Reflective Supervision Worksheet

Reflective Supervision builds trust through cooperative problem solving. It should occur on a regular schedule. Staff should be respectful & confidential as they look, listen and learn from one another.

**Reflective Questions:**

1. What are you passionate about/what is motivating you?

2. What is working well?

3. What frustrates you or is challenging?
   - a. What is your ideal outcome for this situation?
   - b. What needs to happen for this to occur?
   - c. Where did you start with this issue?
   - d. Where are you now?

4. What have you learned from this situation?

5. When would you like to meet next?