## Turn Around, Don't Drown BY: Melissa Jeremiah, RN Director of Hoosier Uplands Home Health and Hospice

Most everyone has heard the saying, "Turn Around, Don't Drown!" Any amount of water standing in the road can be more hazardous than you realize.

## Things to know ahead of time:

1. Have alternate routes planned out if you live in an area prone to flooding.

Things you may not realize about water standing in the road:

- 1. More than 100 people die every year in floods, many while attempting to drive through water standing in the road.
- 2. If you come upon standing water in the road turn around. Turn around and take your alternate route.
- 3. If the water appears shallow enough to cross it, remember water hides dips in the road, or water may have washed out the road. Turn around and take your alternate route.
- 4. Six inches of water will reach the bottom of most passenger cars, causing loss of control or stalling. If your car stalls, abandon it and climb to higher ground. Do not walk in flood waters. Even 6 inches of swiftly moving water can sweep you off your feet.
- 5. A foot of water will float almost any vehicle.
- 6. Two feet of rushing water will sweep away most vehicles, including SUV's and trucks.

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