Head Start Center 812-883-5368
902 S. Aspen Drive 800-481-8890
Salem, IN 47167

A family-centered child development program for three and four year olds. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Salem Center offers half day classes. Families must meet income eligibility requirements.

Salem 21st Century Community Learning Centers After School Program.....800-827-2219
West Washington Elementary School.....812-849-4447
Operates from after school until 5:45 p.m. every day that school is in session. The vision of the program is to assist children in achieving their potential through academic and social skills. No cost to parents. CLC grant funded. Limited transportation.

Washington County WIC Program.....812-883-1394
504 Reid Avenue
Salem, IN 47167

Provides nutritional counseling and food vouchers for pregnant mothers and families with children age newborn to age five. Eligibility based on income guidelines.

CRISIS SERVICES

Adult Protective Services..... *Hotline* 800-992-6978
806 Martinsburg Road, Suite 202812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 & over who cannot make informed decisions due to mental illness/retardation, dementia, or other physical/mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

American Red Cross800-850-8894
1805 E. 8th Street.....812-283-8416
Jeffersonville, IN 47130

Notification to active duty military personnel of death, serious illness, or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.hhredcross.org

Federal Emergency Management Agency Disaster Assistance..... 800-621-3362
Washington County 812-883-7523

Individuals and small business owners who suffer damages may be eligible for assistance from: FEMA, other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Hoosier Hills Pact.....*Crisis Line* 888-883-1959
205 E. Main Street, Suite 3812-883-1959
Salem, IN 47167

Domestic violence crisis telephone lines 24-hours a day, 7 days a week. They provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. They have advocates available to assist victims of domestic violence. Hoosier Hills Pact in Salem, Indiana, offers a domestic violence shelter with hospital/legal advocacy and support groups.

Indiana Department of Child Services (DCS)
 Region 18—Washington County 812-883-4305
 711 Anson Street, Suite 103
 Salem, IN 47167
 The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)
Child Abuse and Neglect Hotline..... 800-800-5556
All calls must go through the above number.
Do not call the local office or the police department to report child abuse or neglect.
Child Support Hotline 800-840-8757

LifeSpring Mental Health Service
 1321 Jackson Street **Crisis Line** 800-456-2117
 Salem, IN 47167 812-883-3095
 LifeSpring provides a comprehensive array of mental health services: education, prevention, information, assessment, intervention, and treatment. Their goal is to provide the least restrictive, most supportive services appropriate to each participant’s needs.

EMERGENCY 911
 St. Vincent Salem Hospital 812-883-5881
 Ambulance 812-883-6700
 Salem Police Department 812-883-5100
 Sheriff’s Department 812-883-5999

EMPLOYMENT AND TRAINING

American Red Cross 800-850-8894
 1805 E. 8th Street 812-283-8416
 Jeffersonville, IN 47130
 Disaster relief and community disaster education, health and safety services, armed forces emergency services, blood services, and community services (pet therapy) are provided by volunteers of the organization. Visit online at: www.clarkredcross.org

Experience Works 866-796-8550
 405 N. Capitol, Suite 206
 Corydon, IN 47112
 The **Regional Office** of Experience Works provides low-income seniors age 55 and over the training they need to find good jobs in their community.

National Able Network, Inc......317-396-7800
 3737 N. Meridian Street, Suite 404
 Indianapolis, IN 46208
 An advocacy agency to provide employment and training opportunities for workers aged 55 and older.

Salem Express (WorkOne).....812-883-2283
 1707 N. Shelby Street, Suite 116
 Salem, IN 47167
 Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

Washington County SOAR (Success & Opportunity At Reading) Adult and Family Literacy
 212 N. Main Street.....812-896-1515
 Salem, IN 47167
 They offer an adult literacy program. This program is FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring provided within a supportive environment. It gives adults a chance to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at:
www.washingtoncountysoar.org

**FOOD, CLOTHING, RENT,
 UTILITIES, HOUSEHOLD, ETC.**

Congregate Meal Sites:

Hardinsburg Senior Citizens Center
 183 W. Cheshire Lane.....812-472-9059
 Hardinsburg, IN 47125

Pekin Senior Citizens Center812-967-4500
 422 E. Poplar Street
 Pekin, IN 47165

Salem Senior Citizens Center
 1705 N. Shelby Street812-883-4986
 Salem, IN 47167
 These senior citizens centers provide noon lunches to persons age 60 and over on a donation basis for the senior citizen and his or her spouse. Meals are served at 11:30 A.M.

Dare to Care Food Bank.....502-966-3821
 5803 Fern Valley Road
 Louisville, KY 40228
 Their Mobile Pantry arrives every 3rd Saturday at Southway Villa Mobile Home Park, 1701 South State Road 135, in Salem, Indiana from 10 a.m. to 12 Noon. (They serve Washington and Orange county residents.) Their Mobile Food Pantry also arrives the 1st Friday of each month at the Halesburg Nazarene Church, in

Vallonia, Indiana from 4 p.m. to 6 p.m. (They serve Washington and Jackson county residents.) No phone call needed. Just show up at the site during distribution day.

God’s Place Ministries, Inc...... 812-755-4449
8073 State Road 37S
Bedford, IN 47421

God’s Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday 1 p.m. to 5 pm and Friday 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture and appliances which are very inexpensive) is open Monday, Wednesday, Friday, and Saturday from 1 p.m. to 5 p.m.

Hoosier Uplands Energy Assistance Program
902 S. Aspen Drive 800-487-8890
Salem, IN 47167..... 812-883-5368
Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident’s income must meet at or below the Office of Management and Budget Poverty Guidelines.

Older Americans Services Corporation
P.O. Box 206 –1901 S. Orleans Way 800-258-8786
Orleans, IN 47452 812-865-3352
Home delivered meals provided to senior citizens aged 60 and over through Hoosier Uplands case management or private pay.

Partnership for Prescription Assistance..888-477-2669
The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free. They will help you find the program that’s right for you—FREE OF CHARGE. Remember, you will never be asked for money by a PPA Call Center representative, or on the website. Visit online at: www.pparx.org

Salvation Army 812-944-1018
2300 Green Valley Road
New Albany, IN 47150
The Salvation Army meets the humanitarian needs of people in need, guiding them to physical , mental, and spiritual betterment. Social Service programs provide emergency financial assistance such as rent/mortgage assistance, utilities (water/heat), food, clothing, transportation, and other basic and unique needs to families or individuals in crisis.

Washington Co. Division of Family Resources
1101 Jim Day Road, Suite 109.....800-403-0864
Salem, IN 47167

Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary services provided—State Programs: Room and Board Assistance, Children’s Special Healthcare Need Services, and the QMB for Medicare Part B. Can apply at the number listed above or online at: www.in.gov/fssa

Washington County Food Bank, Inc.
102 E. Poplar Street.....812-883-2655
Salem, IN 47167

Provides a 3-4 day supply of food only one time each month. Must meet their income guidelines.

TOWNSHIP TRUSTEES

Brown	812-755-4027
Franklin.....	812-883-4746
Gibson.....	812-752-3635
Howard	812-472-3156
Jackson	812-967-3402
Jefferson	812-883-6786
Madison	812-755-4989
Monroe	812-883-6432
Pierce	812-967-2716
Polk.....	812-967-4036
Posey.....	812-472-3563
Vernon.....	812-755-4224
Washington.....	812-883-1315

HANDICAPPED SERVICES

ADA—Indiana.....800-825-4733
2853 E. Tenth Street812-855-6508
Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Blue River Services, Inc. 812-738-3198
405 N. Capitol Avenue
Corydon, IN 47112

Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Bosma Enterprises 866-602-6762
8020 Zionsville Road 317-684-0600
Indianapolis, IN 46268

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals. Also provides in-home training services and equipment.

Children's Special Health Care Services

Indiana State Department of Health 800-475-1355
2 N. Meridian Street, Suite 5C 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Division of Disability & Rehabilitative Services

P.O. Box 7083 800-545-7763
402 W. Washington,
Indianapolis, IN 46207

The DDRS's mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Child Development Disabilities Services, Bureau of Rehabilitative Services, Bureau of Quality Improvement Services, Disability Determination Bureau, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Institute on Disability and Community

1905 N. Range Road 800-825-4733
Bloomington, IN 47408 812-855-6508

Information and referral, as well as training and technical assistance on a wide variety of disability issues.

Indiana Protection and Advocacy Services

4701 N. Keystone, Suite 222 800-622-4845
Indianapolis, IN 4620 317-722-5555..Press 0
IPAS is a congressionally mandated, legally based

disability rights agency. Their mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Resource Center for Autism 800-825-4733

1905 N. Range Road
Bloomington, IN 47408

Provides information, training, and consultations for communities, organizations, and families across the autism spectrum.

Southern Indiana Center for Independent Living Main Office

1494 W. Main Street 800-845-6914
Mitchell, IN 47446 812-277-9626

SICIL works with all significant types of disabilities, and all ages. They also offer information and referral, independent living skills, peer counseling, and advocacy (ombudsman) with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation, and housing for those with disabilities.

Stephensons Disability Services 800-642-1339

204 Pearl Street, Suite 202 812-945-2770
New Albany, IN 47150

As a private company, they offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970

140 N. Senate Avenue 317-232-3684
Indianapolis, IN 46204

The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

Vocational Rehabilitation Services 877-847-9896

511 E. 4th Street, Suite 200
Huntingburg, IN 47542

Designed to increase employability of physically and mentally handicapped adults through counseling, medical service prosthetic devices, education, vocational training, and more.

Williams Bros. Health Care Pharmacy

889 N. Gospel Street 800-487-3907
Paoli, IN 47454 812-723-3907

Services Include: Pharmacy, DME (Durable Medical Equipment), IV, RT (Respiratory Therapy), OTC (Over the Counter Medication), and O2 (oxygen).

Visit online at: www.wbhcp.com

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345
 5250 Vogel Road 800-543-5245
 Evansville, IN 47715 812-475-9244
 The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Heart Association..... 812-229-1503
 Education material, films, community service programs, and cookbooks.

American Lung Association of Indiana.....*Helpline*
 115 W. Washington Street, Ste 1180S.... 800-586-4872
 Indianapolis, IN 46204.....317-819-1181
 Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Bridgepointe Services Children’s Academy
 1329 Applegate Lane..... 800-660-3355
 Clarksville, IN 47129 812-283-7908
 They provide pediatric therapy services for anyone under 18 years of age. Pediatric therapy includes: physical therapy, occupational therapy, speech therapy, and psychological services. They have an Autism and Special Needs Resource Center for parents, caregivers, and professionals.

C.A.R.E. Pregnancy Help Center 812-883-2675
 607 W. Market Street
 Salem, IN 47167
 Provides free pregnancy testing, abstinence counseling, and have various items available pertaining to pregnant women and infants such as maternity and baby clothes, breast-feeding pumps, and linens. Call the number above to see if formula and diapers are available.

Epilepsy Foundation Indiana 317-876-0606
 3901 W. 86th Street, Suite 380.....800-526-6618
 Indianapolis, IN 46278
 The Epilepsy Foundation of Indiana will ensure that people with seizures are able to participate in all life experiences and will prevent, control, and cure epilepsy through services, education, advocacy, and research.

EyeCare America *Helpline* 877-887-6327
 Foundation of American Academy of Ophthalmology
 P.O. Box 42909 San Francisco, CA 94142
 Their public service programs provide eye care services to the medically underserved low-income U.S. citizens and legal residents within the Continental U.S who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. NOTE: These programs do not pay for eyeglasses, hospitalizations, or surgeries. Visit online at: www.eyecareamerica.org

Healthy Indiana Plan877-438-4479
 HIP is an affordable health insurance program for uninsured adult Hoosiers between the ages of 19-64. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care....800-827-2219
 500 W. Main Street812-849-4447
 Mitchell, IN 47446

Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice.....800-827-2219
 500 W. Main Street812-849-4447
 Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Indiana State Department of Health

2 N. Meridian Street 317-233-1325
Indianapolis, IN 46204

The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health..... 317-233-7685

Office of Women’s Health 317-233-9156

Environmental Public Health Dept. 317-233-7177

For all other areas of information, call the number listed above or visit online at: **www.state.in.us/isdh**

IU Health Paoli Hospital..... 800-999-4420

642 W. Hospital Road 812-723-2811
Paoli, IN 47454

Specializing in rural community-based services, they provide the following: Ambulance Service, Cancer Services, Community Health, Emergency Services, Primary Care, Rehabilitation Services, Surgical Services, Visiting Specialist Services, and Women and Children’s Services. Visit online at:

www.iuhealthpaoli.org

Limbs for Life Foundation 888-235-5462

218 E Main Street..... 405-8605-5462
Oklahoma City, OK 73104

Limbs for Life Foundation is a non-profit organization that provides prosthetic limbs for amputees who can’t afford them in the United States. Must meet their eligibility requirements.

National Kidney Foundation of IN 800-382-9971

911 E. 86th Street, Suite 100..... 317-722-5640
Indianapolis, IN 46240

Limited financial aid for renal and transplant patients, medical alert bracelets, and education.

Prevent Blindness Indiana..... 800-331-2020

211 W Wacker Drive, Suite 17
Chicago, IL 60606

The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear, but have resources available just in case. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. At times, they may be able to find resources for eligible clients for surgery. Visit online at:

www.preventblindness.org

Living Well

1490 W. Main Street..... 877-849-6001
Mitchell, IN 47446 812-849-6000

They offer in-home services such as attendant care, homemaker, and respite.

St. Vincent Salem Hospital..... 812-883-5881

911 N. Shelby Street
Salem, IN 47167

Through the support and commitment from physicians and medical staff, St. Vincent Salem Hospital provides a wide range of healthcare services to the local community, They also have a variety of primary care specialists and physicians to serve the care of the community. Visit online at: **www.stvincent.org**

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-554-0000

VA Medical Center—Rex Robley 800-376-8387

800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

Washington County Tobacco Prevention and Cessation Coalition (Hoosier Hills PACT).... 812-883-3318

Tobacco Quitline 800-QUIT-NOW
205 E. Main Street, Suite 3

Salem, IN 47167

Broad-based community program offering tobacco prevention/cessation services including community education, Indiana Tobacco Quitline, and tobacco-free policy development/special events.

Washington County Health Department

806 Martinsburg, Suite 100 812-883-5603
Salem, IN 47167

Public health nursing includes childhood immunizations, TB testing ,communicable disease follow-up, child health information, and adult travel vaccinations. Also provides tobacco cessation services by appointment only.

HOUSING

Aspen Meadows 812-896-1543
1017 Aspen Drive
Salem, IN 47167

All ages welcome; Section 8 housing available. Apartments are energy efficient.

Hoosier Uplands Housing Counseling..800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Counseling provides free information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency. Section 8 program helps low-income families acquire and pay for rental housing. Landlord Lists are also available. Visit online at: www.hoosieruplands.org

Maple Leaf Apartments 812-883-1569
804 W. Market Street
Salem, IN 47167

Must be 18 years or older, handicapped, or disabled. Accepts Section 8 vouchers.

New Horizon Apartments 812-883-3306
905 Aspen Drive, Suite 105
Salem, IN 47167

All ages welcome. Section 8 housing is available. Apartments are energy efficient.

Parkview Apartments 812-883-1633
817 Parkview
Salem, IN 47167

Some subsidizing available, plus Section 8 housing vouchers. Any age welcome; offers 1 and 2 bedroom apartments. One handicap accessible unit available.

Sycamore Hills 812-883-1458
505 Florence Street
Salem, IN 47167

Must be 18 years or older, handicapped, or disabled. Section 8 housing vouchers accepted. Apartments are energy efficient.

Taylor Apartments 812-755-4010
133 W. State Road 60
Campbellsburg, IN 47108

All ages welcome. Section 8 housing is available. Apartments are energy efficient.

USDA Rural Development..... 812-346-3411
2600 N. Highway 7
North Vernon, IN 47265

Home Improvement Loans and Grants: enable very low-income rural homeowners to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Housing Preservation Grants: help very low-income homeowners repair and rehabilitate their homes. For more information on other grants and loans that are available, call or visit online at: www.rurdev.usda.gov

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging
521 W. Main Street..... 800-333-2451
Mitchell, IN 47446 812-849-4457

Our “Legal Referral Program” provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding.

Indiana Legal Services 800-892-2776
3303 Plaza Drive, Suite 5 812-945-4123
New Albany, IN 47150

Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, consumer law, bankruptcy, etc. Free services are available to low-income persons who are at or below 200% of the poverty guidelines.

Office of the Indiana Attorney General
Indiana Government Center South 317-232-6201
302 W. Washington Street

Indianapolis, IN 46204
The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our

Hoosier state. Some of the offices serving citizens are:
ID Theft Unit 800-382-5516

Medicaid Fraud Control Unit 800-382-1039

Patient Abuse & Neglect Program 800-382-1039

Victim Assistance Division 800-258-0993

For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services *Hotline* 800-992-6978
806 Martinsburg Road, Suite 202..... 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

Duke Energy 800-521-2232
P.O. Box 1326 *Electric Trouble* 800-343-3525
Charlotte, NC 28201

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Experience Works 866-796-8550
405 N Capitol Street, Suite 206
Corydon, IN 47112

The **Regional Office** of Experience Works provides low-income seniors age 55 and over the training they need to find good jobs in their community.

Hoosier Uplands/Area 15 Agency on Aging
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC) State Health Insurance Program (SHIP), and The Angel Foundation; **Case Management Assistance**—Long Term Support Options Counseling, In-Home Services; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Special Events**—Senior Games, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Indiana Medicare Quality Improvement Organization
Healthcare Excel..... 812-234-1499
2901 Ohio Boulevard, Suite 112
Terre Haute, IN 47803

They provide general Medicare and hospital care information and take quality of care complaints.

Older Americans Services Corp...... 800-258-8786
P.O. Box 206, 1901 S. Orleans Way 812-865-3352
Orleans, IN 47452

Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; periodic travel; and sightseeing trips for senior citizens.

SENIOR CENTERS

Hardinsburg Senior Citizens Center

183 W. Cheshire Lane 812-472-9059
Hardinsburg, IN 47125

Pekin Senior Citizens Center

422 E. Poplar Street 812-967-4500
Pekin, IN 47165

Salem Senior Citizens Center 812-883-4986
1705 N. Shelby Street
Salem, IN 47167

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living

1494 W Main Street..... 800-845-6914
Mitchell, IN 47446 812-277-9626
Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients' rights.

Washington County SOAR Adult and Family Literacy
212 N Main Street..... 812-896-1515
Salem, IN 47167

They are offering an adult literacy program in partnership with SOAR! This program is FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at: www.washingtoncountysoar.org

Veterans Affairs Office..... 812-883-2063
99 Public Square, Suite #2
Salem, IN 47167

Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Hoosier Uplands/Area 15 Senior Games

521 W. Main Street.....800-333-2451
Mitchell, IN 47446.....812-849-4457

Senior Games is an annual event held in September for individuals 50 and over. Competition includes bowling, card games, golf, horseshoe throw, and other activities with medals presented to 1st, 2nd and 3rd place. Entertainment is also provided on Senior Day held during the Mitchell Persimmon Festival.

Older Americans Services Corporation

P.O. Box 206.....800-258-8786
Orleans, IN 47452.....812-865-3352

Older Americans organizes sightseeing trips for senior citizens. Usually coordinated with the Senior Citizen Centers.

Salem-Washington Township Public Library

212 N Main Street.....812-883-5600
Salem, IN 47167

Offers patrons over 35,000 items, including print and audio books; DVS's and videos; music CDs; and more. They also offer public-use computers; varied and interesting programs for youth and adults; meeting rooms and one auditorium available for rent to community groups; monthly displays from local and regional artists; and an impressive permanent art collection.

Talking Book and Braille Library 800-622-4970

140 N. Senate Avenue.....317-232-3684
Indianapolis, IN 46204

The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

Washington County Extension Service

806 Martinsburg Road, Suite 104.....812-883-4601
Salem, IN 47167

4-H provides learning experiences and develops talents, skills, and leadership abilities. Educational Information Program provides information for agriculture and community development planning and issues. Homemakers Clubs provide a variety of educational and learning experiences for adults. They also have Consumer and Family Science Programs. Visit online at: www/extension.purdue.edu/washington

SUPPORT SERVICES

ADRC/Information & Referral800-333-2451

Hoosier Uplands.....812-849-4457
512 W. Main Street

Mitchell, IN 47446

For a support group not listed in this resource guide, call **Hoosier Uplands I&R** for help in locating the support group you need—in or near your home town.

American Cancer Society *Helpline* 800-227-2345

5250 Vogel Road812-475-9486
Evansville, IN 47715

The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at:

www.cancer.org

American Red Cross800-850-8894

1805 E. 8th Street.....812-283-8416
Jeffersonville, IN 47130

Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid. Visit online at: www.clarkredcross.org

Bureau of Developmental Disabilities Services (BDDS)

1452 Vaxter Street877-218-3529
Clarksville, IN 47129.....812-283-1040

The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities.

CancerCare.....800-813-4673

275 Seventh Avenue, 22nd Floor.....212-721-8085
New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at:

www.cancercare.org

Hoosier Uplands Area Agency on Aging & Community Services

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

ADRC Information and Referral—to provide resource information for any “need” and to assist walk-ins who need assistance with paperwork or an application process; **Case Management**—uses their professional skills and training to be client advocates and assist the elderly and disabled in a variety of ways. **Energy Assistance**—financial assistance for winter heating and summer cooling; **Homemaker Services**—to those unable to maintain their homes; **In-Home Services**—to prevent premature institutionalization; **Pre-Admission Screening**—to prevent inappropriate nursing home placement; **Respite Care**—to provide relief to an unpaid caregiver; **SHIP Counseling**—helps counsel the individuals’ options regarding Medicare, Medicaid, supplemental insurance, and prescription plans; and **Weatherization**—energy conservation measures provided in individual homes. Visit online at: www.hoosieruplands.org

Hoosier Uplands Budget Counseling

500 W. Main Street..... 800-827-2219
Mitchell, IN 47446 812-849-4447
The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. They will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice 800-827-2219
500 W. Main Street..... 812-849-4447
Mitchell, IN 47446

Provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling

500 W. Main Street..... 800-827-2219
Mitchell, IN 47446..... 812-849-4447

Hoosier Uplands Housing Counseling provides information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation

521 W. Main Street..... 800-333-2451
Mitchell, IN 47446..... 812-849-4457

The mission of **The Angel Foundation** is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of **The Angel Foundation** is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-554-0000

VA Medical Center—Rex Robley 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

TRANSPORTATION

Baker Transportation..... 877-883-4307
DBA: P&I Medical Transport..... 812-883-4307

2094 N. Cox Ferry Road
Salem, IN 47167
Accepts Medicaid/Private Insurance for Medical Transportation, Ambulatory, Cash Cab, and Workers Comp Insurance Transportation. Call for availability.

Department of Veterans Affairs.....317-988-2472
Veterans Transportation

1481 W. 10th Street, Room A-1174
Indianapolis, IN 46202
Through the Transportation Network, DAV volunteers

drive sick and disabled veterans to and from VA medical facilities for treatment.

Older Americans Services Corporation

P.O. Box 206-1901 S. Orleans Way 800-258-8786
 Orleans, IN 47452..... 812-865-3352

Provides transportation to seniors age 60 and over for medical trips and shopping. Wheelchair lift vans available to transport disabled seniors and Medicaid authorized handicapped individuals. Accepts Medicaid, private pay, or contract funding.

Orange County Transit Services 888-826-2920

986 W. Hospital Road..... 812-723-4043
 Paoli, IN 47454

Transportation pick up is provided in Orange County appointments in Orange and surrounding counties. Payments through Medicaid, cash or check are accepted. The transit office phone line is open Monday through Friday 8:00 a.m. to 4:00 p.m. If you call after-hours, you may leave a message. Please call at least 48 hours in advance to schedule your trip. If you cannot call a day ahead, they will make every effort to accommodate your need.

Southern Indiana Transit System 866-738-1681

3141 Progress Boulevard 812-738-1681
 Corydon, IN 47112

Southern Indiana Transit System (SITS) will provide safe, effective, and reliable transportation for all residents within our service area. SITS will prioritize its services for people with disabilities, medical needs, elderly, low-income, and others facing transportation barriers, as well as the general public. Fares are based on your destination. Destinations outside the “service area” will be charged a higher fare. Please call in advance to find out what your fare will be. Fares will be collected prior to departure. Must have exact change or check made out to Blue River Services, Inc.

**SPECIAL INTEREST
 TOLL-FREE PHONE NUMBERS**

- Acute Care Complaint Hotline 800-227-6334
- Alzheimer’s Association 800-272-3900
- Alcoholics Anonymous Hotline 800-729-6686
- American Association of
 Retired Persons 888-687-2277
- American Heart Association 800-229-1503
- American Cancer Society Helpline 800-227-2345
- American Diabetes Association..... 800-342-2383
- Centers for Disease Control Info Line..... 800-232-4636
- Childhelp National Child Abuse Hotline 800-422-4453
- Consumer Protection Division..... 800-382-5516
- Disability Determination Bureau 800-622-4968
- Eldercare Locator (nationwide) 800-677-1116
- Family & Social Services Administration.... 800-403-0864
- Federal Information Center 800-688-9889
- Habitat for Humanity International 800-422-4828
- Healthy Indiana Plan 877-438-4479
- Indiana Department of Veterans Affairs 800-400-4520
- Indiana Family Helpline..... 800-433-0746
- Indiana Poison Center 800-222-1222
- Indiana Resource Center for Autism 800-825-4733
- Medicare..... 800-633-4227
- National Center for Missing or
 Exploited Children 800-843-5678
- National Kidney Foundation of Indiana..... 800-382-9971
- National Runaway Switchboard..... 800-621-4000
- Office of the Long Term Care
 Ombudsman..... 800-622-4484
- Social Security Administration..... 800-772-1213
- State of Indiana
 Adult Protective Services..... 800-992-6978
- State of Indiana
 Government Information 800-457-8283
- U.S. Department of Veterans Affairs
 Regional Office..... 800-827-1000
- U.S. Veteran’s Administration Medical Centers
 Richard L. Roudebush 888-878-6889
 Indianapolis, IN 46202
- Rex Robley** 800-376-8387
 Louisville, KY 40206

SERENITY NOW
Psychiatric & Counseling Services
2125 16th Street-Bedford, IN 47421
(812) 275-4053
 A division of Hoosier Uplands Economic Development Corporation



521 West Main Street
Mitchell, IN 47446