

HOOSIER UPLANDS HEALTH CARE DIVISION

500 West Main Street

Mitchell, IN 47446

JOB DESCRIPTION

JOB TITLE: Physical Therapist

JOB SUMMARY: The therapist will assess, implement and evaluate the client needs for restoring, promoting and maintaining the client's maximum level of physical activity in accordance with IC 25-27-1.

LOCATION: Entire Agency Service Area

DIVISION: Health Care

REPORTS TO: Therapy Services Supervisor

Required Qualifications:

1. B.S. degree in Physical Therapy
2. Valid Indiana Physical Therapist License
3. A minimum of one year of recent clinical experience in Physical Therapy preferred
4. Must provide dependable automobile, proof of valid drivers license, current auto insurance and drive in all types of weather

Abilities:

1. To interpret medical terminology regarding physical therapy and to communicate this to staff, the client and the client's family.
2. To develop and revise the plan of care in consultation with the physician and other care-team members, as often as the severity of the patient's condition requires, but at least every 2 months.
3. Must have considerable knowledge of principles and practices of restorative and rehabilitative medicine.
4. To work effectively with other disciplines of home health care.
5. To be flexible and function independently.
6. Maintain emotional stability and personal integrity.

Responsibilities:

1. Perform initial and ongoing assessments to determine level of functioning, including OASIS assessments at appropriate time points and when therapy is the only service required.
2. Identifies barriers to desired outcomes.
3. Goal setting.
4. Provide leadership in directing the physical therapy program.
5. Prepare clinical and progress notes.
6. Provide therapeutic treatments.
7. Under physicians orders treats the client with disabilities, disorders and injuries to relieve pain. Develop and restore function and maintain maximum performance.

8. Evaluation of equipment needs to increase functional level. Applies physical means such as

therapeutic exercises, massage, heat, hydrotherapy, light and electricity; applies diagnostic and

prognostic muscle and functional ability tests within the realm of the physical therapy program; directs and aids client in programs of active, passive and resistive exercises, muscle reeducation, ambulation, gait and functional training.

9. Arrange for services on an outpatient basis if they cannot be done in the home.
10. Teaches client/family. Directs client in care and use of wheelchairs, walkers, braces, canes, crutches, prosthetic and orthotic devices; give instruction in home exercises and treatment programs.
11. Evaluates the effectiveness and outcomes of care. Has an awareness of client response to treatment programs, indications and contraindications and consults with the referring physician and/or RN Team Leader about client response, as needed.
12. Assist the physician, chiropractor, podiatrist, dentist or optometrist in evaluating level of function.
13. Advise and consult with the family and other home health agency personnel. Be available for conferencing with RN Team Leader regarding treatment goals and discharge planning. Also be an active participant in planning for discharge.
14. Observes, records and makes reports to the physician of client reaction to therapy and of any changes in the client's condition in accordance with POC, home health policy and practice.
15. Coordinate services in consultation with home health staff. This shall include instruction and conference with Physical Therapist Assistant (PTA) regarding client concerns, progress and treatment plan.
16. Documented supervision of the PTA required every 15 visits but no more than 30 days, and/or when significant changes in client status, treatment goals occur.
17. Performs in HHA supervision every two weeks, with documentation per agency policy, when physical therapy is the only qualifying discipline providing care. The aide is not required to be present during this visit.
18. Delegates duties and tasks to other individuals as appropriate.
19. Provide thorough report of client status, treatment plans, goals and discharge planning prior to absence due to vacation, and/or scheduled meetings.
20. Maintain confidentiality of all client information.
21. Participates in inservice programs.
22. Additional duties as assigned by supervisor.

Physical Demands:

The physical demands as described on the ergonomics sheet are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

I have reviewed this job description and agree to accept this position as described:

SIGNATURE

DATE