

COMMUNITY RESOURCE GUIDE

FOR LAWRENCE COUNTY



For further information on services listed or other services not listed, please call:

Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL

(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org



This resource guide was developed for the benefit of all:

Lawrence County Residents

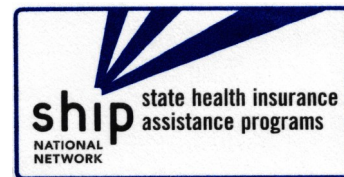
We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

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The AgrAbility program serves farm families affected by disability through education and assistance. This free program is funded by the USDA. It's about HOPE. For more information call 800-825-4274 or visit these websites below:
www.agrability.org **www.breakingnewground.info**



The State Health Insurance Assistance Program (SHIP) provides free, unbiased health insurance information for people with Medicare. SHIP provides tools and information to help you make decisions regarding your health care. It is a non-profit organization designed to provide unbiased assistance for seniors and pre-retirees to find answers to their health insurance questions. All of the services are free. Contact a SHIP Counselor at Hoosier Uplands at 800-333-2451 or 812-849-4457 or call the State Health Insurance Assistance Program at 800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services

812-849-4457 or 1-800-333-2451

Main Office

500 W. Main Street
Mitchell, IN 47446
812-849-4447
800-827-2219

Bedford Office

710 6th Street
Bedford, IN 47421
812-279-0412 Outreach
812-275-0052 Head Start

Aging & Community Services Offices

521 W. Main Street
Mitchell, IN 47446
812-849-4457
800-333-2451

Bedford Chamber of Commerce

1116 16th Street812-275-4493
Bedford, IN 47421

Greater Mitchell Chamber of Commerce

533 W. Main Street, P.O. Box 216812-849-4441
Mitchell, IN 47446

The chambers provide city maps, brochures, small business services and information about groups, organizations and businesses in Lawrence County.

CHILDREN'S SERVICES

Children's Special Health Care Services

Indiana State Department of Health800-475-1355
2 N. Meridian Street, Suite 5C317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Community Health and Wellness/WIC

2415 Mitchell Road, Suite A812-279-6222
Bedford, IN 47421

Ascension St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, obstetrics/gynecology, pediatrics, lead screening, and Hoosier Healthwise enrollment. The WIC program provides mothers and children up to age 5 who qualify, nutritious foods, educational services and nutrition classes. Call the number above for more information or to schedule an appointment.

Happy Hollow Children's Camp812-988-4900

3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7 to 14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise Helpline800-889-9949

Hoosier Healthwise is a health care program for children up to age 19 and pregnant women. The program covers medical care such as doctor visits, prescription medicine, mental health care, dental care, hospitalizations, and surgeries at little or no cost to the member or the member's family. The Children's Health Insurance Program (CHIP) is for children up to age 19 whose families have slightly higher incomes. In CHIP, members are required to pay a low monthly premium for coverage as well as copays for certain services.

Hoosier Uplands Children's Services

Administrative Office800-827-2219
500 W. Main Street812-849-4447
Mitchell, IN 47446

Hoosier Uplands Children's Services offers opportunities and support for growth and change by providing a safe/healthy/nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands Before and Afterschool Programs

.....812-849-4447

1. **Before SAFER Program:** Morning child care 6:30 a.m. until regular school day begins. There is a \$5.00 registration fee and costs \$4.00 per day.
2. **21st Century Community Learning Centers Program:** 21st Century Community Learning Centers Afterschool Program at **Burris and Hatfield Elementary** serves many students. The program operates from after school until 5:45 p.m. every day that school is in session. The vision of the program is to assist children in achieving their potential through academic and social skills. The 21st CCLC grant funds 100% of the program. There is no cost for parents. Limited transportation is provided.

Hoosier Uplands Early Head Start

500 W. Main Street800-827-2219
Mitchell, IN 47446812-849-4447

Early Head Start offers child development services to pregnant mothers and families with infants and young children ages birth to three years. The home-based

program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Hoosier Uplands Head Start

Bedford Center 812-275-0052
710 6th Street
Bedford, IN 47421

Mitchell Center 812-849-4448
1240 Orchard Street
Mitchell, IN 47446

Head Start is a family centered child development program for three and four year old's. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. Families must meet income eligibility requirements.

on an inpatient and outpatient basis. Our programs for children and adolescents use a variety of elements to provide a well-rounded treatment plan. Our acute inpatient program uses expressive therapies, as well as, medication management and education. We also offer both inpatient and outpatient services for adults that focus on a number of mental health and substance addiction diagnoses. For more information, visit online: www.bloomingtonmeadows.com

Centerstone **Crisis Line** 800-832-5442
1315 Hillcrest Road.....812-329-4950
Bedford, IN 47421

Offers consultation, counseling, and therapy services; case management; life skills; substance abuse programs; and *24-hour crisis services* for children, adolescents, and adults.

Hoosier Hills Pact..... **Crisis Line** 888-883-1959
1324 K Street, Suite 25A812-279-4099
Bedford, IN 47421

PACT, Inc. Victim Services Programs provides assistance and support to victims of intimate partner violence, sexual assault, and other violent crimes. Services may include crisis intervention, safety planning, information on legal rights and proceedings, assistance with filing Orders of Protection, and case management. Shelter services are also available by calling our 24-hour crisis line.



Indiana Department of Child Services (DCS)
Region 13—Lawrence County..... 812-277-2044
918 16th Street, Suite 100
Bedford, IN 47421

The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption, and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)
Child Abuse and Neglect Hotline **800-800-5556**
All calls must go through the above number.
Do not call the local office or the police department to report child abuse or neglect.
Child Support Hotline **800-840-8757**

CRISIS SERVICES

Adult Protective Services **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202..... 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

American Red Cross 812-332-7292
Southeast Chapter
1600 W. 3rd Street
Bloomington, IN 47404

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives.

Bloomington Meadows Hospital 800-972-4410
3600 N. Prow Road 812-331-8000
Bloomington, IN 47404

Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children and adolescents, ages 6 to 17,

Lawrence Co. Emergency Management Agency
1 County Complex Road 812-277-9680
Bedford, IN 47421

This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Middle Way House *Crisis Line* 812-336-0846
P.O. Box 95 812-333-7404
Bloomington, IN 47402

Middle Way House provides empowering services such as emergency shelter; a 24-hour help and crisis line; on-scene advocacy; support services; and transitional and permanent housing solutions to support survivors of domestic violence, sexual assault, and human trafficking. Middle Way House also touches the lives of community members through its education and prevention programs.

Serenity Now 812-275-4053
2125 16th Street
Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. We provide the following services: Individual and Group Therapy; Family Therapy; Substance Abuse Treatment; Smoking Cessation; Therapeutic Services available from the age of 3 and up; Psychiatric Medication Management available from the age of 12 and up; and Treatment focusing on the concerns of the LGBTQ community. We accept most insurance policies and is fully accessible.

Youth Services Bureau of Monroe County
615 S. Adams Street 812-349-2506
Bloomington, IN 47403

Emergency youth shelter; crisis intervention. We have youth and family counseling. The Binkley House Youth Services are open 24-hours a day; seven days a week.

Need Help—Call for Help!!

EMERGENCY **911**

Non-Emergency Calls—Please call:
Lawrence Co. Sheriff Department
812-275-3316

Hospitals:

IU Health Bedford Hospital 812-275-1200
2900 16th Street, Bedford, IN 47421
Ascension St. Vincent Dunn Hospital..... 812-275-3331
1600 23rd Street, Bedford, IN 47421

Police Departments:

Bedford 812-275-3311
Mitchell 812-275-3316

EMPLOYMENT AND TRAINING

American Red Cross 812-332-7292

Southeast Chapter

1600 W. 3rd Street
Bloomington, IN 47404
Classes offered: First Aid/CPR/AED; Lifeguarding and Swimming; Basic Life Support Training; Advanced/Pediatric Life Support Training; Babysitting and Child Care; Nurse Assistance/CNA Training and Testing; and many other classes are available. Visit online at: www.redcross.org/take-a-class

IU Health Bedford Hospital 812-275-1335

Events & Classes

2900 W. 16th Street
Bedford, IN 47421
Throughout the year IU Health offers classes and workshops for those interested in some form of health education. For a complete list of upcoming classes or workshops, visit online at: www.iuhealth.org

Mitchell Library—GED Classes 812-890-4337

804 W. Main Street 812-849-2412
Mitchell, IN 47446

Free instruction in basic skills and preparation for TASC (GED) for adults. For a TASC test, a person must be age 17 or older. Call the number above for class hours and more information about obtaining your TASC.

National Able Network, Inc. 317-396-7800

3737 N. Meridian Street, Suite 404
Indianapolis, IN 46208
Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

WorkOne Bedford 812-279-4400
 2405 Mitchell Road
 Bedford, IN 47421
 WorkOne helps people find a new or better job, choose a career, find a good employee, access training, or get the information needed to succeed in today's ever-evolving workplace.

First Christian Church812-275-4497
 1101 15th Street
 Bedford, IN 47421
 Coats, hats, mittens, and gloves for children (infants through twelfth grade) and coats for adults. Call for appointment.

Hoosier Hills Food Bank.....812-334-8374
Families First Mobile Food Pantry
 Serves anyone in need of food, free of charge. Call Hoosier Hills Food Bank for location, date, and time of delivery.

Hoosier Uplands Energy Assistance Program
Residents with Mitchell Address800-333-2451
 521 W. Main Street812-849-4457
 Mitchell, IN 47446
Residents with Bedford Address812-279-0412
 710 6th Street
 Bedford, IN 47421

Financial assistance for heating in winter is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines. Visit online at: www.hoosieruplands.org

Lawrence Co. Division of Family Resources
 1212 I Street, Suite 3.....800-403-0864
 Bedford, IN 47421

The DFR is responsible for establishing eligibility for Medicaid, Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families benefits (TANF). The DFR also provides employment and training services to some SNAP and TANF recipients. Secondary services provided: Room and Board Assistance, Children's Special Healthcare Need Services, and the Qualified Medicare Beneficiary (QMB) which pays Part B of your Medicare. Visit online at: www.in.gov/fssa

**FOOD, CLOTHING, RENT,
 UTILITIES, HOUSEHOLD, ETC.**

Bedford Community Care Center 812-279-4014
 1018 J Street
 Bedford, IN 47421
 The phone number is affiliated with Crane's Leather Shop in Bedford. We provide a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs. We also have clothing available for anyone in need. Open on Tuesday and Thursday from 10 a.m. to 12 p.m.

Bread of Life Food Pantry 812-849-3857
 815 W. Main Street
 Mitchell, IN 47446
 The Mitchell Church of Christ Bread of Life Food Pantry is open to anyone in need of food who lives north of Mitchell to White River and to those south of Mitchell to Lost River. Hours: Monday—10 a.m. to 12 Noon; Tuesday—1 p.m. to 3 p.m. On the 2nd Tuesday of the month the food pantry is open from 6 p.m to 8 p.m. Produce and other items may be limited during these hours.

Congregate Meal Sites:
Bedford Senior Citizens Center..... 812-279-5473
 2205 Washington Avenue
 Bedford, IN 47421

Cambridge Square 1..... 812-530-1142
 1921 Plaza Drive
 Bedford, IN 47421

Cambridge Square 2..... 812-530-1142
 2020 Plaza Drive
 Bedford, IN 47421

Hauck House 812-279-2356
 1305 K Street
 Bedford, IN 47421

These congregate meal sites provide noon lunches to persons age 60 and over (on a donation basis) for the senior citizen and his or her spouse.



Lawrence Interfaith Endeavor (L.I.F.E.)

Bedford Location 812-279-4442

1204 I Street

Bedford, IN 47421

Hours: Monday, Wednesday, and Friday—10 a.m. to 11:30 a.m.; 1 p.m. to 3:30 p.m.

Mitchell Location 812-849-2111

122 N. 7th Street

Mitchell, IN 47446

Hours: Tuesday and Thursday—10 a.m. to 11:30 a.m.; 1 p.m. to 2:30 p.m.

We have a food pantry at both locations. Those north of White River must go to the Bedford location and those south of White River must go to the Mitchell Office. We provide financial assistance with rent, mortgage, and utilities to persons who meet our guidelines (can apply at either office for financial assistance). Those who need financial assistance must check with their township trustee first. We also maintain a furniture bank: beds, appliances, and other items.

Lions Club of Bedford

The Lions Club supports community organizations through donations, sponsorships, and volunteerism.

Sight Program..... 812-279-2519

We provide an eyeglass program for school children through VSP Sight for Students and an eyeglass program for adults through the IU School of Optometry Outreach Program. We also accept used eyeglasses for recycling.

Hearing Aides 812-275-3657

We provide a loaner hearing aide program in conjunction with the IU Medical Center and have discounted prices on hearing aides with a recommendation from the Lions Club.

Ramp Construction..... 812-279-2061

We have volunteers who will build ramps for the elderly and disabled. The cost of materials is the responsibility of the homeowner.

Older Americans Services Corporation

1901 S. Orleans Way, P.O. Box 206..... 812-865-3352
Orleans, IN 47452

Provides noon meals at congregate meal sites. Home delivered meals provided to senior citizens age 60 and over through Hoosier Uplands case management or private pay.

The Salvation Army 812-583-1231

2205 Washington Avenue

Bedford, IN 47421

We have the Red Kettle campaign and the Angel Tree at Christmas. We provide emergency assistance for rent, utilities, and lodging. We will still be providing

help with food, but will no longer be maintaining a food pantry. We provide help to those who have experienced a disaster—such as fire, flood or tornado. Must call to make an appointment. Hours: Monday, Tuesday, or Thursday; 10 a.m. to 2 p.m.

The Society of St. Vincent DePaul 812-279-8555

Emergency financial and clothing assistance available for Lawrence County residents. In cases of fire they will help with linens, clothing and dishes. They also provide financial assistance with utilities, rent and non-narcotic prescription medications. For financial assistance, you must check with your township trustee and with L.I.F.E. before calling for help. Hours: Monday-Thursday; 10 a.m. to 2 p.m.

St. Vincent DePaul Thrift Shop

920 17th Street

Bedford, IN 47421

Hours: Monday-Friday; 12 Noon to 4 p.m.

TOWNSHIP TRUSTEES

Bono.....	812-849-3832
Guthrie.....	812-675-3114
Indian Creek.....	812-276-3135
Marion.....	812-849-4254
Marshall.....	812-278-9357
Perry.....	812-279-4208
Pleasant Run.....	812-834-6813
Shawswick.....	812-275-2511
Spice Valley.....	812-388-7110

When monetary funds are available, your Township Trustee will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.

HANDICAPPED SERVICES

ADA-Indiana 812-855-6508

2810 E. Discovery Parkway

Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Bosma Enterprises 866-602-6762

6270 Corporate Parkway..... 317-684-0600
Indianapolis, IN 46278

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals.

Children’s Special Health Care Services

Indiana State Department of Health 800-475-1355
2 N. Meridian Street, Suite 5C 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition.

Division of Disability & Rehabilitative Services

P.O. Box 7083, MS26 800-545-7763
402 W. Washington Street, W453
Indianapolis, IN 46207

The DDRS’s mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Developmental Disabilities Services, Vocational Rehabilitation/Employment, Bureau of Quality Improvement Services, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation;

Case Management—As advocates, Case Managers monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, Title III, or Family Caregiver Respite. Visit online at: www.hoosieruplands.org

Indiana Institute on Disabilities 812-855-6508

2810 E. Discovery Parkway
Bloomington, IN 47408

We provide information and referral, as well as training and technical assistance, on a wide variety of disability issues.

Indiana Protection and Advocacy Services

4701 N. Keystone Avenue, Suite 222 800-622-4845
Indianapolis, IN 46205

Indiana Disability Rights is a congressionally mandated, legally based, disability rights agency. Our mission is to defend the rights of individuals with disabilities through empowerment and advocacy.



Hoosier Uplands Economic Development Corporation
“People Helping People”

Indiana Resource Center for Autism..... 812-855-6508

2810 E. Discovery Parkway
Bloomington, IN 47408
IRCA staff respond with accurate, evidence-based, and timely information to meet the needs of individuals across the autism spectrum and across the lifespan, their families, and the professionals who support them. No matter where you are in your journey from diagnosis through adulthood, our resources are here to help you navigate options related to an autism spectrum disorder.

Southern Indiana Center for Independent Living (The Solution Center)

1490 W. Main Street 800-845-6914
Mitchell, IN 47446 812-277-9626

SICIL works with all significant types of disabilities, and all ages. We also offer information and referral, independent living skills, peer counseling, and advocacy (ombudsman) with no fee. We promote a variety of outreach activities and promote programs regarding education, recreation, transportation, and housing for those with disabilities.

Stephensons Disability Services 800-642-1339

903 E. Main Street..... 812-945-2770
New Albany, IN 47150

As a private company, we offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970

315 W. Ohio Street..... 317-232-3684
Indianapolis, IN 46202

The TBBL provides digital audio books, large print books and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345

If you’ve been recently diagnosed, or know someone who has, we’re here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy, and patient and family services. Visit online at: www.cancer.org

American Heart Association..... 800-242-8721
 National Center
 7272 Greenville Avenue
 Dallas, TX 75231
 We provide education, material, films, community service programs, healthy recipes, and cookbooks. Visit online at: www.heart.org



American Lung Association of Indiana
Lung Helpline..... 800-586-4872
 115 W. Washington Street..... 317-819-1181
 Suite 1180 South
 Indianapolis, IN 46204
 Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lung.org

Ascension St. Vincent Dunn Hospital
 1600 23rd Street 812-275-3331
 Bedford, IN 47421
 Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, and Women’s Services. Visit online at: www.stvincent.org

Community Based Outpatient Clinic (Veterans)
 2100 Liberty Drive, Suite B 877-683-0685
 Bloomington, IN 47403..... 812-336-5723
 Outpatient medical services and counseling are available. We also provide information about the services available through the Veteran’s Administration.

Community Health and Wellness/WIC
 2415 Mitchell Road, Suite A..... 812-279-6222
 Bedford, IN 47421
 Ascension St. Vincent Dunn Hospital provides accessible healthcare and support to those in the community with little or no insurance. Services include: adult healthcare, lead screening, obstetrics/gynecology, and an insurance navigator for established patient. The WIC program provides mothers and children up to age 5 years who qualify, nutritious foods, educational services, and nutrition classes. Call the number above for more information or to schedule an appointment.

Crowder’s Healthcare Pharmacy800-439-9007
 631 16th Street812-275-5949
 Bedford, IN 47421
 We provide hospital equipment, medical supplies, and oxygen equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell, and Orleans. Diabetic counseling; needle disposal service; and scooters, lift chairs, and wheelchairs are also available. Visit online at: www.crowderspharmacy.com

EyeCare America*Helpline* 877-887-6327
 Foundation of American Academy of Ophthalmology
 P.O. Box 42909
 San Francisco, CA 94142
 Our public service programs provide eye care services to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. We are committed to the preservation of sight, accomplishing its mission through public service and education. Taking calls from 11 a.m. to 3 p.m. To find out if you qualify for the program that relates to you, visit online at: www.aao.org/eyecare-america

Healthy Indiana Plan877-438-4479
 The Healthy Indiana Plan (HIP) is an affordable health insurance program for uninsured adult Hoosiers. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP is for uninsured Hoosiers between the ages of 19-64 who meet specific income levels. It offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care
 500 W. Main Street800-827-2219
 Mitchell, IN 47446.....812-849-4447
 Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice.....800-827-2219
 500 W. Main Street812-849-4447
 Mitchell, IN 47446
 Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care, provided by skilled nurses, helps control pain and

symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Hope Resource Center 812-275-2827
 717 Lincoln Avenue, Suite G
 Bedford, IN 47421
 Hours: Tuesday and Thursday—1 p.m. to 5p.m.;
 Monday and Wednesday—10 a.m. to 4 p.m.
 Free pregnancy tests; counseling; resources for prenatal and postnatal care and the entire birth experience; ultrasounds; parenting classes; and guidance in meeting medical, financial, and housing needs. Baby and maternity clothing for anyone in need. Resources available for grandparents raising grandchildren; teenagers on dating and relationships; and counseling, testing, and treatment of sexually transmitted diseases (STD). Visit online at: www.hoperesourcectr.org

Indiana State Department of Health
 2 N. Meridian Street 800-382-9480
 Indianapolis, IN 46204 317-233-1325
 The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.
Office of Minority Health 317-232-3231
Office of Women’s Health 317-233-7056
Environmental Public Health Dept. 317-233-7173
 For other areas of information, call the toll free number listed above.

IU Health Bedford Hospital 800-755-3734
 2900 W. 16th Street 812-275-1200
 Bedford, IN 47421
 IU Health Bedford Hospital is a modern, Joint Commission approved rural health care facility. We offer the latest technology and medical practices. We employ a physician group practice—IU Health Southern Indiana Physicians. Our physicians provide medical services in internal medicine, family practice, general surgery, orthopedics, obstetrics and gynecology, and pediatrics. Nurse practitioners in adult and pediatric primary care have been added to expand medical care. Visit online at: www.iuhealth.org/bedford

Lawrence County Cancer Patient Services
 219 Sycamore Drive 812-278-0139
 Bedford, IN 47421 812-797-5098
 Assistance includes: food supplements (Boost or Ensure), transportation to treatments or physician, medical supplies, wigs after chemotherapy, medical equipment (wheelchairs, walkers, or commodes), prosthesis and bras after surgery, mammogram or PSA tests, medicine (limited), limited amount for personal needs (utilities, etc.), and cheer baskets. Visit online at: www.lawrencecountycancerpatientservices.org

Lawrence County Health Department
 2419 Mitchell Road 812-275-3234
 Bedford, IN 47421 Ext. 2613 or Ext. 2615
Child Vaccinations: Childhood vaccinations are available for all children from age 2 months to 18 years of age. Uninsured and underinsured children may receive VFC vaccine for a \$15.00 fee per vaccine. This fee may be waived upon request. Most insurance plans accepted. **Adult Vaccinations:** Adult vaccines are available—the cost is \$15.00 per vaccine (which may be waived upon request). Uninsured and underinsured adults qualify for 317 funded vaccine. Most insurance plans accepted.

Living Well Home Care 812-849-6000
 1490 W. Main Street
 Mitchell, IN 47446
 We offer in-home services such as attendant care, homemaker, and respite. Visit online at: www.livingwellhomecare.agency

National Kidney Foundation of IN 317-722-5640
 911 E. 86th Street, Suite 100
 Indianapolis, IN 46240
 Emergency financial assistance to kidney patients. Support from the NKFI is for those who have exhausted all other options. The NKFI offers support with food, transportation, utilities, medication, and housing. Financial Assistance is based on available funding. Educational resources are available covering a wide range of topics related to kidney health.

Serenity Now 812-275-4053
 2125 16th Street
 Bedford, IN 47421
 Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. We provide the following services: Individual and Group Therapy; Family Therapy; Substance Abuse Treatment; Smoking Cessation; Therapeutic Services available from the

age of 3 and up; Psychiatric Medication Management available from the age of 12 and up; Treatment focusing on the concerns of the LGBTQ community. We accept most insurance policies and is fully accessible.

VA Medical Center—Richard L. Roudebush
 1481 W. 10th Street..... 888-878-6889
 Indianapolis, IN 46202..... 317-554-0000
VA Medical Center—Rex Robley 800-376-8387
 800 Zorn Avenue..... 502-287-4000
 Louisville, KY 40206
 Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don't have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy
 889 N. Gospel Street, Suite 2 800-487-3907
 Paoli, IN 47454 812-723-3907
 Services Include: Pharmacy, Durable Medical Equipment, Respiratory Therapy, Over the Counter Medication, and Oxygen. Infusion Therapy and Safe Home Solutions are also available. Visit online at: www.williamsbrosparmacy.com

HOUSING

Cambridge Square 812-279-6661
 1941 Plaza Drive
 Bedford, IN 47421
 Must be 62 years or older/disabled. Government subsidized. All are one bedroom units. May have a waitlist.

Camelot Court 812-849-2158
 1140 Camelot Court Avenue #17
 Mitchell, IN 47446
 Must be 62 years or older, handicapped, or disabled. Government subsidized. Allow pets.

Clover Park Duplexes I and II
 I—2605 Clover Lane..... 812-279-8404
 Bedford, IN 47421..... 812-276-6321
 II—2608 Sanders Lane..... 812-279-8979
 Bedford, IN 47421..... 812-276-6321
 Any age and pets welcome. Has laundry facilities. Rent based on income.



Elm Park I and II
 I—1202 Elm Park Drive 812-849-4855
 Mitchell, IN 47446
 II—1323 Elm Park Drive 812-849-6339
 Mitchell, IN 47446
 Complex welcomes all ages; one and two bedroom apartments available; onsite laundry. Rent based on income.

Housing Authority of Bedford 812-279-2356
Hauck House
 1305 K Street
 Bedford, IN 47421
 Apartments for low-income senior citizens and disabled persons. Section 8 assistance for the elderly and low-income. We also have family facilities at Hamilton Courts—public housing.

Hoosier Uplands Housing Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 Hoosier Uplands Housing Counseling provides free information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Call to make an appointment. Visit online at: www.hoosieruplands.org

Midtown Suites 812-849-4639
 122 N. 6th Street
 Mitchell, IN 47446
 There are four one-bedroom apartments; very affordable to income eligible persons.

Persimmon Park Apartments 812-849-4639
 406 Wade Street
 Mitchell, IN 47446
 There are 56 units with two bedroom apartments. They have a common laundry facility. There are some subsidized apartments available for income eligible persons.

Pioneer Creek Apartments 812-849-1414
 100 Pioneer Creek Lane
 Mitchell, IN 47446
 There are 28 units made up of 1, 2, and 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

Rainbow Hills Apartments 812-279-9677
 2212 S. M Street
 Bedford, IN 47421
 For moderate income families and seniors; Section 8 housing certificates accepted. There are washer and dryer hookups in each apartment. NO pets allowed.

Shawnee Apartments 812-275-8314
100 Shawnee Lane
Bedford, IN 47421

There are 56 units made up of 1, 2, or 3 bedroom apartments with many innovative features—mini blinds, washer/dryer hookups, and dishwashers. There are income restrictions; any age welcome.

Stalker Apartments 812-277-8562
1429 8th Street
Bedford, IN 47421

There are 17 two-bedroom apartments and 1 one-bedroom apartment. It is multi-family housing. Maximum income restrictions apply. Section 8 vouchers accepted. The facility is locked 24/7. Service animals are allowed. Please call to check availability, to make an appointment, or to take a tour.

Stonecutter Apartments 812-275-5205
1030 16th Street
Bedford, IN 47421

Senior housing for age 55 and up. The apartments come with several amenities. Pets are allowed. Please call to check availability, to verify income requirements, to make an appointment, or to take a tour.

USDA Rural Development 812-346-3411
2600 N. State Highway 7
North Vernon, IN 47265

USDA Rural Development provides loans and grants to eligible rural homeowners to improve or modernize their homes, to make them safer and more sanitary, or to remove health and safety hazards. Eligibility: Loans - very low-income homeowner; Grants - 62 years of age or older and very low-income homeowner. Visit online at: www.rd.usda.gov/in

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Our “Legal Referral Program” provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding. This program does have a waitlist.

Indiana Legal Services 800-822-4774
214 S. College Avenue, 2nd Floor 812-339-7668
Bloomington, IN 47404

Provides legal representation, consultation, and advice. Legal areas: Family Law, Consumer Law, Senior Law, Housing Issues, and Public Benefits. Free services are available to low-income persons who are at or below 125% (up to 200% in certain circumstances) of the poverty guidelines.

Office of the Indiana Attorney General
Indiana Government Center South 317-232-6201
302 W. Washington Street, 5th Floor
Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:
ID Theft Unit 800-382-5516
Medicaid Recipient Fraud 800-446-1993
Patient Abuse & Neglect Program 800-382-1039
For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202 812-883-5988
Salem, IN 47167

An "endangered adult," for purposes of reporting, is an individual who is at least eighteen (18) years of age; and incapable by reason of mental illness, mental retardation, dementia, or other physical or mental incapacity, of managing or directing the management of the individual's property or providing or directing the provision of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Ascension St. Vincent Dunn Hospital Auxiliary
Auxiliary/Volunteer Office 812-276-1242
1600 23rd Street
Bedford, IN 47421

The Ascension St. Vincent Dunn Hospital Auxiliary is composed of men and women whose tireless efforts enrich the lives of our patients and contribute funds to the hospital for any special projects. All interested persons are urged to join the Auxiliary.

Duke Energy 800-521-2232
P.O. Box 1326 **Electric Trouble** 800-343-3525
Charlotte, NC 28201 ... TTY/TDD Relay Service—711
Special Assistance Programs include: Energy Assistance Program (EAP), Braille Bills, Helping

Hand, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Pick Your Due Date. Visit online at: www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457
Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation;
Case Management—As advocates, Case Managers monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, Title III, or Family Caregiver Respite; **Special Events**—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

IU Health Bedford Hospital 812-275-1200
2900 W. 16th Street **Volunteers** 812-277-3818
Bedford, IN 47421
Volunteers are an integral part at IU Health Bedford Hospital. It is not necessary for you to have worked in a hospital or volunteered in a healthcare setting before. You need only a passion to serve others, and a commitment to helping IU Health Bedford Hospital make each and every guest visit exceptional.

Older Americans Services Corporation
1901 S. Orleans Way, P.O. Box 206 812-865-3352
Orleans, IN 47452
Provides noon meals at congregate meal sites, home delivered meals, homemaker services, attendant care, and transportation.

SENIOR CENTERS

Bedford Senior Citizens Center 812-279-5473
2205 Washington Avenue
Bedford, IN 47421
Mitchell Senior Citizens Center 812-849-2024
101 Tom Green Drive
Mitchell, IN 47446
The centers are a place for seniors to gather to socialize. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips.

Southern Indiana Center for Independent Living - Ombudsman Services
1490 W. Main St. 800-845-6914
Mitchell, IN 47446 812-277-9626
Our Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. We give in-service training to the nursing home staff regarding patients' rights.
Veterans Service Office 812-275-6411
916 15th Street, Room 8
Bedford, IN 47421
Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Bedford Parks Department 812-275-5692
Thornton Park
1625 Q Street
Bedford, IN 47421
Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails, and recreational facilities while working in cooperation with other service providers in the community in order to maximize all available resources. Visit online at: www.bedford.in.us or www.otisparkgolf.com
Bedford Public Library 812-275-4471
1323 K Street
Bedford, IN 47421
Our mission is to bring people, information, and ideas together to enrich lives and build community. We hope you'll take advantage of the many services, resources, and experiences your library has to offer. Visit online at: www.bedlib.org
Little Theater of Bedford 812-279-3009
1704 S. Brian Lane Way
Bedford, IN 47421
Community theatre using all volunteers. Call for a listing of upcoming shows.
Mitchell Opera House 812-849-4447
217 N. 7th Street
Mitchell, IN 47446
Originally built in 1906 and completely restored in 2015, the historic Mitchell Opera House enjoys a rich tradition of community events, film screenings and live music entertainment. Call for a listing of upcoming shows or visit online at: www.mitchelloperahouse.com.

Mitchell Public Library 812-849-2412
804 Main Street
Mitchell, IN 47446

We offer a range of activities and services which are designed to meet the information and learning needs of patrons and to facilitate enjoyment of library resources. Visit online at: www.mitchell.lib.in.us

Spring Mill State Park 812-849-3534
3333 Highway 60E Inn 812-849-4508
Mitchell, IN 47446

Spring Mill is filled with endless opportunities for recreation! The pioneer village is a delight as you travel through time to the early 1800's. Located in Spring Mill State Park, the Spring Mill Inn provides a "country atmosphere" with modern day accommodations.

SUPPORT SERVICES

Aging & Disability Resource Center.... 800-333-2451
Hoosier Uplands Agency on Aging..... 812-849-4457
The ADRC provides information and assistance to individuals needing either public or private resources, professionals seeking assistance on behalf of their clients, and individuals planning for the future long-term care needs. The ADRC also serves as the entry point to publicly administered long-term supports including those funded under Medicaid, the Older Americans Act, and State Revenue Programs.

American Cancer Society..... 800-227-2345
If you've been recently diagnosed, or know someone who has, we're here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy and patient and family services. Visit online at: www.cancer.org

American Red Cross..... 812-332-7292
Southeast Chapter
1600 W. 3rd Street
Bloomington, IN 47404
Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; and health and safety classes (including CPR and first aid).

Bloomington Meadows Hospital..... 800-972-4410
3600 N. Prow Road 812-331-8000
Bloomington, IN 47404
Meadows Hospital provides each patient with comprehensive behavioral health treatment. Services are offered to children and adolescents, ages 6 to 17, on an inpatient and outpatient basis. Our programs

for children and adolescents use a variety of elements to provide a well-rounded treatment plan. Our acute inpatient program uses expressive therapies, as well as, medication management and education. We also offer both inpatient and outpatient services for adults that focus on a number of mental health and substance addiction diagnoses. For more information, visit online: www.bloomingtonmeadows.com

Bureau of Developmental Disabilities Services (BDDS)
1452 Vaxter Street..... 877-218-3529
Clarksville, IN 47129 812-283-1040
Bureau of Developmental Disabilities Services provides services for individuals with developmental disabilities that enable them to live as independently as possible in their communities. BDDS assists individuals in receiving community supports and residential services using a person-centered plan to help determine which services are needed and who can best provide them. BDDS also monitors the quality of care and the facilities of those who are approved to provide these services in Indiana. Visit online at: www.in.gov/fssa/ddrs/developmental-disability-services

Centerstone **Crisis Line** 800-832-5442
1315 Hillcrest Road..... 812-329-4950
Bedford, IN 47421
Offers consultation, counseling, and therapy services; case management; life skills; substance abuse programs; and *24-hour crisis services* for children, adolescents, and adults.

Hoosier Uplands/Area 15 Agency on Aging
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457
Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation;
Case Management—As advocates, Case Managers monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, Title III, or Family Caregiver Respite Programs; **Special Events**—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org



Hoosier Uplands Budget Counseling

500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447
The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. We will work with you to develop a spending plan. This service is free to any interested individual. Call for an appointment. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Hospice 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Housing Counseling

500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447
Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Call to make an appointment. Visit online at:

www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457
The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. It’s commitment is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online: www.hoosieruplands.org

Stone Belt of Lawrence County (LARC)

712 Stars Boulevard 812-279-3229
Bedford, IN 47421
Day programs, evaluation, counseling, training, sheltered workshops, community work for developmentally disabled adults, and semi-independent living programs.

TRANSPORTATION

Indiana Department of Veterans Affairs

Veterans Affairs Office 812-275-6411
916 15th Street, Suite 8
Bedford, IN 47421
Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Lawrence County Cancer Patient Services

219 Sycamore Drive 812-278-0139
Bedford, IN 47421 812-797-5098
We provide transportation to physician appointments or to radiation and chemotherapy treatments. Visit online at: www.lawrencecountycancerpatientservices.org

Older Americans Services Corporation

1901 S. Orleans Way, P.O. Box 206 812-865-3352
Orleans, IN 47452
Provides transportation to the elderly and disabled individuals for medical trips and shopping. Wheelchair lift van available to transport elderly and disabled individuals. Accepts Medicaid, private pay, or contract funding.

Rural Transit 812-876-1079

Area 10 Agency on Aging (TTY) 800-743-3333
631 W. Edgewood Drive
Ellettsville, IN 47429
Provides accessible transportation for everyone at a nominal fee (\$3.00) each time they get on the bus. Has door-to-door service and wheelchair lift. We are also an approved Medicaid transportation provider—call Southeastrans—855-325-7586.

TASC (Bedford City Bus) 812-275-1633

1619 K Street
Bedford, IN 47421
“Personal Service” bus service within the Bedford City Limits. Call dispatch (24hrs in advance) Monday through Friday from 8:00 a.m. to 4:00 p.m. to schedule a ride or to request a wheelchair equipped bus to pick you up.



SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Adult Protective Services	800-992-6978
Alzheimer’s Association	800-272-3900
American Association of Retired Persons	888-687-2277
American Cancer Society Helpline	800-227-2345
American Diabetes Association.....	800-342-2383
American Heart Association	800-242-8721
Centers for Disease Control Information Line	800-232-4636
Child Abuse or Neglect Hotline.....	800-800-5556
Consumer Protection Division	800-382-5516
Disability Determination Bureau	800-622-4968
Eldercare Locator (nationwide)	800-677-1116
Family & Social Services Administration....	800-403-0864
Habitat for Humanity International.....	800-422-4828
Healthy Indiana Plan.....	877-438-4479
Home Health Hotline.....	800-227-6334
Indiana Department of Veterans Affairs	800-400-4520
Indiana Poison Center.....	800-222-1222
Medicare.....	800-633-4227
National Center for Missing and Exploited Children.....	800-843-5678
National Kidney Foundation of Indiana	800-382-9971
National Runaway Safeline.....	800-786-2929
Office of the Long Term Care Ombudsman	800-622-4484
Social Security Administration	800-772-1213
State Information Center	800-457-8283
Substance Abuse/Mental Health Helpline	800-662-4357
U.S. Department of Veterans Affairs Regional Office.....	800-827-1000
U.S. Veteran’s Administration Medical Centers	
Richard L. Roudebush	888-878-6889
1481 W. 10th Street Indianapolis, IN 46202	
Rex Robley	800-376-8387
800 Zorn Avenue Louisville, KY 40206	





521 West Main Street
Mitchell, IN 47446

All Hoosier Uplands services are provided without regard to sex, race, color, age, religion, national origin, ancestry, sexual orientation, gender identity (or expression), disability or veteran status.