

September PACT Home Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>String pasta on yarn to make a bracelet. Count the pasta or use different shapes and talk about patterns.</p> <p>Physical & Mathematics Obj. 7,21,23</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Make a backyard obstacle course with your child to teach your child coordination.</p> <p>Physical & Mathematics Obj. 6,21</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Get a magazine and cut out all the <u>blue</u> things that you can find. Help your child locate other things that are blue around the house.</p> <p>Physical & Science Obj.7,26</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Always offer a food your child will eat at meals along with a new food.</p> <p>Social Studies Obj. 30, HSPPS Nutrition</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Sing a familiar song with your child. As you sing, march and clap your hands in time to the music.</p> <p>Physical & The Arts Obj. 4,5,34</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>
<p>With household objects, talk about big and small. You can use things like spoons, or canned goods.</p> <p>Language & Mathematics Obj.10,22</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Roll play-dough into “logs”. Help your child form letters with the logs.</p> <p>Physical & Literacy Obj. 7,16</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Play “<i>Go Fish</i>” with your child.</p> <p>Language & Mathematics Obj. 8,20</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>See how many body parts your child can identify.</p> <p>Science & Social Studies Obj. 25,29</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Keep snacks two hours before meals so your child will be hungry.</p> <p>Social Studies Obj. 30, HSPPS Health</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>
<p>Look for shadows in your yard. Measure the length of the shadows. Talk about how shadows are made.</p> <p>Mathematics & Science Obj.22,27</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Have your child find 5 objects around the house that begin with the first letter of their first name.</p> <p>Physical, Language & Mathematics Obj.6,16,20</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Teach your child a nursery rhyme, such as “<i>Hickory Dickory Dock</i>” or “<i>Little Miss Muffet</i>”. Repeat until your child is able to say it without help.</p> <p>Language & Literacy Obj.8,15</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Make sandwiches and cut them into shapes. Talk about the shapes.</p> <p>Language & Mathematics Obj. 7,21</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Look for things that go “up” and “down”.</p> <p>Mathematics Obj. 21</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>
<p>Practice throwing balls into a laundry basket.</p> <p>Physical Obj. 6</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Have your child “read” a book to you.</p> <p>Language & Literacy Obj. 9,17,18</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Lie in the grass with your child and do nothing but daydream. Talk about your dreams together.</p> <p>Language & Cognitive Obj. 9,10,14</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Blow bubbles and let your child try to catch them. Talk about the different sizes of bubbles.</p> <p>Science Obj. 21,24</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>	<p>Show your child the fun of being silly and using your imagination.</p> <p>Social-Emotional & Cognitive Obj. 1,3,11,12,14, HSPPS Mental Health</p> <p>minutes spent on activity <input type="checkbox"/>15 <input type="checkbox"/>30 <input type="checkbox"/>45 <input type="checkbox"/>60</p>